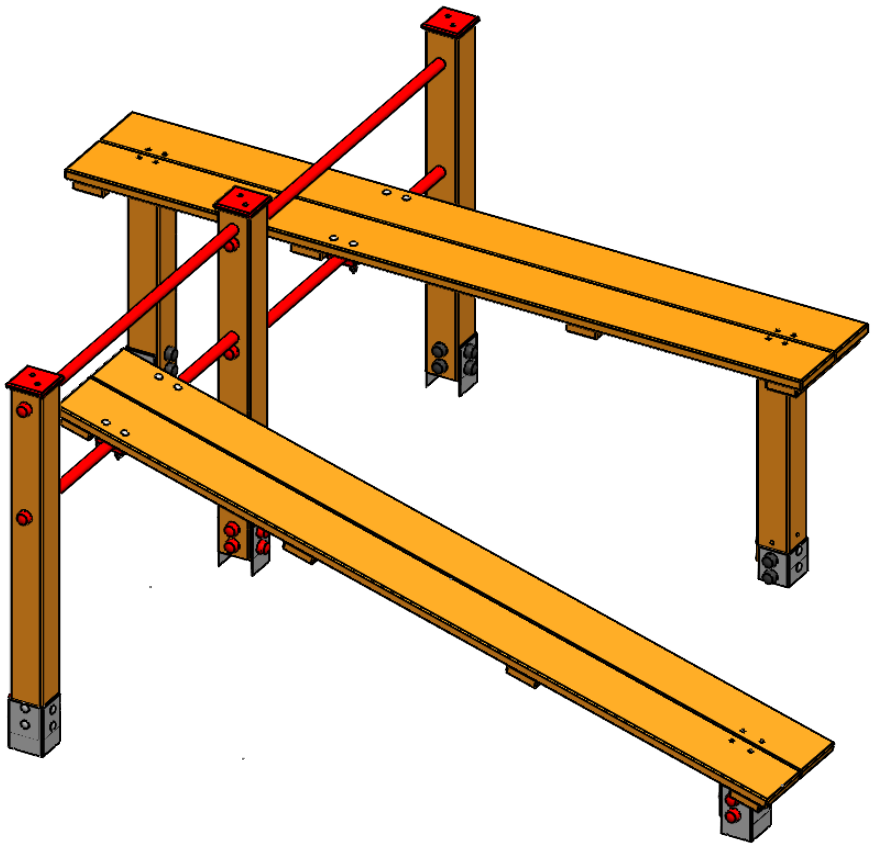


UNLESS OTHERWISE SPECIFIED:
DIMENSIONS ARE IN MILLIMETERS
WEIGHT ARE IN KILOGRAMM

	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		03.03.2025	
APPV'D				

PART NUMBER / DWG NO.:
TSV004

DESCRIPTION:
Abdominal training equipment

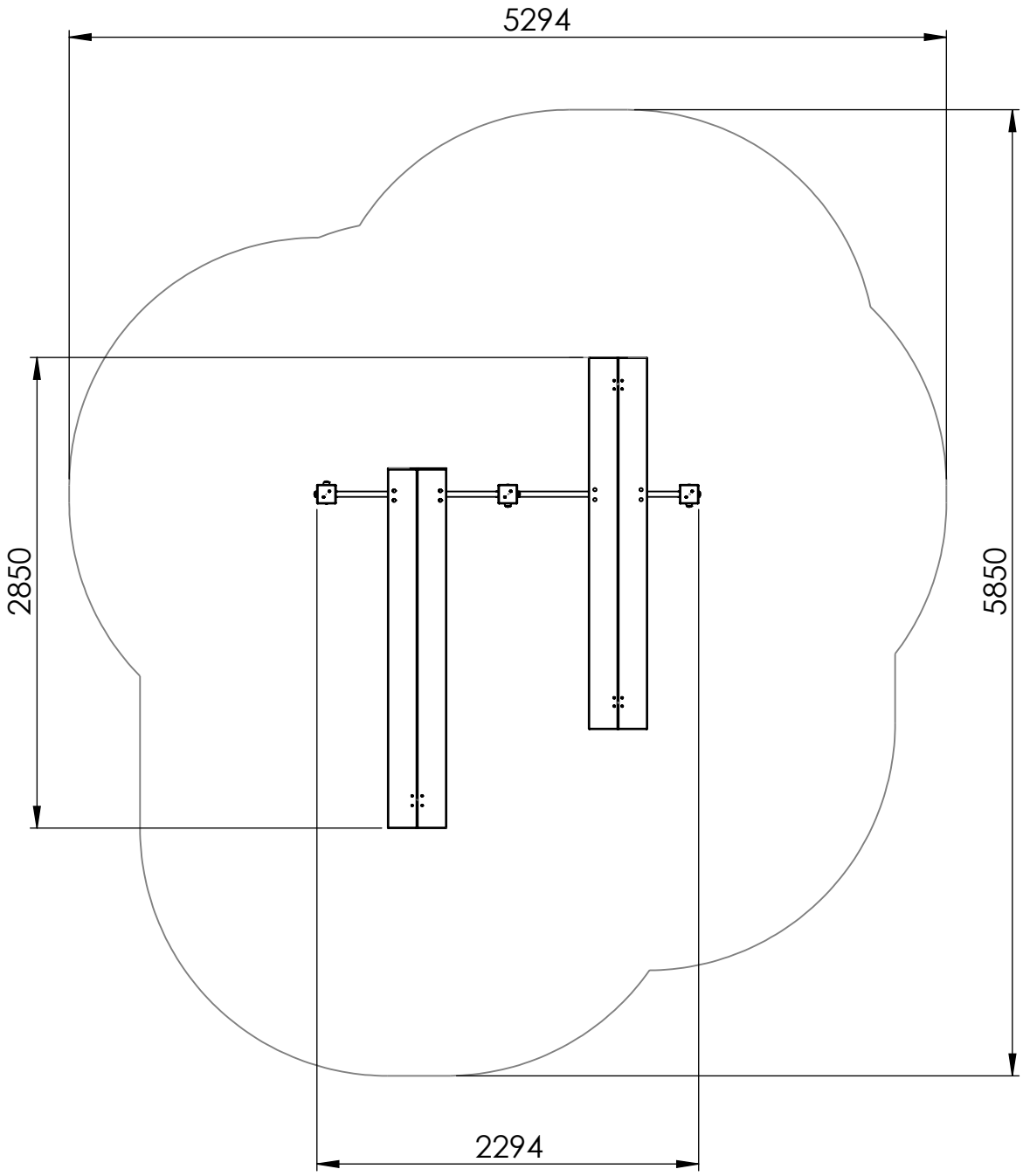
READYMADE
Verklighet för drömmar

MATERIAL:
