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Ricardo A. Meade, M.D.

PLASTIC SURGERY

With more than 20 years of experience, Dr. Ricardo A. Meade is a board-certified plastic surgeon whose practice is dedicated to advanced facial rejuvenation. He has performed the deep-plane facelift since 2005, and after two decades of refining one of plastic surgery's most respected facelift techniques, his surgical journey ultimately led him to the composite facelift, an approach that embodies his philosophy of restoring the face naturally, comprehensively, and harmoniously.

Today, the composite facelift is the defining focus of Dr. Meade's practice. Building upon the principles of the deep-plane facelift, his approach rejuvenates the midface, lower eyelids, jawline, and neck as a unified whole rather than treating each area independently. By respecting the natural anatomy of the face, he strives to restore youthful balance, preserving each patient's identity while creating results that are elegant, authentic, and enduring.

Dr. Meade believes the finest facelift should restore, not transform or stretch. His goal is never to create a different face, but to help patients look like the healthiest, most refreshed version of themselves. His current approach reflects the culmination of more than 20 years of continuous refinement, technical experience, and an unwavering commitment to facial rejuvenation that appears effortless rather than operated upon.

Educated at Duke University and fellowship-trained at UT Southwestern Medical School and Dallas Plastic Surgery Institute, Dr. Meade has devoted his career to advancing the art and science of facial rejuvenation. He serves on the executive committee of Dallas Plastic Surgery Institute, the governing board of Surgery Center of Plano, and is medical director of the EpiCentre Skin and Laser Center.

Beyond his practice, Dr. Meade is committed to serving his community through Founding Fathers, Dallas Brothers in Christ, Highland Park High School, Klife, Mission Emmanuel, and Watermark Community Church. Completely fluent in Spanish, he is also an active member of the American Society of Plastic Surgeons.

EDUCATION

M.D., ITESM School of Medicine, Monterrey, Mexico
General Surgery Residency, Duke University
Plastic Surgery Residency, Duke University
Aesthetic Surgery Fellowship, UT Southwestern Medical School

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