

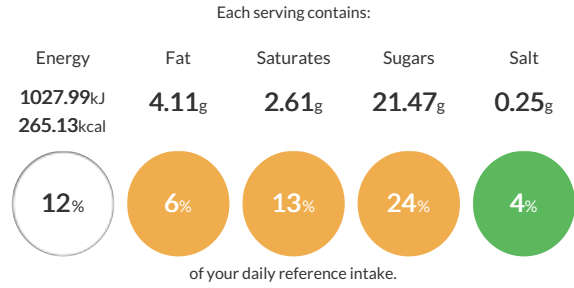
Vegan Maple Rice Pudding by Munching with Molly

Ingredients

Product	Quantity
PUDDING RICE	100.00 g
Original Maple Syrup	29.00 g
Tilda Organic Classic Rice Milk	600.00 g
Vegan Cream	100.00 g
CSBC 10515 Table Salt 6kg	0.36 g
Ground Cinnamon	0.36 g
Vanilla Extract	4.20 g

Serves: 4

Reference Intake



Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:

Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

Cereals:

Wheat:	No
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Label Information

Ingredients

Tilda Organic Classic Rice Milk (72%) (Water, Organic Rice (16%), Rice Oil, Salt). PUDDING RICE (12%) (Rice). Vegan Cream (12%) (Coconut Milk, Sugar, Dextrose, Integrator, Belpanna). Original Maple Syrup (3%) (Carob Fruit Syrup (72%) [Carob, Apple, Grape], Maple Syrup (27%), Natural Flavouring, Colour (Plain Caramel)). Vanilla Extract (1%) (Invert Sugar Syrup, Glucose Syrup, Water, Vanilla Extract.). CSBC 10515 Table Salt 6kg (0%) (Salt, Anti-Caking Agent (Sodium ferrocyanide)). Ground Cinnamon (0%) (Cinnamon).

Method & Recipe Notes

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