wood, metal, plastic

A4

WEIGHT: 85 kg | SCALE: 1:25 | SHEET 1 OF 18

safety area



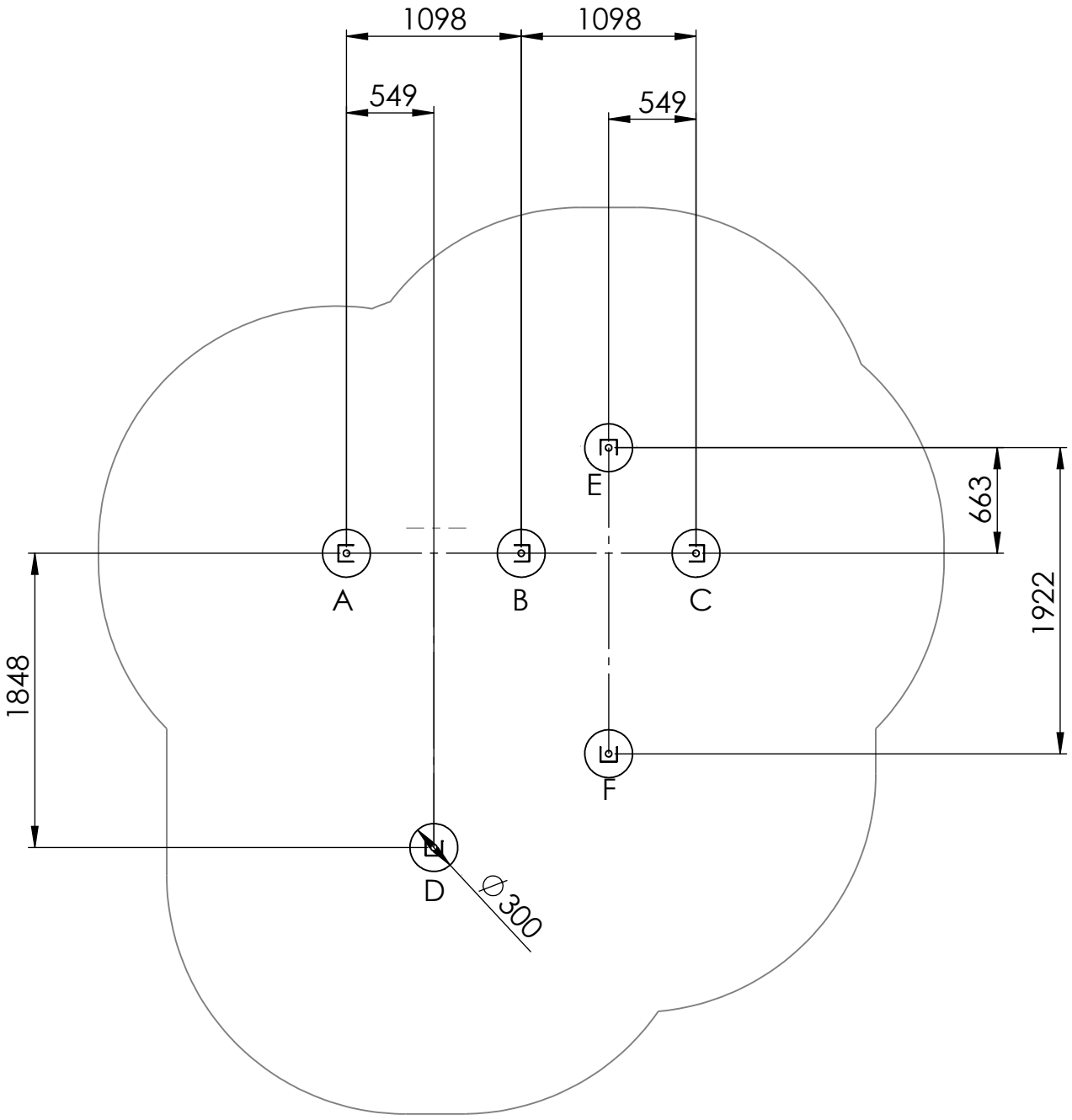
UNLESS OTHERWISE SPECIFIED: DIMENSIONS ARE IN MILLIMETERS WEIGHT ARE IN KILOGRAMM					PART NUMBER / DWG NO.: TSV004
	NAME	SIGNATURE	DATE	REVISION	
DRAWN	E.Reispere		01.06.2017		DESCRIPTION: Abdominal training equipment
APPV'D					

