BENCH

Code: KS-FS-018



Physical

Cardio

Strenght

Description

The Bench outdoor gym device develops abdominal muscles. Improves the functioning of the cardiopulmonary system.What sets us apart from others is that the seat is covered by polyurethane foam (PU system). As a result, users never have a feeling of hot touch during very sunny days, or cold during frost.

To do the exercise lie down on your back on the bench, put your feet on the bar under the bench, and put crossed hands on your chest. Lift the body to a sitting position

How to use Bench:
https://www.youtube.com/watch?v=1cgSrJ49944

Product details

- Dimensions (LxWxH): 1,34 x 0,41 x 0,45 m
- Safety zone: 4,34 x 3,40 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with the certificate
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder-painted steel and protected against corrosion.
- Bars are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to

maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.
- The flange is screwed with M16 screws into an anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.

