

STARK ART SURGERY

BY DR. JEN STARK

MEDICATIONS TO AVOID

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by the doctor prior to surgery. These will be reviewed and discussed at your preoperative visit.

- **Aspirin**
- **NSAIDS** (Motrin, Advil, Aleve, Toradol, Naprosyn, etc..)
- **Multivitamins/Supplements**

All herbal and vitamin supplements should be stopped at least 14 days prior to surgery. Many of these supplements, although found over the counter, can increase your risk of bleeding, affect your blood pressure under anesthesia, or interfere with how your body processes the anesthetic agents. Please ask if you have any questions regarding any medications that you are presently or considering taking.

- **Weight Loss Medications**

GLP-1's must all be stopped 4 weeks before and 4 weeks after your procedure (2 months total)

Phentermine, Qsymia or Conclave, prescribed for weight loss, should be stopped at least 14 days before surgery due to its effects on blood pressure with general anesthesia.

- **Blood Thinners**

Plavix, Coumadin, Eliquis, Pradaxa, Xarelto, and Aggrenox, which are commonly used to prevent blood clots, should be stopped as prescribed by your doctor.

- **Antidepressants**

Monoamine Oxidase (MAO) inhibitors, commonly used to treat depression, should be stopped at least 14 days before surgery. These medications can

interact with commonly used anesthesia and pain medications and cause a stroke or heart attack.