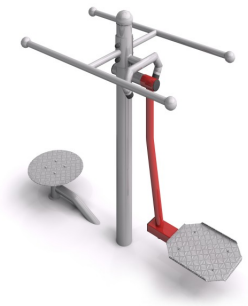
PENDULUM + TWISTER

Code: KS-FD-007



Physical | Social-emotional | Socialisation | Strenght | Cardio

Description

The Pendulum + The Twister outdoor gym set that strengths the owner back and diagonal abdominal muscles, slimming the waist, strengthens core muscles. Improves flexibility, coordination and balance.

To do exercise place your feet on the step, grab the handle with your hands. Using leg and hip muscles, move or twist the body to the sides. Do not let go of the handrails during the exercise. Keep your back upright.

Product details

- Dimensions (LxWxH): 1,46 x 0,65 x 1,54 m
- Safety zone: 4,46 x 3,65 m
- The number of anchors: 1
- Certificate confirming compatibility with norm EN 16630
- Device can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel protected against corrosion.
- Steps are made of aluminium.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.

- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain / repair.
- Device is mounted on a supporting pole, that is attached to the ground by flange.
- Flange is screwed with M16 screws into anchor fixed in the concrete. M16 anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.

