TWISTER+RUNNER+PENDULUM

Code: KS-FT-001



Physical | Social-emotional | Socialisation | Strenght | Cardio

Description

Outdoor gym equipment. The structure is shot-blasted and powder-coated. The footplates are made of aluminum. The device features selected pipes with spherical decorative elements at the ends. The pendulum exercise involves stepping onto the platform and moving side to side in a pendulum motion, while the twister exercise involves horizontal movements relative to the vertical axis of the body. The runner exercise consists of gripping the handrail and placing the feet on the footplates. Using leg muscles, the user should move their legs forward and backward while keeping the back in an upright position. It consists of two movable footplates and two handles. This element belongs to the aerobic equipment series. The device develops both lower and upper muscle groups while slimming the waist, increasing endurance, and improving coordination.

Product details

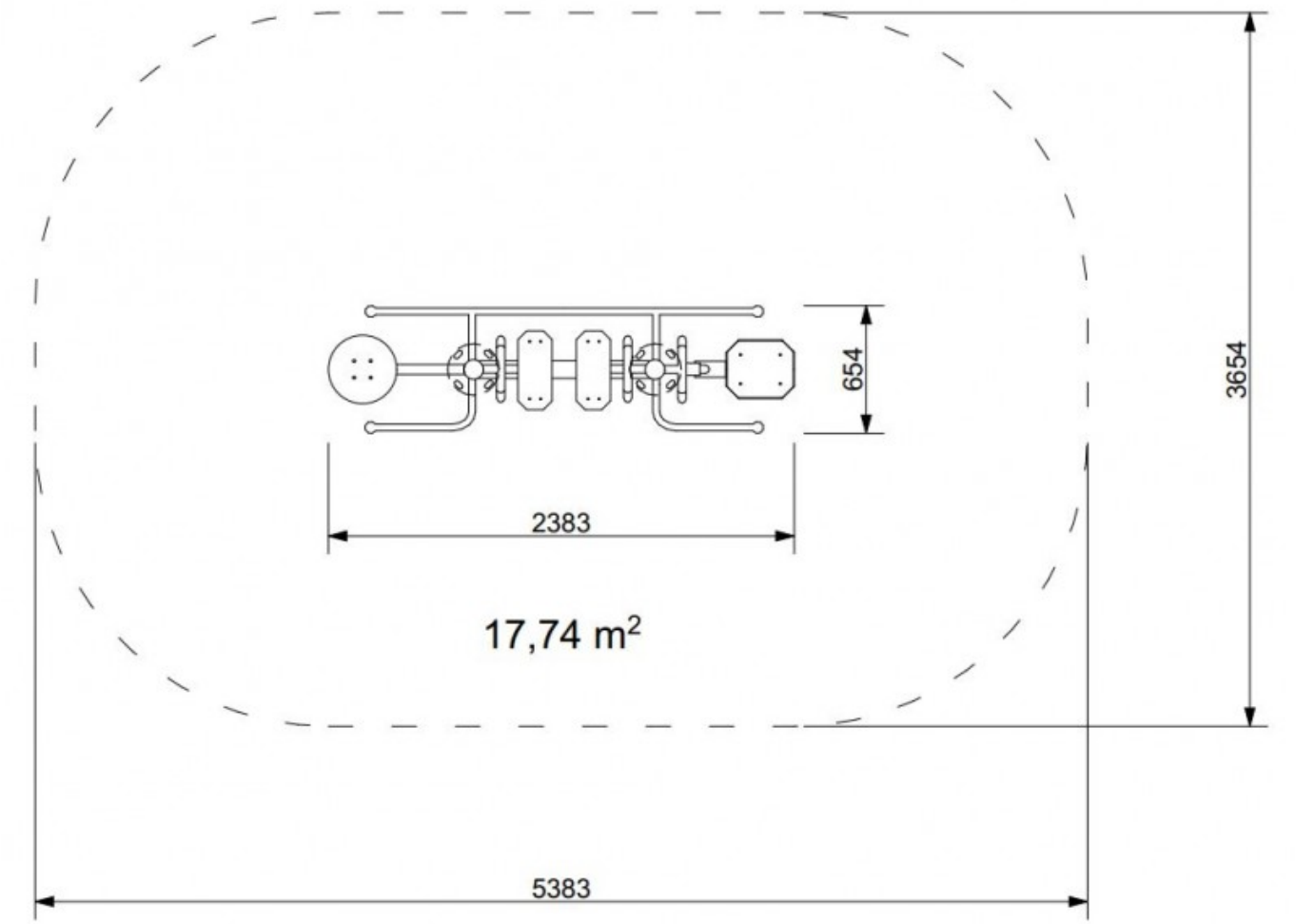
- Dimensions (LxWxH): 2.38 x 0.65 x 1.60 m
- Safety zone: 5.38 x 3.65 m
- The number of anchors: 3 people
- Differences in dimensions no more than +/- 5% are acceptable

Materials

- The device is mounted on a support pole, consisting of a 88.9 x 3.6 mm pipe. Each pole is anchored to the ground with a 220 mm diameter, 12 mm thick flange.
- The flange, along with the entire device, is bolted to the ground using M16 bolts. M16 anchor nuts are

secured against loosening.
- Handles, arms, and grips are made of 42.4 x 3.2 mm pipes, shaped to ensure user ergonomics and safety. The pipes of the handles are finished with spherical decorative elements.
- The entire structure is welded and does not have plastic end caps, except for bearing joints where maintenance or repairs of individual parts of the device are possible.
- Levers and rosettes are made from 8 to 10 mm thick steel sheets.
- The device includes self-lubricating rolling bearings with maintenance capabilities.
- The seats and backrests are made of comfortable, flexible PU material.
- The structure is made from black steel S235/S355, shot-blasted and powder-coated. Welds are additionally zinc-coated for protection.
- The device is produced in various colors.

All images are for illustration purpose only and may vary from the actual product.


654
3654
2383
17,74 m²
5383