La Tua Pasta Pumpkin Ravioli with Bolognese Sauce



Ingredients				Reference Intake
Product Ravioli Pumpkin Bolognese Sauce Parmigiano Reggiano		Quantity 250.00 g 270.00 g 30.00 g		Energy 1575.6kJ
Serves: 2				374.7kcal
Allergy Information	on			19%
Contains Cereal Milk	Contains Eggs Does Not Contain Peanuts	May Contain Nuts Crusta	/	Nutritional Summa
May Does Not E Contain Contain	Does Not Contain Sesame Celery	May Contain Soya Molle		Protein Carbohydrates
				of which sugars
Nuts:		Cereals:		Non Milk Extrinsic Sugars
Almond Nuts:	No	Wheat:	Yes	Fat
Hazelnuts:	May	Rye:	No	of which saturates
Walnuts:	No	Spelt:	No	Fibre
Cashew Nuts:	No	Oats:	No	Salt
Pecan Nuts:	No	Barley:	No	Sodium
Brazil Nuts:	No	Kamut:	No	Iron
Pistachio Nuts:	May			Calcium
				Zinc

0.00						
Each serving contains:						
Energy	Fat	Saturates	Sugars	Salt		
1575.6 kJ 374.7 kcal	12.82 g	6.76 g	9.92 g	2.64 g		
19%	18%	34%	11%	44%		

Summary

Energy	1575.6kJ 374.7kCal
Protein	19.94g
Carbohydrates	43.45g
of which sugars	9.92g
Non Milk Extrinsic Sugars	Og
Fat	12.82g
of which saturates	6.76g
Fibre	1.62g
Salt	2.64g
Sodium	Og
Iron	Omg
Calcium	Omg
Zinc	Omg
Folate	0μg
Vitamin A	0μg
Vitamin C	Omg

Dietary Information



Label Information

Ingredients

Bolognese Sauce (49%) (Tomatoes (76%), Tomato Paste (11%), Water, Onion, Sugar, Modified Maize Starch, Salt, Olive Oil, Concentrated Lemon Juice, Dried Basil, Dried Parsley, Dried Oregano, Black Pepper Ground). Ravioli Pumpkin (45%) (Pasta (50%): Flour 00 (WHEAT), Pasteurised EGG (30%), Durum WHEAT Flour, Salt, Water. Filling (50%): Pumpkin (54%), Ricotta Cheese (MILK), Italian Grated Cheese (MILK, Salt, Vegetarian Rennet, Preservative: EGG Lysozyme), Breadcrumbs WHEAT Flour, Salt, Yeast), Salt, Nutmeg. Dusted with rice flour). Parmigiano Reggiano (5%) (MILK, Salt, Rennet).

Method & Recipe Notes

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