

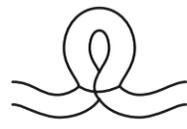
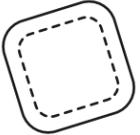
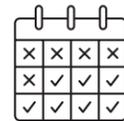
How effective is my birth control?

Birth control effectiveness is measured using a percentage. For example, 98% effective means that during one year of use, 2 out of 100 individuals would become pregnant.

Typical Use: Includes all pregnancies and reflects the way a method is used in everyday life.

Perfect Use: Only includes pregnancies caused by the failure of the method, and so reflects effectiveness when it's used perfectly.

If you're looking to prevent pregnancy, it's important you find the right birth control method for you, your body, and your goals.

<p>Non-hormonal</p> <p>Copper IUD</p>  <p>Typical Use: >99 Perfect Use: >99 Protects against STIs? No</p>	<p>Hormonal</p> <p>Hormonal IUD</p>  <p>Typical Use: >99 Perfect Use: >99 Protects against STIs? No</p>	<p>Hormonal</p> <p>Implant</p>  <p>Typical Use: >99 Perfect Use: >99 Protects against STIs? No</p>	<p>Non-hormonal</p> <p>Tubal Ligation</p>  <p>Typical Use: >99 Perfect Use: >99 Protects against STIs? No</p>	<p>Hormonal</p> <p>Shot</p>  <p>Typical Use: 96 Perfect Use: >99 Protects against STIs? No</p>	<p>Hormonal</p> <p>Vaginal Ring</p>  <p>Typical Use: 93 Perfect Use: >99 Protects against STIs? No</p>	<p>Hormonal</p> <p>Patch</p>  <p>Typical Use: 93 Perfect Use: >99 Protects against STIs? No</p>
<p>Hormonal</p> <p>The Pill</p>  <p>Typical Use: 93 Perfect Use: >99 Protects against STIs? No</p>	<p>Non-hormonal</p> <p>Birth Control App</p>  <p>Typical Use: 93 Perfect Use: 98 Protects against STIs? No</p>	<p>Non-hormonal</p> <p>Male Condom</p>  <p>Typical Use: 87 Perfect Use: 98 Protects against STIs? Yes</p>	<p>Non-hormonal</p> <p>Standard Days Method</p>  <p>Typical Use: 87 Perfect Use: 95 Protects against STIs? No</p>	<p>Non-hormonal</p> <p>Pull Out Method</p>  <p>Typical Use: 80 Perfect Use: 96 Protects against STIs? No</p>	<p>Non-hormonal</p> <p>Internal Condom</p>  <p>Typical Use: 79 Perfect Use: 95 Protects against STIs? Yes</p>	<p>Non-hormonal</p> <p>Spermicide</p>  <p>Typical Use: 79 Perfect Use: 84 Protects against STIs? No</p>