



Natural Cycles^o

Clinically-Proven
Women's Health Platform

Birth Control | Plan Pregnancy | Perimenopause



NC° Birth Control

How it works

01

NC° Band collects biomarker data



Other integrated wearables include:

- Apple Watch
- Oura Ring
- Garmin

02

Data automatically syncs with NC° app



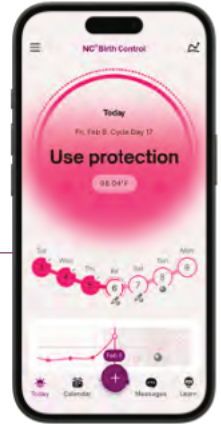
03

Daily fertility status is calculated & displayed in NC° app



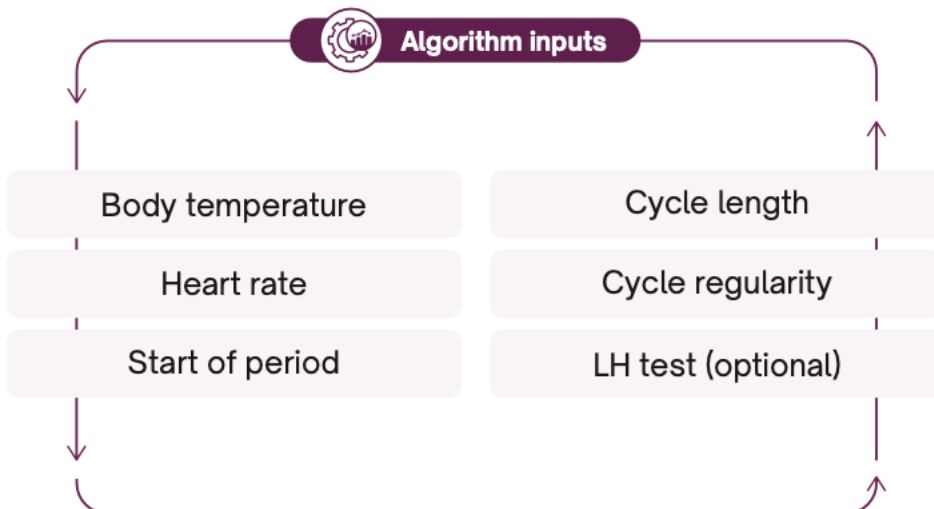
Green Days represent "Not Fertile" days

Red days represent fertile days. Users prompted to "Use Protection" or abstain



NC° Fertility Algorithm

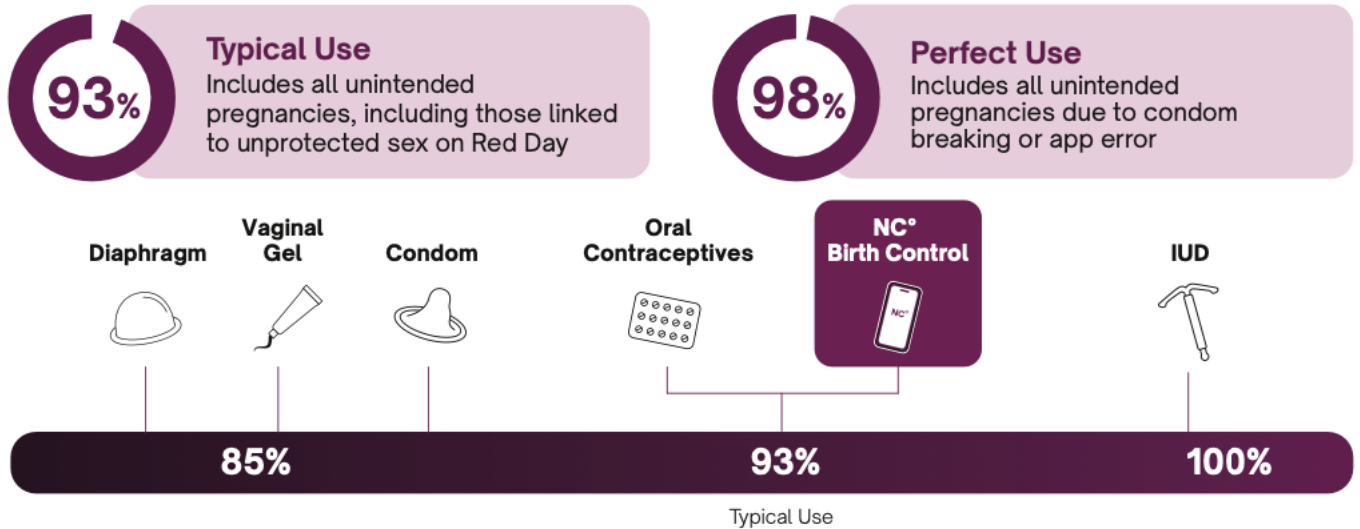
Algorithm analyzes temperature, heart rate and cycle data for a personalized approach in determining fertility status.