READYMADE

Verklighet för drömmar

MATERIAL: wood, metal, plastic		A4
WEIGHT: 85 kg	SCALE: 1:40	SHEET 2 OF 18

foundation



UNLESS OTHERWISE SPECIFIED: DIMENSIONS ARE IN MILLIMETERS WEIGHT ARE IN KILOGRAMM				
	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		01.06.2017	
APPV'D				

PART NUMBER / DWG NO.:
TSV004

DESCRIPTION:
Abdominal training equipment

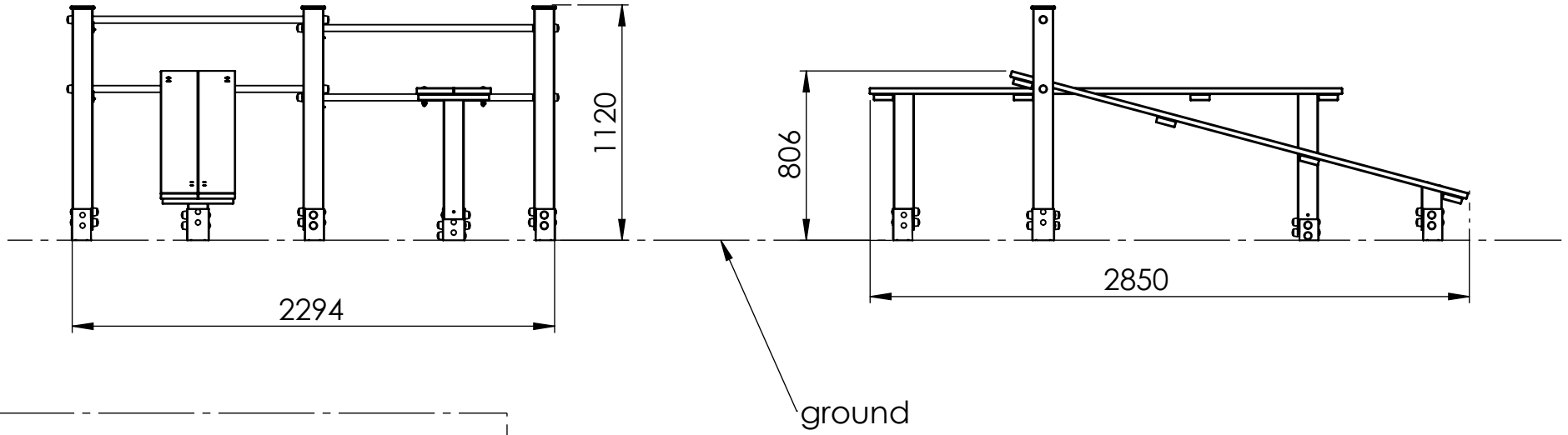
READYMADE
Verklighet för drömmar

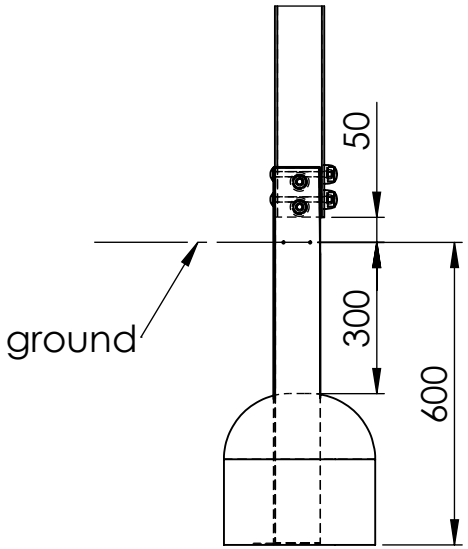
MATERIAL:
wood, metal, plastic

A4

WEIGHT: 85 kg | SCALE: 1:40 | SHEET 3 OF 18

dimensions





READYMADE

Verklighet för drömmar

UNLESS OTHERWISE SPECIFIED: DIMENSIONS ARE IN MILLIMETERS WEIGHT ARE IN KILOGRAMM				
	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		03.03.2025	
APPV'D				

