PENDULUM

Code: KS-FS-016



Physical

Cardio

Strenght

Description

The Pendulum outdoor gym device develops the lower back muscles, slimming the waist, strengthens the core muscles. Improves flexibility, cardiopulmonary system and coordination.

To do exercise place your feet on the step, grab the handle with your hands. Using leg and hip muscles, move the body to the sides. Do not let go of the handrails during the exercise. Keep your back upright.

Product details

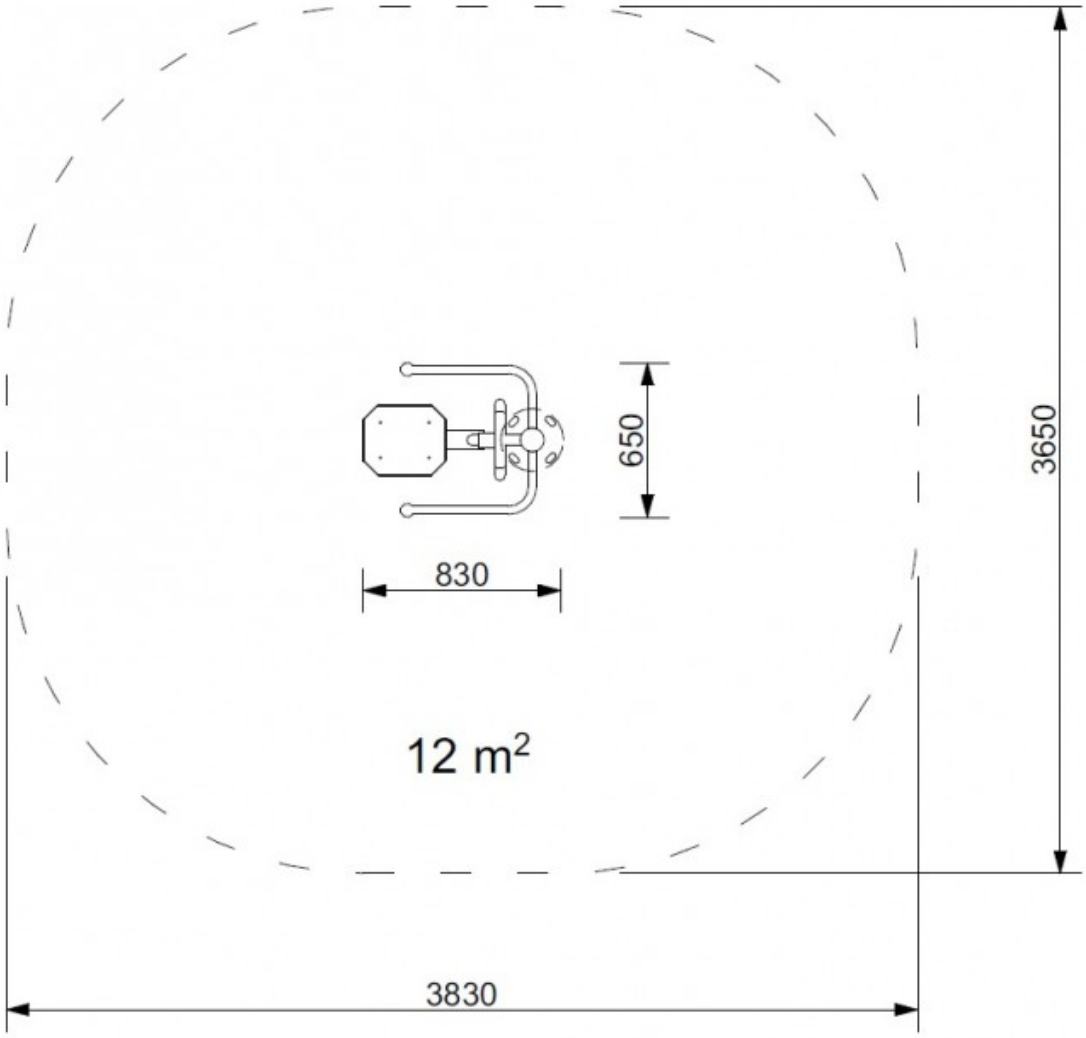
- Dimensions (LxWxH): 0,83 x 0,65 x 1,32 m
- Safety zone: 3,83 x 3,65 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with the certificate
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel and protected against corrosion.
- Steps are made of aluminium.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.
- The flange is screwed with M16 screws into anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.


650
3650
830
12 m²
3830