- * Algorithm predicts and confirms ovulation
- * Missing or varying temperature data does not impact effectiveness
- * Can be used with irregular cycles

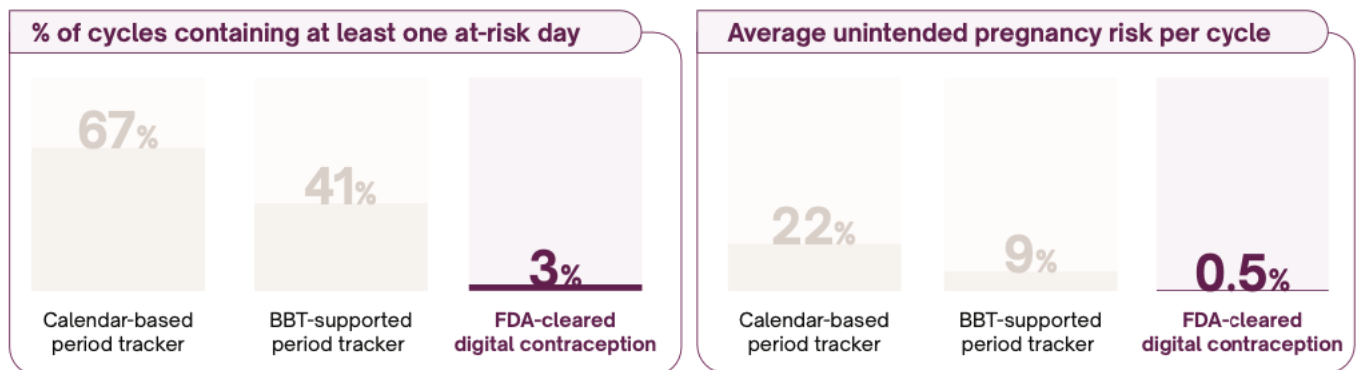
The first & only FDA-cleared digital contraceptive on the market

Proven clinical effectiveness¹



Period Trackers vs. Regulated Digital Contraception²

Study Analysis: Over 540,000 menstrual cycles across 187,000 women in the US compared commonly used period-tracking methods and regulated digital contraception



Study Takeaway

Period-tracking methods frequently mislabel fertile days as “safe,” resulting in up to **44 times higher** unintended pregnancy risk per cycle compared to digital contraception.

²Brondolin, Erica, et al. Fertile-Window Misclassification in Period-Tracking Applications and Associated Pregnancy Risk: A Large Observational Analysis. medRxiv, 2026

Scan QR code to learn more about the study and review the full manuscript





NC° Plan Pregnancy

A state-of-the-art ovulation tracker that can help your patients get pregnant faster

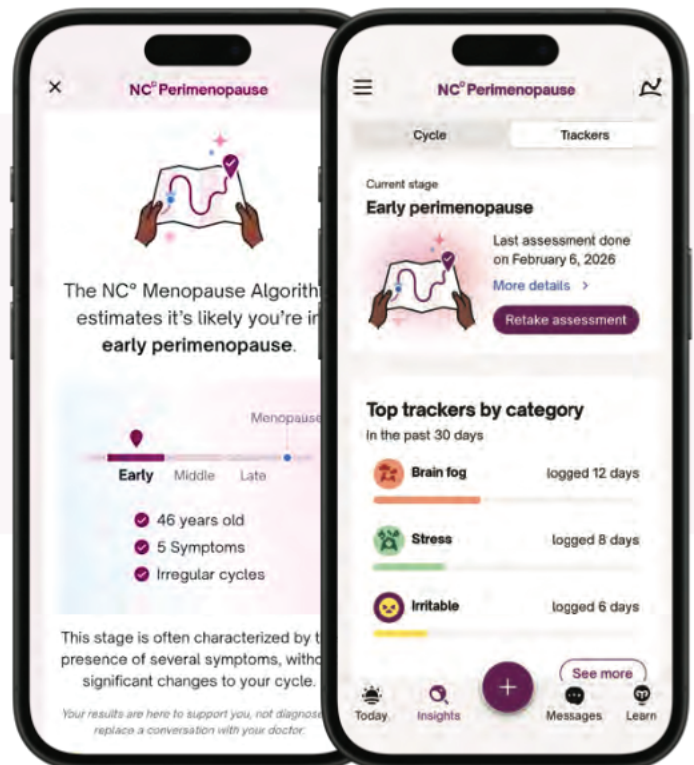
- * **FDA-cleared fertility support**
Research shows that couples using Natural Cycles get pregnant in 3 cycles on average ³
- * **NC° Partner View**
Makes getting pregnant a shared experience
- * **Companion across the pregnancy journey**
From planning to following baby's development and supporting recovery postpartum

