



Ricardo A. Meade, M.D.

PLASTIC SURGERY

With 20 years of experience, Dr. Ricardo A. Meade is a leading, board-certified plastic surgeon in Dallas, specializing in aesthetic procedures of the face, breast, and body. He is acclaimed for his expertise in the composite facelift and deep-plane lifts, delivering natural, youthful results.

Dr. Meade's comprehensive skill set includes not only facelifts but also neck lifts, eyelid surgery, rhinoplasty, mommy makeovers, tummy tucks, and breast rejuvenation. His patients consistently praise his results and compassionate approach.

Educated at Duke University and aesthetic fellowship-trained at UT Southwestern Medical School and Dallas Plastic Surgery Institute, Dr. Meade combines advanced techniques with a personalized touch. He is dedicated to enhancing patient confidence and achieving natural-looking transformations.

Dr. Meade actively contributes to leadership in Dallas Plastic Surgery Institute's practice management. He also finds great joy in mentoring aesthetic Fellows, grooming the next generation of board-certified plastic surgeons. His involvement on the executive committee of the Dallas Plastic Surgery Institute underscores his commitment to shaping the practice's future direction. Notably, Dr. Meade is the medical director of the Epicentre Skin and Laser Center, an indicator of his association with this premier, world-class facility for aesthetic plastic surgery. Fluent in Spanish, Dr. Meade demonstrates his commitment to community service through active involvement in various organizations, such as Arise Africa, KLife, Edify global children's education, and Watermark Community Church. He maintains membership in prestigious professional associations, most importantly, the American Society of Plastic Surgeons.

"My greatest reward is seeing my patients' confidence soar."
— Dr. Meade

EDUCATION

M.D., ITESM School of Medicine, Monterrey, Mexico
General Surgery Residency, Duke University
Plastic Surgery Residency, Duke University
Aesthetic Surgery Fellowship, UT Southwestern Medical School

DALLAS PLASTIC SURGERY INSTITUTE

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