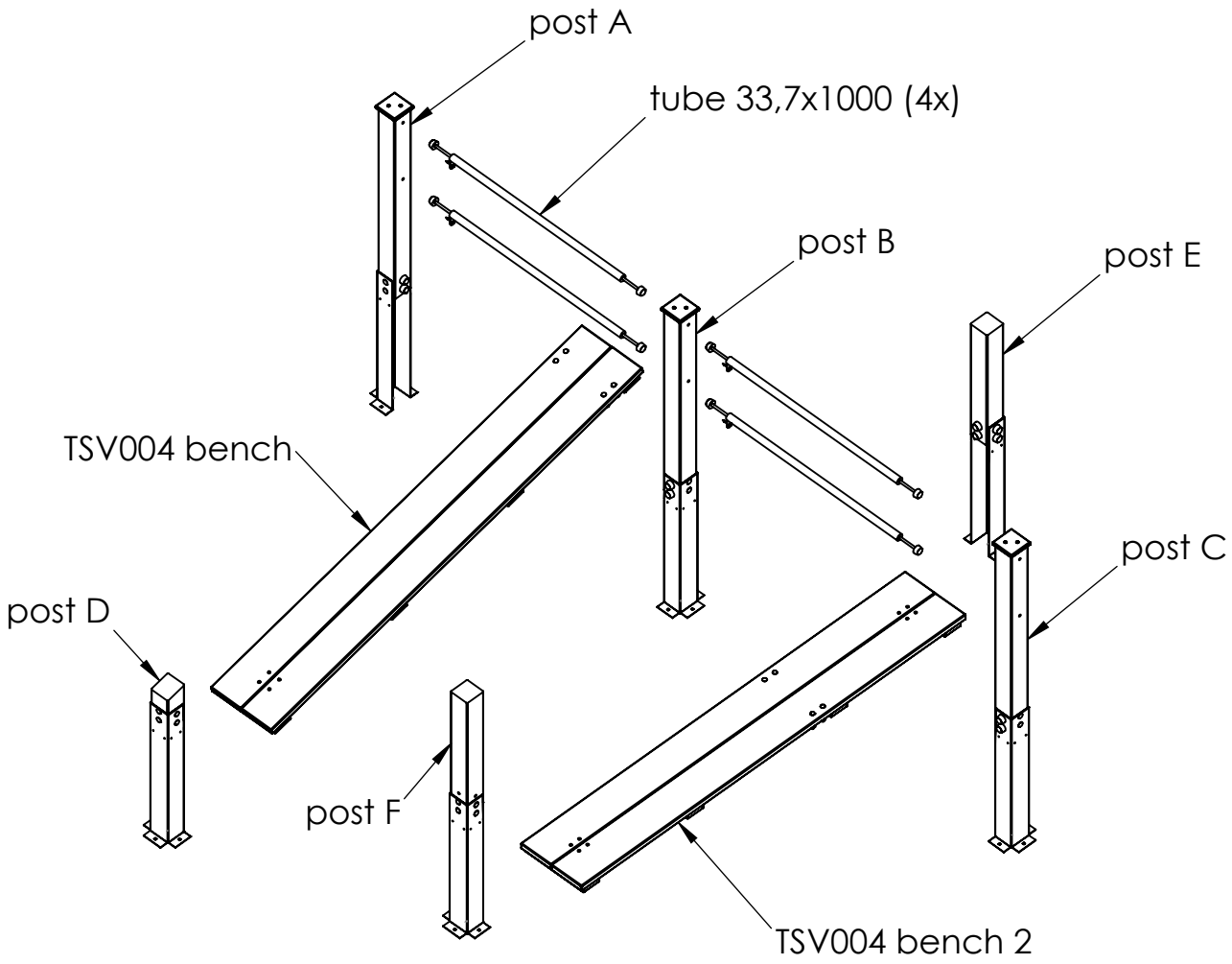
PART NUMBER / DWG NO.: TSV004

DESCRIPTION: Abdominal training equipment

MATERIAL: wood, metal, plastic

A4

WEIGHT: 85 kg | SCALE: 1:50 | SHEET 4 OF 18



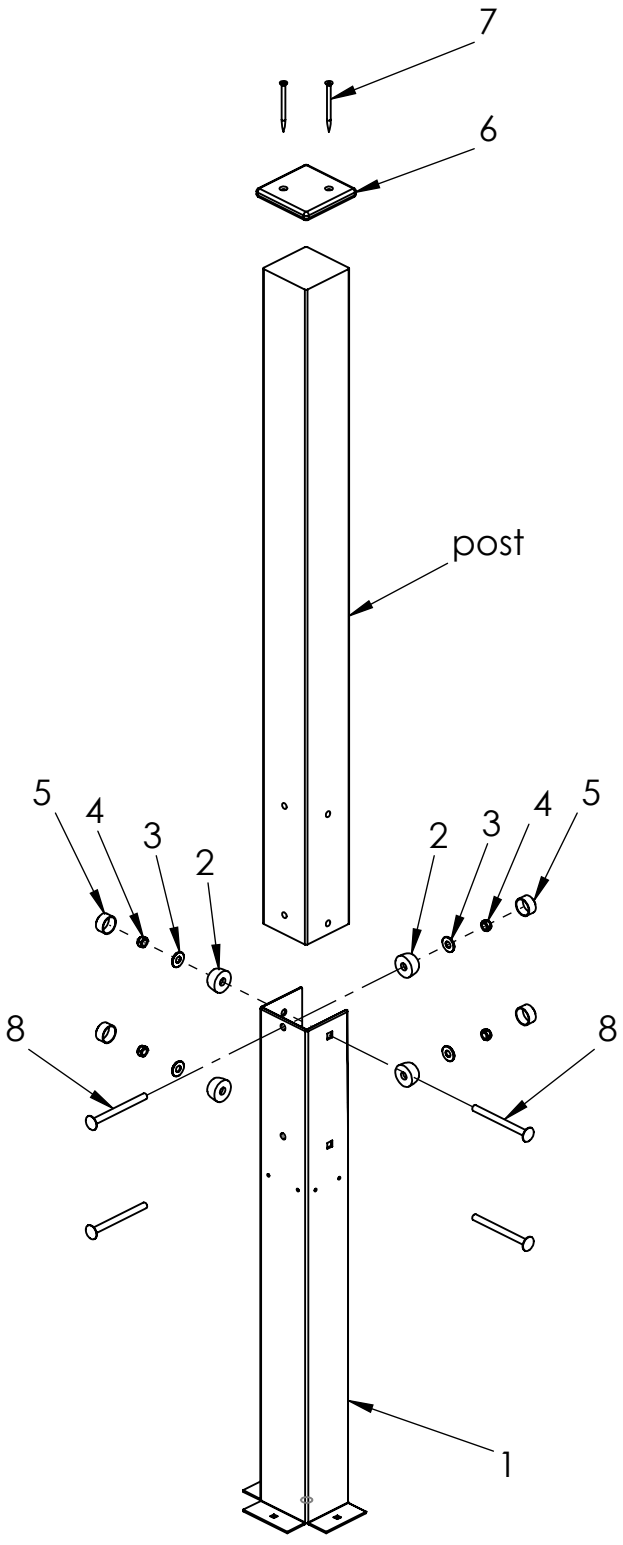
UNLESS OTHERWISE SPECIFIED: DIMENSIONS ARE IN MILLIMETERS WEIGHT ARE IN KILOGRAMM					PART NUMBER / DWG NO.: TSV004
	NAME	SIGNATURE	DATE	REVISION	
DRAWN	E.Reispere		01.06.2017		DESCRIPTION: Abdominal training equipment
APPV'D					

READYMADE

Verklighet för drömmar

MATERIAL: wood, metal, plastic		A4
