CHEST PRESS

Code: KS-FS-013





Physical



Strenght



Pushing



Cardio

Description

The Chest Press outdoor gym is a perfect device for building strength and stamina. It develops strength of the arms, back, and abdominals muscles and improves the cardiopulmonary system. What sets us apart from others is that the seat and backrest are covered by polyurethane foam (PU system). As a result, users never feel hot touch during very sunny days or cold during frost. The key point of this version is to provide everyone with optimal comfort for exercise.

To do exercise sit down on the seat and grab the handles. Push the handles forward until the elbows are straight. Keep your back upright.

Product details

- Dimensions (LxWxH): 1,26 x 0,70 x 1,60 m
- Safety zone: 4,26 x 3,70 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with certificate
- Can be painted in any colour from the RAL palette

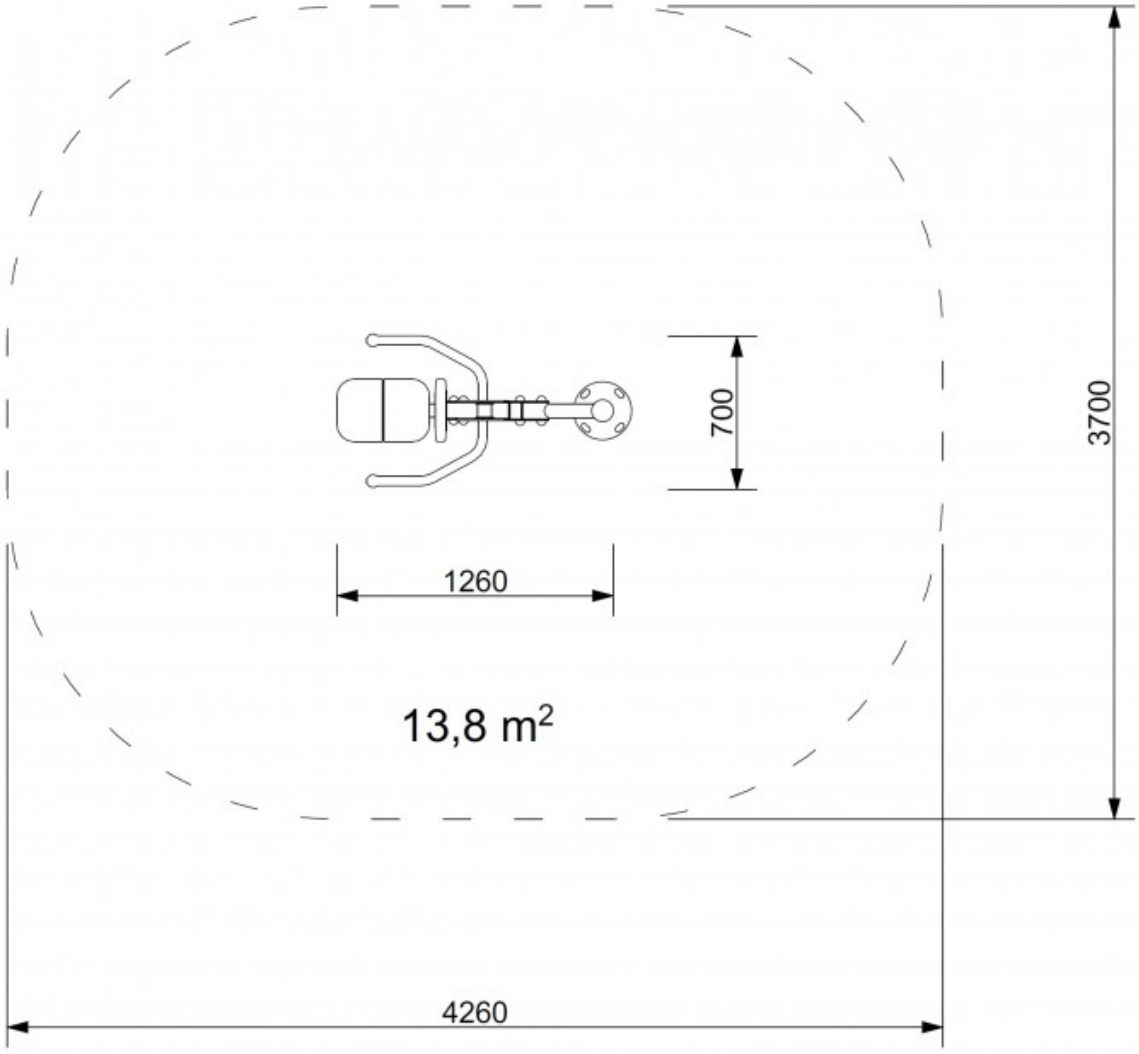
Materials

- Construction is made of powder-painted steel and protected against corrosion.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends, except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole that is attached to the ground by the flange.

- The flange is screwed with M16 screws into an anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.


700
3700
1260
13,8 m2
4260