³Berglund Scherwitzl, E. et al. (2019), Short- and long-term effect of contraceptive methods on fecundity, Eur J Contracep Repr

NC° Perimenopause

Decodes hormonal shifts to provide actionable insights

- * **Helps identify likely Perimenopause Stage**
- * **Offers daily patient symptom tracking and insights**
- * **Tailored tips and education**
- * **Can be used with NC° Birth Control**

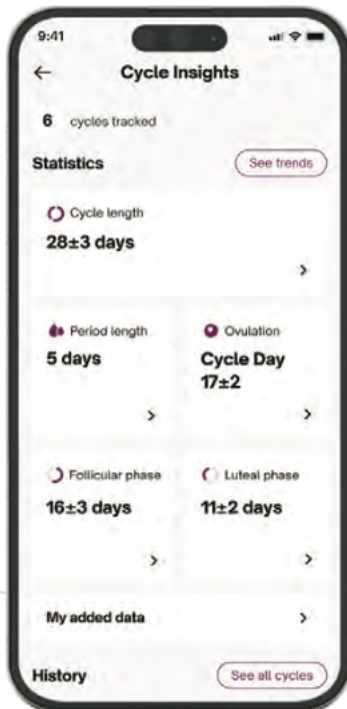


HCP Cycle Insight Reports

View comprehensive and longitudinal cycle and symptom data

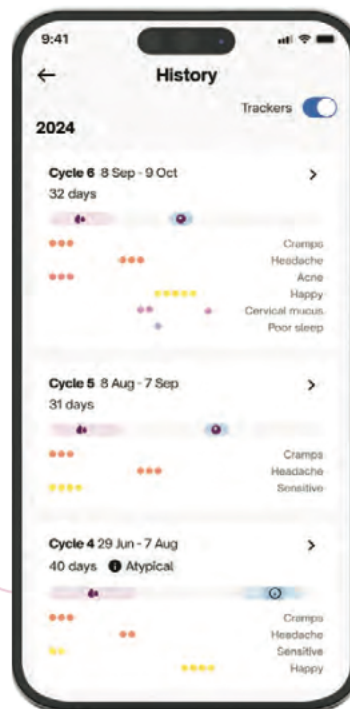
Cycle Summary

Clinically relevant cycle data and trends



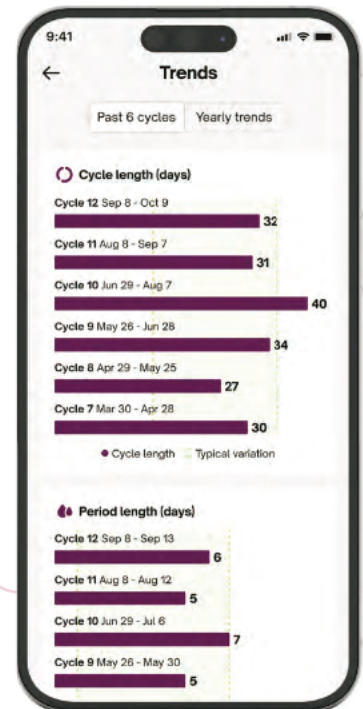
Cycle History

Historical symptoms and cycle data



Cycle at-a-glance

Instantly visualize your patient's menstrual history



Prescribe directly to the Pharmacy

- Write an e-RX for Natural Cycles to Alto Pharmacy (select any location)
- 12 month subscription with NC° Band included
- Diagnosis code: z30.8 - Encounter For Other Contraception Management

Introducing NC° Band

- * Designed for **optimal comfort**
- * Only needs to be **worn overnight**
- * Designed to **measure only what's necessary** for the NC° app
- * NC° Band is **included with prescription**
- * **No** third-party integration
- * Battery life **up to 14 days**



Natural Cycles°

For more information and to request a sample, visit www.naturalcycles.com/HCP