WEIGHT: 85 kg	SCALE: 1:30	SHEET 5 OF 18

wooden post



ITEM NO.	PART NUMBER
1	U-profile groundfixing
2	M12 Nut cover
3	M10 Washer DIN9054
4	M10 Nut DIN985
5	M12 Nut cover cap
6	post cap even
7	6 x 90 Woodscrew
8	M10x120 bolt DIN603

UNLESS OTHERWISE SPECIFIED:
DIMENSIONS ARE IN MILLIMETERS
WEIGHT ARE IN KILOGRAMM

	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		03.03.2025	
APPV'D				

PART NUMBER / DWG NO.:
TSV004

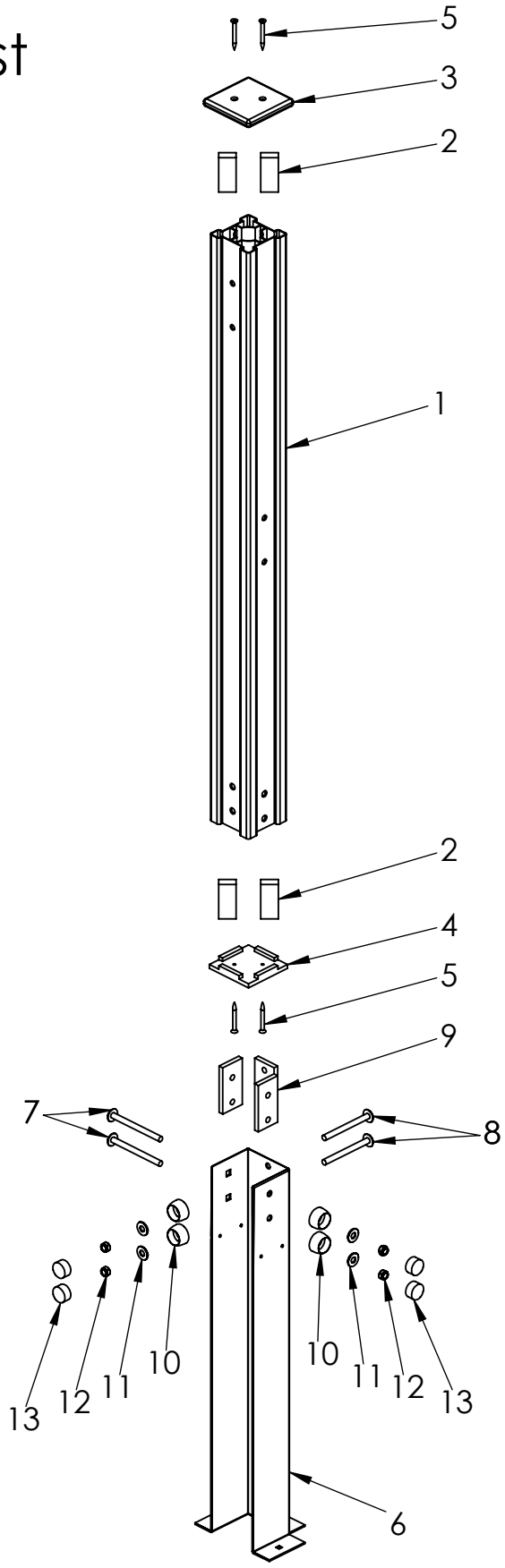
DESCRIPTION:
Abdominal training equipment

