LADDER I

Code: KS-FS-025





Physical



Hanging



Climbing



Strenght



Cardio



Stretching

Description

The Ladder I outdoor gym equipment for stretching Develops flexibility the muscles of the arms, back, chest and abdomen. It improves flexibility, strength and coordination.

To do exercise grab the highest bar with your hands, pull yourself up so that your head is above the bar level. Support an upright leg against any crossbar. Lean towards the foot, thus stretching the leg muscles.

Product details

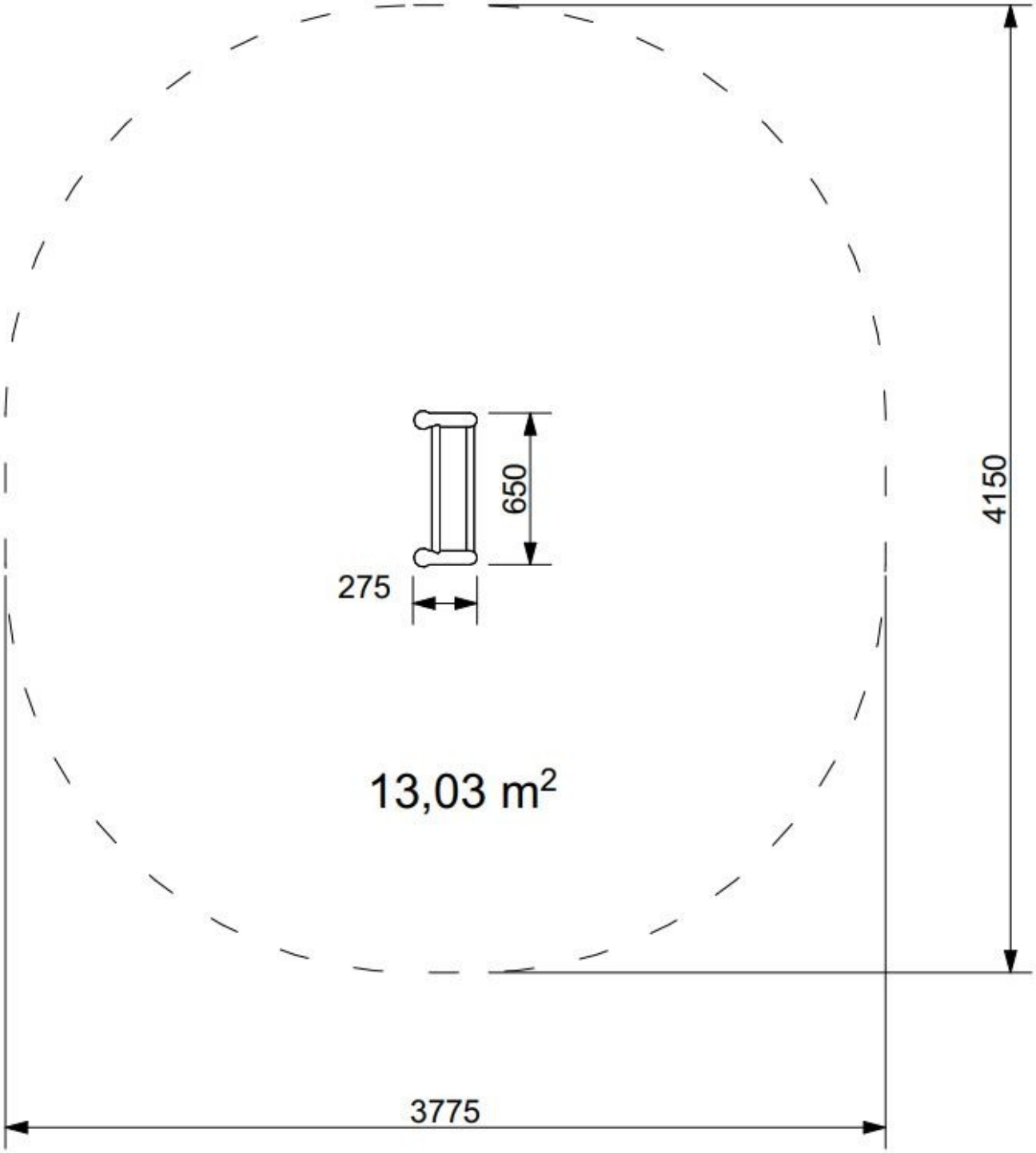
- Dimensions (LxWxH): 0,65 x 0,27 x 1,89 m
- Safety zone: 4,15 x 3,77 m
- The number of anchors: 2
- Compatibility with norm EN 16630 confirmed with the certificate
- Differences in dimensions no more than +/- 5% are acceptable
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel protected against corrosion.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.

- The flange is screwed with M16 screws into anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

All images are for illustration purpose only and may vary from the actual product.


650
275
4150
13,03 m²
3775