PUSH-UP TRAINER

Code: KS-FS-022



Physical

Cardio

Strenght

Description

The Push-Up trainer outdoor gym equipment to build-up the muscles of the chest, shoulders and back. Improves strengthens the muscles.

To do exercise stand up on the railings, grab each side railing with your hands, lean your body forward and move your body as if you were doing a push-up exercise.

How to use
https://www.youtube.com/watch?v=Z5XdVLtSPMg

Product details

- Dimensions (LxWxH): 1,72 x 0,74 x 1,37 m
- Safety zone: 4,80 x 3,80 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with the certificate
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel protected against corrosion.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.

- The flange is screwed with M16 screws into anchor fixed in the concrete. M16 anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.

