



NC[°] Birth Control
From Natural Cycles[°]

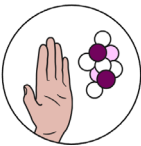
The first & only FDA-cleared digital contraceptive



- * Hormone-free
- * No side effects
- * Offers daily fertility status



NC° Birth Control is suitable for those who:



Prefer to avoid or can't use hormonal contraception



Are using a period tracker, or less effective fertility awareness based method



Are not using birth control or rely on the pull-out method

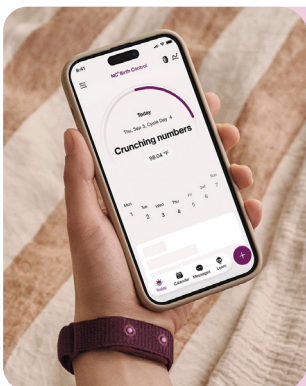
Indicated with people 18 years and older

How NC° Birth Control works



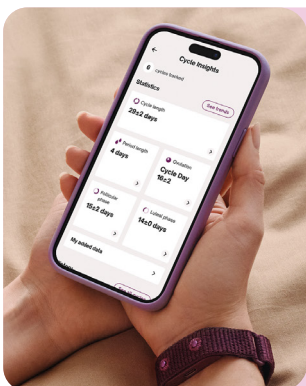
01

Temperature data captured while you sleep



02

Data automatically syncs to the NC° app



03

Check NC° app for your daily fertility status

The NC° app is compatible with other wearables, including: Oura Ring, Garmin, WHOOP, and Apple Watch

One app for lifelong wellness — from birth control to perimenopause



NC° Birth Control

Prevent pregnancy naturally



NC° Plan Pregnancy

Pinpoint your peak fertility



NC° Follow Pregnancy

Monitor your pregnancy



NC° Postpartum

Support your recovery after birth



NC° Perimenopause

Navigate the menopausal shift

Trusted by over 6 million users worldwide²

99% of users

said they are **happy**
about making the switch
to Natural Cycles

98% of users

said Natural Cycles helped
them **understand their body** better

² Natural Cycles User Survey (February 2024), N: >2200 Cyclers.

Typical and perfect use effectiveness substantiated by 5 peer-reviewed studies¹



Effective
Typical Use



Effective
Perfect Use

NC° Birth Control is in the same effectiveness category as oral contraceptives²

Condom



87%

The Pill



93%

NC° Birth Control



93%

IUD



>99%

How regulated digital contraception compares to period trackers

	NC° Birth Control	Flo	Clue
FDA-Cleared Birth Control On the Market	✓	✗	✗
Published Birth Control Effectiveness	✓	✗	✗
Confirms & Predicts Ovulation	✓	✗	✗
Wearable included with Annual Plan	✓	✗	✗
Available by Prescription	✓	✗	✗

¹ Sources: 1: Berglund Scherwitzl, E. et al. (2016), Eur J Contracep Repr, 21(3), 234–241.

2: Berglund Scherwitzl E, et al. (2017) Contraception, 96:420–5. 3: Bull, J et al. (2019) BMJ Open, 9:e026474. 4: Pearson, JT et al. (2021) J Womens Health (Larchmt). 30(6):782-788. 5: Pearson, JT et al. (2021) Eur J Contracep Reprod Health Care. 26(2), 105–110.

² Contraceptive Technology (Table 5-2). 22nd Edition, 2023

Get Started with NC° Birth Control Today!

- * You can get started for as little as \$0 out of pocket
- * Ask your doctor for a Natural Cycles prescription sent directly to Fuze Rx
- * Fuze Rx will send 12-month activation code to get started

