

## **Kara Kane Criswell, M.D., F.A.C.S.**

### **Criswell & Criswell Plastic Surgery**

#### **Plastic Surgery Practice**

2008 – Current      **Criswell & Criswell Plastic Surgery**, Charlotte, NC  
Plastic, Reconstructive, and Cosmetic Surgery  
Single Specialty Group Practice  
Owner, Manager, Vice President, Treasurer

#### **Board Certifications and Licenses**

2009 – Current      Board-certified, American Board of Plastic Surgery  
Licensed physician and surgeon, North Carolina

#### **Medical Community Leadership**

2011 – Current      **Chairman, Department of Plastic Surgery, Novant Health**  
Presbyterian Medical Center, NC

2016 – 2018        **Board Member, Novant Health**, Charlotte, NC  
Southern Piedmont Region Medical Board

#### **Societies and Certifications**

2010 – Current      Fellow of the American College of Surgeons  
2009 – Current      Fellow of the American Board of Plastic Surgeons  
2005 – Current      American Society of Plastic Surgeons, Active Member  
2000 – Current      American College of Surgeons, Fellow  
2000 – Current      Association of Women Surgeons, Member  
2001 – 2013        American Medical Association, Member  
2005 – 2010        Associate Fellow of the American College of Surgeons  
2000 – 2005        Resident Mentor

## Education and Training

- 2005 – 2008      **University of Illinois at Chicago**, Chicago, IL  
Fellow, Division of Plastic, Reconstructive and Cosmetic Surgery
- 2003 – 2005      **Loyola University, Stritch School of Medicine**, Maywood, IL  
PGY4-PGY5, General Surgery
- 2000 – 2003      **Upstate Medical University**, Syracuse, NY  
PGY1-PGY3, General Surgery
- 1999 – 2000      **New York Medical College**, Mount Vernon, NY  
Fifth Pathway, Honors, Department of Surgery, Mount  
Vernon Hospital
- 1995 – 1999      **Universidad Autonoma de Guadalajara**, Guadalajara, Jalisco, Mexico  
MD, Honors, Department of Surgery
- 1993 – 1995      **Tufts University**, Somerville, MA  
Biology
- 1989 – 1993      **Colgate University**, Hamilton, NY  
BA Biology, BA Studio Art

## Presentations

Kara K. Criswell, MD  
Ankle Contracture Release with Rectus Abdominus Free Flap Reconstruction  
Chicago Society of Plastic Surgeons, Chicago, IL 2008

Kara K. Criswell, MD  
Shape Analysis of the Facial Profile  
Senior Resident Conference, Washington, DC 2008

Kara K. Criswell, MD  
Novel Approach to an Old Problem: Treatment of Interdigital Pilonidal Cyst with a  
Perforator Island Metacarpal Flap  
44<sup>th</sup> Annual Midwestern Association of Plastic Surgeons, Oakbrook, IL 2006

Kara K. Criswell, MD  
Establishing Transfusion Needs in the Severely Burned Patient  
Midwest Surgical Association, 47<sup>th</sup> Annual Meeting, Mackinac Island, MI 2004

Kara K. Criswell, MD  
Establishing Transfusion Needs in Burn Patients  
36<sup>th</sup> Annual North American Burn Society Meeting, Squaw Valley, CA 2004

Kara K. Criswell, MD  
Management of Blunt Duodenal Rupture, Management of Multiple Penetrating Abdominal Wounds, The Mangled Lower Extremity  
Chicago Metropolitan Trauma Society, Chicago, IL 2003-2004

## Published Books and Papers

Ramasasthy SR, **Criswell KK**. Congenital Back Defects. In Bentz, ML, Bauer, B and Zucker, R. (Eds.): Principles and Practice of Pediatric Plastic Surgery. Quality Medical Publishers, 2007.

Patel, PK, **Criswell KK**, Criswell, BK, Cohen, M. Cleft Palate. eMedicine, 2006.

Patel, PK, **Criswell KK**, Criswell, BK, Cohen, M. Bilateral Cleft Lip. eMedicine, 2006.

Patel, PK, Criswell BK, **Criswell, KK**, Cohen, M. Unilateral Cleft Lip. eMedicine, 2006.

Ramasasthy SR, **Criswell, KK**. Scalp Reconstruction. In Weinzweig, J. (Ed.): Plastic Surgery Secrets. Hanley and Belfus, Inc., Medical Publishers. In Preparation. 2006

**Criswell KK**, Kalimuthu R. A Novel Approach to an Old Problem: Treatment of Interdigital Pilonidal Cyst with a Perforator Island Metacarpal Flap. Paper in preparation. 2006

**Criswell KK**, Gamelli R. Establishing transfusion needs in burn patients. Amer J Surg. 2005 Mar;189(3):324-6. 2005

**Criswell KK**. Pressure Sores. In Irwin and Rippe's (Eds.): Manual of Intensive Care Medicine. Lippincott, Williams & Williams. June 2004.

**Criswell KK**. Epistaxis. In Irwin and Rippe's (Eds.): Manual of Intensive Care Medicine. Lippincott, Williams & Williams. June 2004.

## Research

2007-2008                    **Principal Investigator**, University of Illinois Craniofacial Center  
Chicago, IL  
Shape analysis of the facial profile.

2003-2004                    **Principal Investigator**, Loyola Stritch School of Medicine Burn Center  
Maywood, IL  
Evaluating transfusion practices in severely burned patients

## Honors and Awards

|      |   |
|------|---|
| 2025 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2024 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2023 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2022 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2021 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2020 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2018 | Charlotte Magazine, Top Doctor, Charlotte, NC                                   |
| 2018 | Elevate Lifestyle Magazine, Favorite Female Plastic Surgeon,<br>Charlotte, NC   |
| 2016 | Elevate Lifestyle Magazine, Best of the City, Plastic Surgery,<br>Charlotte, NC |
| 2014 | Elevate Lifestyle Magazine, Top Plastic Surgery Practice in<br>Charlotte, NC    |
| 1999 | Honors, Department of Surgery, Westchester Medical Center, NY                   |
| 1999 | Honors, Internal Medicine, Mount Vernon Hospital, NY                            |
| 1998 | Medical School Honors, Department of Surgery, Guadalajara                       |

## Volunteer Work Experience

|                |  |
|----------------|--|
| 2023 – Current | Young Men's Service League   |
| 2018 – Current | Criswell Cares   |
| 2018 – Current | Wine, Women & Shoes – Second Harvest Food Bank                               |
| 2018 – Current | Leukemia & Lymphoma Society  |
| 2016 – Current | Safe Alliance  |
| 2008 – Current | Buddy Kemp Cancer Support Center   |
| 2008 – Current | Carolina Breast Friends  |
| 2008 – 2019    | Ballantyne Rally for the Cure  |
| 1998           | Surgical Assistant, Operation Smile  |
| 1997 – 1998    | Plastic and Reconstructive Surgical Assistant<br>Clinica Zurich, Mexico      |
| 1995 – 1998    | Medical Assistant, Cruz Roja<br>Emergency medical treatment, Zapopan, Mexico |

## Personal

Husband and surgical practice partner of Kara Criswell, M.D., F.A.C.S.  
Fluent in Spanish  
Hobbies include mountain biking, flamenco guitar, and drawing.