READYMADE
Verklighet för drömmar

MATERIAL: wood, metal, plastic | A4

WEIGHT: | SCALE: 1:60 | SHEET 6 OF 18

AL post



ITEM NO.	PART NUMBER
1	AL post 98x98
2	AL post fixing block
3	plastic cap top
4	plastic cap lower
5	woodscrew 6x60
6	U-profile groundfixing
7	M10x120 bolt DIN603
8	M10x110 bolt DIN603
9	plastic filling detail for ground fixture
10	M12 Nut cover
11	M10 Washer DIN9054
12	M10 Nut DIN985
13	M12 Nut cover cap

UNLESS OTHERWISE SPECIFIED:
DIMENSIONS ARE IN MILLIMETERS
WEIGHT ARE IN KILOGRAMM

	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		03.03.2025	
APPV'D				

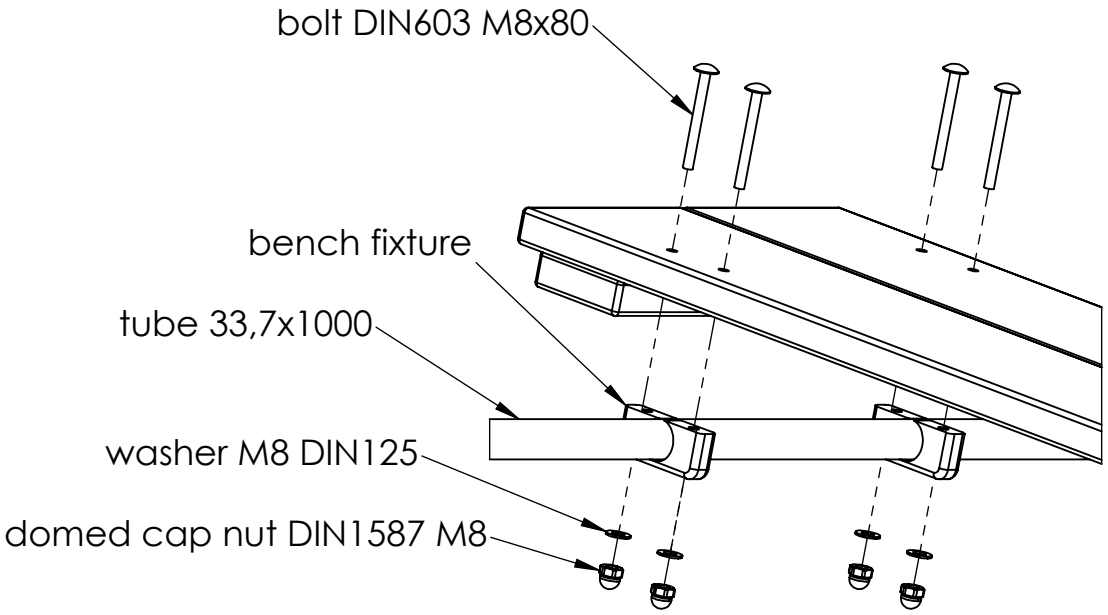
