CHEST PRESS + CHEST PULL

Code: KS-FD-003



Physical | Social-emotional | Socialisation | Strenght | Cardio

Description

The Chest Press + The Chest Pull multi-functional outdoor gym set develops strength of the chest, arms, back and abdominal muscles. Improves stamina and the functioning of the cardiopulmonary system. What sets us apart from others is that the seat and backrest are covered by polyurethane foam (PU system). As a result, users never have a feeling of hot touch during very sunny days or cold during frost. The key point of this version is to provide everyone with optimal comfort for exercise.

To do the exercise, sit on the seat and grab the handles with your hands. Push the handles forward until the elbows are straight, or pull the handles to yourself. Keep your back upright.

Product details

- Dimensions (LxWxH): 2,07 x 0,71 x 1,6 m
- Safety zone: 5,07 x 3,71 m
- The number of anchors: 1
- Certificate confirming compatibility with norm EN 16630
- Device can be painted in any colour from the RAL palette

Materials

- Construction is made of powder-painted steel protected against corrosion
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and

user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to maintain / repair.
- Device is mounted on a supporting pole attached to the ground by a flange.
- Flange is screwed with M16 screws into an anchor fixed in the concrete. M16 anchoring nuts are secured against unscrewing.

Differences in dimensions no more than +/- 5% are acceptable.

All images are for illustration purpose only and may vary from the actual product.

