RUNNING TRACK

Code: KS-FS-023





Physical



Strenght



Running



Cardio

Description

The Running Track outdoor gym equipment from a cardio group to strengthens muscles of the thigh and calves. Also supports rehabilitation exercises. Improves cardiovascular endurance and coordination.

To do the exercise slowly enter the platform, grab the handrails with your hands and start marching. This exercise can also be done without holding the handrails.

Product details

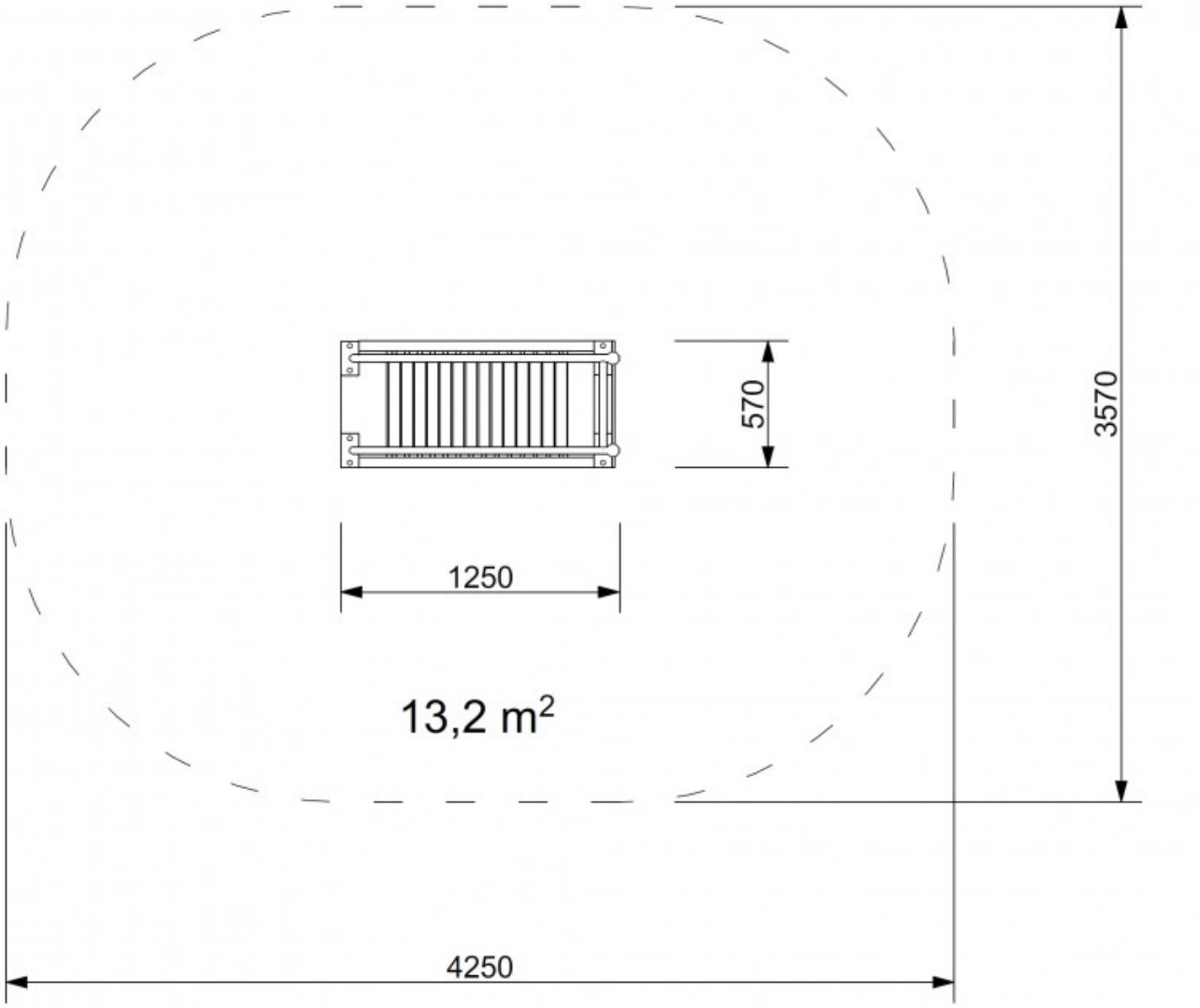
- Dimensions (LxWxH): 1,25 x 0,57 x 1,41 m
- Safety zone: 4,25 x 3,57 m
- The number of anchors: 2
- Compatibility with norm EN 16630 confirmed with cerificate
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel and protected against corrosion.
- The platform is made of aluminium.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole, that is attached to the ground by the flange.
- The flange is screwed with M16 screws into anchor fixed in the concrete. M16 anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.


570
3570
1250
13,2 m2
4250