PART NUMBER / DWG NO.:
TSV004

DESCRIPTION:
Abdominal training equipment

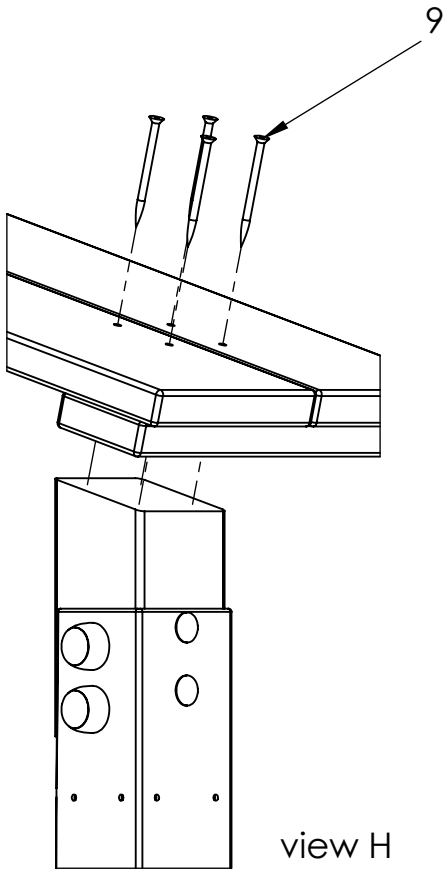
READYMADE
Verklighet för drömmar

MATERIAL: wood, metal, plastic | A4

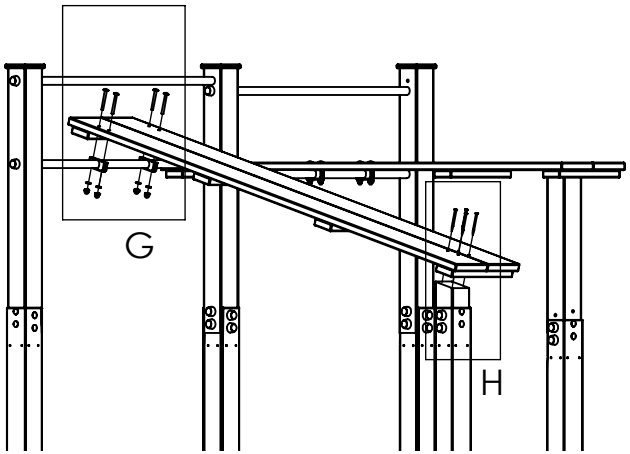
WEIGHT: | SCALE: 1:60 | SHEET 7 OF 18



view G



view H



READYMADE

Verklighet för drömmar

UNLESS OTHERWISE SPECIFIED: DIMENSIONS ARE IN MILLIMETERS WEIGHT ARE IN KILOGRAMM				
	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		03.03.2025	
APPV'D				

PART NUMBER / DWG NO.: TSV004

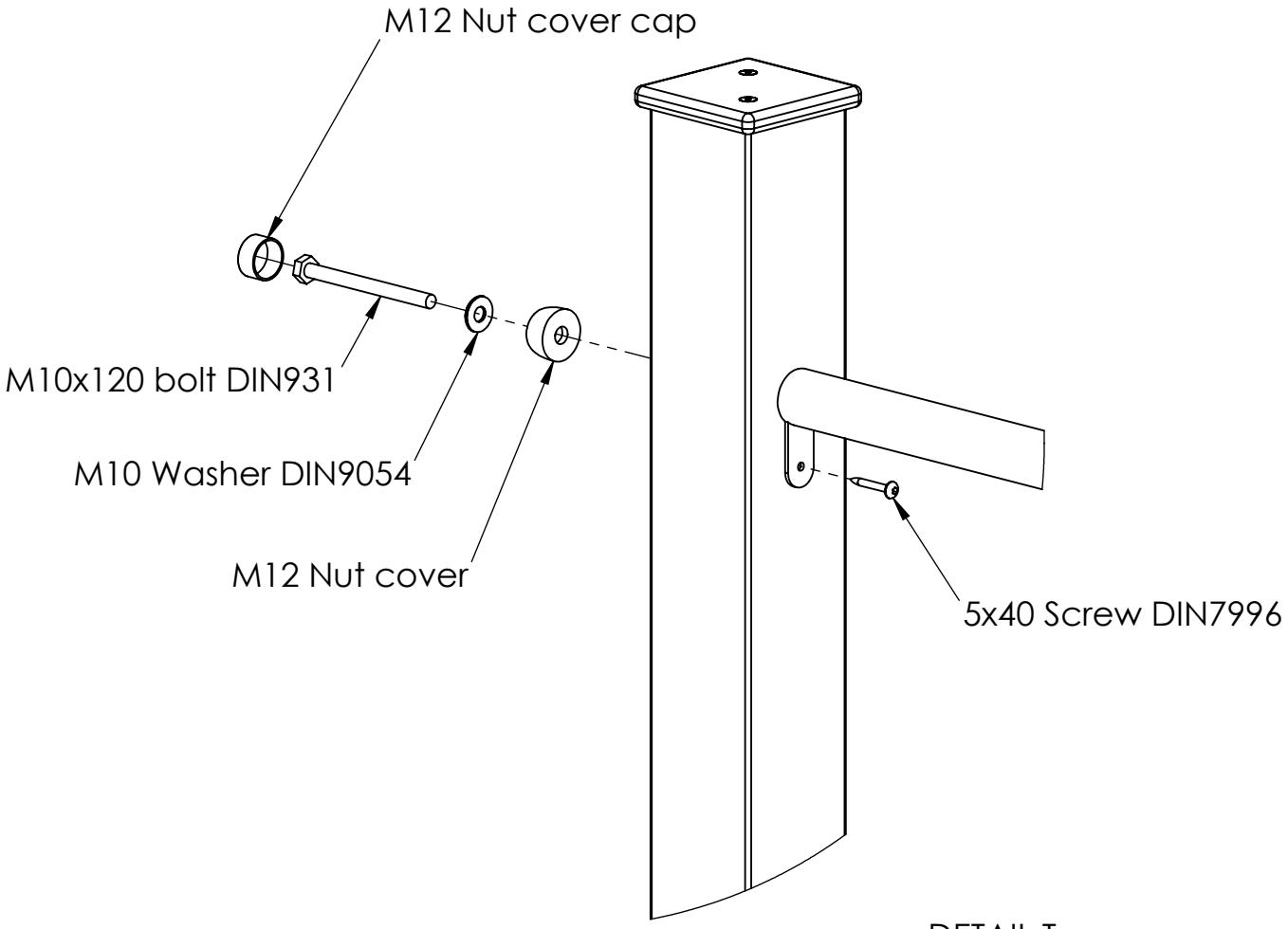
DESCRIPTION: Abdominal training equipment

