SKI RUNNER

Code: KS-FS-008



Physical

Cardio

Strenght

Description

The Ski Runner outdoor gym equipment that develops both the lower and upper muscles. Improves the functioning of the cardiopulmonary system and motor coordination.

To do exercise place your feet on the steps, grab the handles with your hands. Move your legs forward as if you were marching on cross-country skis, moving your hands at the same time. Keep your back upright.

Product details

- Dimensions (LxWxH): 1 x 0,57 x 1,42 m
- Safety zone: 4,00 x 3,57 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with cerificate
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel and protected against corrosion.
- Steps are made of aluminium.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.
- The flange is screwed with M16 screws into anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.

