



## Blue Cross Blue Shield

Under the Affordable Care Act (ACA), the full range of U.S. Food and Drug Administration (FDA)-approved, -cleared, or -granted contraceptives should be covered by commercial health plans. [Resource](#). The Departments are committed to ensuring consumers have access to all contraceptive benefits to which they are entitled under federal law

This guide is intended to help users through the process of getting reimbursed, we have gathered the following information.

***Please note that this information is only a guide and these steps can vary by plan and state. We always recommend you call the number on the back of your insurance card to confirm your specific plan's reimbursement process.***

### Blue Cross Blue Shield general instructions:

- If you haven't already, purchase an annual subscription to NC° Birth Control [here](#).
- Download and complete the medical claim form from your online insurance portal. You can locate your form [here](#)
- Request a prescription for "One Annual Natural Cycles Birth Control Subscription" from your in-network doctor. Your doctor can reference the procedure code: A9293 and diagnosis code: z30.8.
- Obtain your Natural Cycles itemized receipt, located in your account [here](#).
- Submit your medical claim form, updated itemized receipt, and prescription to your online insurance portal.

Contact your insurance provider directly if you haven't received a reimbursement check in the mail after 4-6 weeks.

**Please note:** If your claim is denied, you should go through your insurance provider's appeal process. Should you want to escalate the denial, you can contact HHS at [Contraception\\_Complaints@cms.hhs.gov](mailto:Contraception_Complaints@cms.hhs.gov).

You can also notify [support@naturalcycles.com](mailto:support@naturalcycles.com) and we would be happy to assist you with your claim.

[support@naturalcycles.com](mailto:support@naturalcycles.com)

135 West 41st Street, Floor 6, New York, New York 10036