



A-Z FUNDRAISING GUIDE

Fundraise for surgery

Getting started can be the hardest part of fundraising. We've put together an A-Z full of fun ideas to get you going.

Kids 
operating
room

A

Around the world

Walk or run the distance between some of our operating rooms, or from Dundee to one.

Auction

Organise an auction. Ask friends, family and even local businesses for items to auction off.

B

Bake sale

Who doesn't love a bake sale? Get your apron on and bake some yummy goods for children's surgery. A bonus if you can make them surgery-themed!

Bed push

Push a decorated bed or hospital trolley.

Birthday fundraiser

Instead of presents, ask for donations to Kids Operating Room.

Book club

Pick a surgery-themed book, or one of your own choice, and run a book club for a small fee.

C

Ceilidh

Organise a ceilidh and use ticket sales to contribute towards your fundraising efforts.

Coffee morning

Host a coffee morning with themed cakes from around the world.

Country quiz night

Set questions about the countries where we work.

D

Doctor for the day

Hold a medic-themed dress-up day or party.

Dog walking

Ask your friends and family with furry pets if you can raise some money by offering dog walks.

E

Extreme challenge

Why not swim the distance of the Channel in your local pool, or run the length of the country on a treadmill? You don't have to be a superstar athlete for this one – you could split the distance over a few days or weeks.



F

Favours

Buy our pin badges as wedding favours.

First aid training event

Get donations for first aid training.

Fivers

Get friends, family and colleagues to donate a £5 note each and write their name on it. Put the notes in a pot and whoever's name you pull out wins a share of the money, with the rest going to Kids Operating Room.

Football match

Run a charity five-a-side football match.

G**Give it up**

Give up something you love for a good cause. Chocolate, Facebook, using the lift – choose your challenge and ask your friends and family to show their support by contributing to Kids Operating Room.

Guess the number

A school fete classic. Ask your friends and family to guess the number of sweets in the jar – the closest guess wins all the sweets.

H**Hour of pay**

Donate an hour of your pay. You can even ask your friends and family to do the same.

I**Ice cream party**

Invite your friends and family over for an ice cream party with lots of different flavours and toppings. Who can make the tastiest sundae?

International food night

Host an event with food from the countries we work in.

J**Jumble sale**

Hold a jumble sale and sell all your old bric-a-brac. You can also ask your friends and family for donations to sell.

K**Karaoke night**

Who has the hidden talent?

Kiltwalk

Sign up to the world-famous Kiltwalk at thekiltwalk.co.uk.

L**Lifesaving lectures**

Arrange a speaker evening with one of our team.

M**Murder mystery night**

The greatest question of all – whodunnit? Invite your friends and family over to play detective and solve the mystery.

N**Name the song**

Challenge people to name the song from the first 10 seconds.

Night in

Staying in is the new going out. Invite your friends over for a night in. Have a banquet, have a dance party, have a spa night – the possibilities are endless.

O**Odd jobs**

Offer to do odd jobs for people in exchange for donations. Why not do their shopping or wash their car?

Office Olympics

Become an office Olympic champion by taking part in fun events such as paper plane flying and waste paper basketball.

Open mic night

Host an open mic night and discover your friends' and family's hidden talents.

Overseas challenge

Take on an overseas climb, trek or run.



P

Photography competition

Do you know any keen photographers? Organise a photography competition and ask entrants to make a donation to Kids Operating Room. You could even set a theme. If there are any stand-out entries, you could auction them to raise extra funds, or share them on social media.

Pyjama day

Dress up in your jammies like kids in hospital.

Q

Quiz night

Hosting a quiz is easy and fun. Be creative: musical bingo, Family Fortunes or The Generation Game. Charge an entry fee, fine people for using their phones and have a raffle.

Quote quiz

Whether it's film or literary quotes, test your colleagues' knowledge with a quote quiz. Ask for a donation to enter and provide a small prize for the winner.

R

Raffle

Ask your partners, suppliers or friends to donate some fab prizes and organise a raffle.

Roaring 20s

Host a Roaring 20s party for your friends and family. You can even make it Great Gatsby-themed.

Rounders tournament

Hold a rounders tournament and see who still has their PE skills.

Run for recovery

Run to raise funds.



S

Sports day

Sports days are a great way to get people together for a good cause. You could hold one in a local park, with snacks and drinks. Ask participants to make a donation to Kids Operating Room and organise a grand prize for the winners.

Sweepstake

Hold a simple sweepstake on any event: the Grand National, the FIFA World Cup, or the length of your senior partner's speech at the next team meeting. Charge to enter and split the money between the winner and Kids Operating Room.



Did you know?

1.75 billion

children around the world are estimated to lack access to surgical care.

T

Tombola

Host a tombola in your local community and give people the chance to win some lovely prizes.

Treasure hunt

Organise a treasure hunt around your local area. You can make it personal by including your favourite hangout spots.

U

University Challenge

Hold a University Challenge-style games night and find out who's the smartest.

Upcycle

Upcycle some of your old things to sell and give them a new lease of life.

V

Vinted

Sell your old clothes, shoes, bags and accessories on Vinted and donate the proceeds to Kids Operating Room.

W

Wine tasting

Get your friends round for a wine night. Have everyone bring a bottle and charge a 'corkage fee' to donate to Kids Operating Room.

X

Xbox

Whether you like Xbox, PlayStation or Nintendo, host a gaming night with your friends and family. Who doesn't love a Mario Kart competition?

Xmas

Hold a party, go carol singing, sell mulled wine and mince pies, or offer a gift-wrapping service.

Y

Yoga marathon

Feeling the strain from your training? Have a yoga marathon and stretch out while raising vital funds for Kids Operating Room.

YOLO

You only live once, so why not tackle that bucket list and get sponsored to do something incredible?

Z

Zero waste day

Challenge your colleagues to go zero waste for the day. Ask for £2 donations to take part and split the funds between the most successful person and Kids Operating Room.

Zumba

Host a Zumba party with your friends and family and have non-stop fun while working out and raising money.

Did you know?



200km

is how far a family can travel to reach safe, timely surgery.



Thank you

We invite you to help ensure every child, no matter where they are, has access to safe, timely care when they need it. Together, we can make surgery possible for children around the world.



**Making safe
surgery possible,
so kids can make
anything possible.**



For more inspiration and advice,
contact our fundraising team.

fundraising@kidsoperatingroom.org