# DOUBLE SHOULDER PULL

Code: KS-FD-002



Physical | Social-emotional | Socialisation | Strenght | Cardio

## Description

Double Shoulder Pull is a popular outdoor gym set for building upper body strength. Strengthen muscles of the arms, triceps and back. Improves posture, muscle strength and functioning of the cardiopulmonary system.What sets us apart from others is that the seat and backrest are covered by polyurethane foam (PU system). As a result, users never have a feeling of hot touch during very sunny days or cold during frost.

To exercise, sit comfortably on the seat, and grab the handles with your hands. Pull the handles downwards. Keep your back upright.

## Product details

- Dimensions (LxWxH): 2,12 x 0,74 x 1,64 m
- Safety zone: 5,12 x 3,74 m
- The number of anchors: 1
- Compatibility with norm EN 16630 confirmed with the Certificate
- Can be painted in any colour from the RAL palette

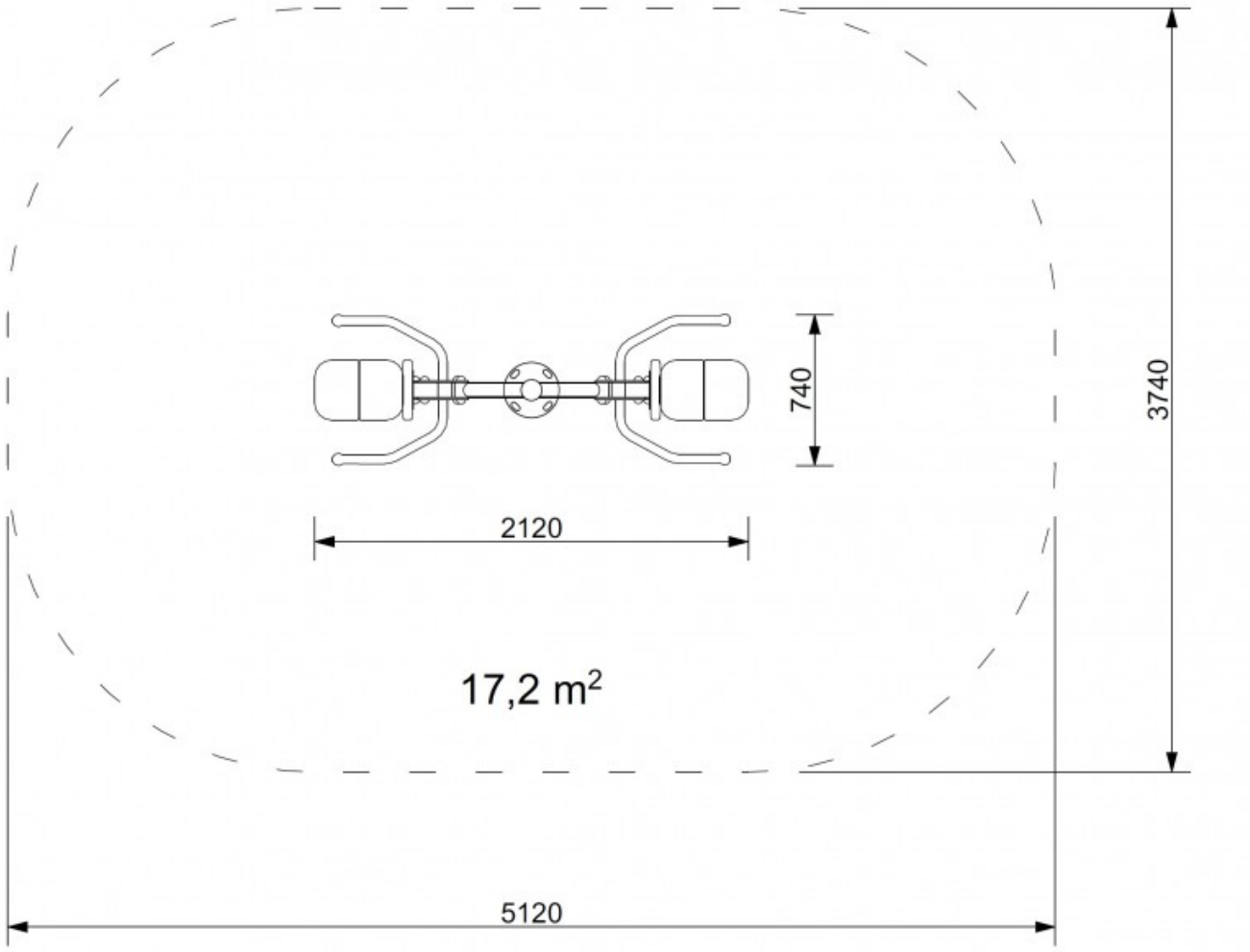
## Materials

- Construction is made of powder-painted steel protected against corrosion.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.

- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain/repair.
- The device is mounted on a supporting pole attached to the ground by the flange.
- The flange is screwed with M16 screws into an anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.


740
3740
2120
17,2 m2
5120