MATERIAL: wood, metal, plastic

A4

WEIGHT: 85 kg | SCALE: 1:20 | SHEET 8 OF 18

fixing to wooden post



DETAIL T

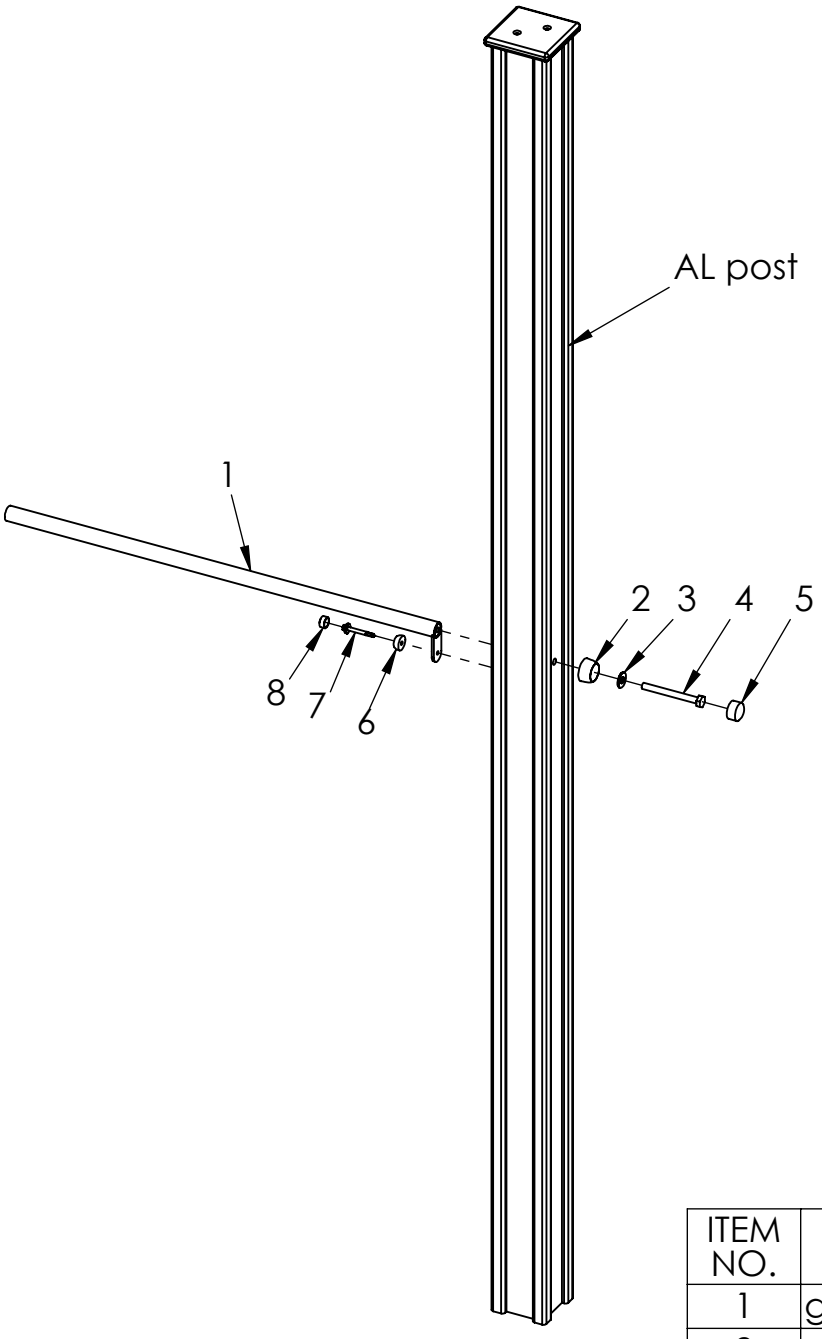
UNLESS OTHERWISE SPECIFIED: DIMENSIONS ARE IN MILLIMETERS WEIGHT ARE IN KILOGRAMM					PART NUMBER / DWG NO.: TSV004
	NAME	SIGNATURE	DATE	REVISION	
DRAWN	E.Reispere		03.03.2025		DESCRIPTION: Abdominal training equipment
APP'V'D					

READYMADE

Verklighet för drömmar

MATERIAL: wood, metal, plastic		A4
WEIGHT:	SCALE: 1:60	SHEET 9 OF 18

AL - post



ITEM NO.	PART NUMBER
1	guardrail ∅25x770
2	nut cover M12
3	washer DIN9054 M10
4	bolt DIN931 M10x100
5	nut cover cap M12
6	nut cover M6
7	screw 5,5x50 DIN7504K
8	nut cover cap M6

UNLESS OTHERWISE SPECIFIED:
DIMENSIONS ARE IN MILLIMETERS
WEIGHT ARE IN KILOGRAMM

	NAME	SIGNATURE	DATE	REVISION
DRAWN	E.Reispere		01.06.2017	
APPV'D				

PART NUMBER / DWG NO.:
TSV004

DESCRIPTION:
Abdominal training equipment
connecting guardrail to post

MATERIAL:
wood, metal, plastic

A4

WEIGHT:

SCALE: 1:12

SHEET 10 OF 18

READYMADE
Verklighet för drömmar