

'Strawberries & Cream' French Toast by LILOFOODIE

Recipe Image



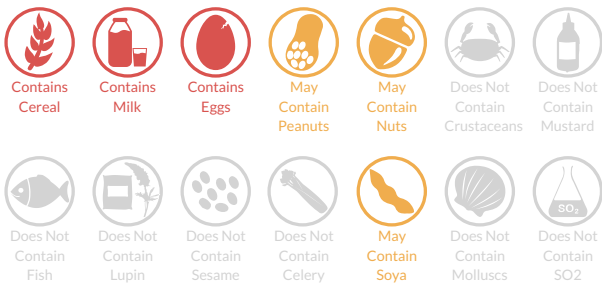
Ingredients

Product	Quantity
Eggs, chicken, whole, raw	189.00 g
Ground Nutmeg	5.00 g
Ground Cinnamon	5.00 g
Vanilla Extract	5.00 g
Table Salt	0.03 g
Ground Black Pepper	0.03 g
Butter	5.00 g
Brioche Loaf	174.00 g
Strawberries	216.00 g
Real Dairy Instant Whipped Cream	80.00 g

Serves: 2

Allergy Information

Key: Contains May Contain



Nuts:

Almond Nuts:	May
Hazelnuts:	May
Walnuts:	May
Cashew Nuts:	May
Pecan Nuts:	May
Brazil Nuts:	May
Pistachio Nuts:	May

Cereals:

Wheat:	Yes
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

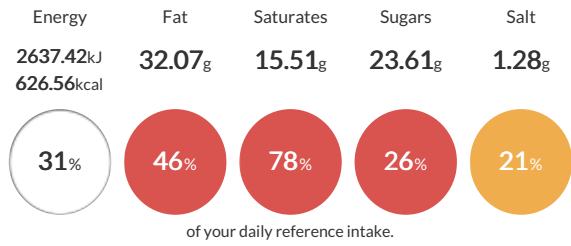
Dietary Information

Key: Suitable for



Reference Intake

Each serving contains:



Nutritional Summary

Energy	2637.42kJ 626.56kCal
Protein	20.63g
Carbohydrates	62.68g
of which sugars	23.61g
Non Milk Extrinsic Sugars	0g
Fat	32.07g
of which saturates	15.51g
Fibre	5.06g
Salt	1.28g
Sodium	0.18g
Iron	1.63mg
Calcium	43.47mg
Zinc	1.04mg
Folate	44.42µg
Vitamin A	119.07µg
Vitamin C	0mg

Label Information

Ingredients

Strawberries (32%) (Strawberries 100%). **Eggs**, chicken, whole, raw (28%). Brioche Loaf (26%) (**WHEAT** flour 53%, Sugar, **EGGS** 10%, Levain 8% (**WHEAT** flour 5%, water, salt), Rapeseed oil, Concentrated **Butter (MILK)** 4%, Yeast, Emulsifier: mono and diglycerides of fatty acids. Flavors, Salt, Carrot extract). Real Dairy Instant Whipped **Cream** (12%) (**Cream** (96%) (**MILK**), Sugar, Emulsifier: E471, Stabiliser: E407). Ground Nutmeg (1%) (Nutmeg). Ground Cinnamon (1%) (Cinnamon). Vanilla Extract (1%) (Invert Sugar Syrup, Glucose Syrup, Water, Vanilla Extract.). **Butter** (1%) (**Cream (MILK)**, Salt). Table Salt (0%) (Salt, Anti-caking Agent (sodium Hexacyanoferrate II)). Ground Black Pepper (0%) (Black Pepper).

Method & Recipe Notes

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