



NC[°] Birth Control

From Natural Cycles[°]

The only digital contraceptive clinically proven to be 93% effective with typical use.

The first & only FDA-cleared digital contraceptive on the market

93% effective with typical use,
98% effective with perfect use

Hormone-free

Covered by
insurance

How it works

01

NC° Band collects
biomarker data



The NC° app is compatible with
other wearables, including:

- Oura Ring
- Garmin
- WHOOP
- Apple Watch

02

Data automatically
syncs with NC° app



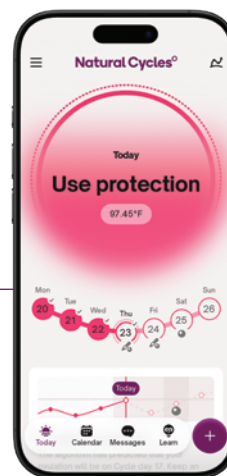
03

Daily fertility status is calculated
& displayed in NC° app



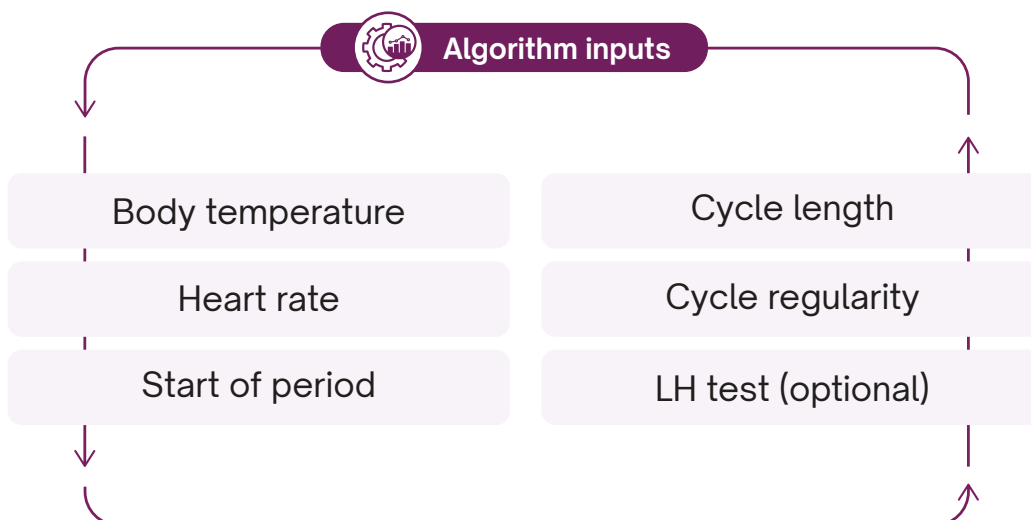
Green Days
represent "Not
Fertile" days

Red days
represent fertile
days. Users
prompted to
"Use Protection"
or abstain



NC° Fertility Algorithm

Algorithm analyzes temperature, heart rate and cycle data for a personalized approach
in determining fertility status.

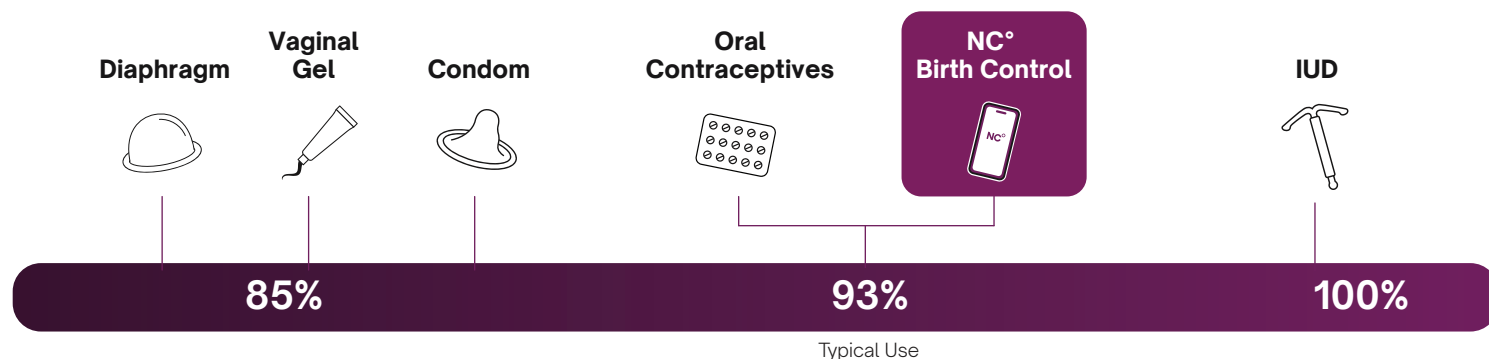


- * Algorithm predicts and confirms ovulation
- * Missing or varying temperature data does not impact effectiveness
- * Can be used with irregular cycles

Typical and perfect use effectiveness substantiated by 5 peer-reviewed studies¹



NC° Birth Control is in the same effectiveness category as oral contraceptives²



How regulated digital contraception compares to period trackers

	NC° Birth Control	Flo	Clue
FDA-Cleared Birth Control On the Market	✓	✗	✗
Published Birth Control Effectiveness	✓	✗	✗
Confirms & Predicts Ovulation	✓	✗	✗
Wearable included with Annual Plan	✓	✗	✗
Available by Prescription	✓	✗	✗

¹ Sources: 1: Berglund Scherwitzl, E. et al. (2016), *Eur J Contracep Repr*, 21(3), 234–241. 2: Berglund Scherwitzl E, et al. (2017) *Contraception*, 96:420–5. 3: Bull, J et al. (2019) *BMJ Open*, 9:e026474. 4: Pearson, JT et al. (2021) *J Womens Health (Larchmt)*. 30(6):782-788. 5: Pearson, JT et al. (2021) *Eur J Contracept Reprod Health Care*. 26(2), 105–110.

² *Contraceptive Technology (Table 5-2). 22nd Edition, 2023*

Suitable for a wide range of patients

Indicated for 18 years or older



Preferring to avoid, or are contraindicated for hormonal contraception



Currently using a period tracker, or less effective fertility awareness based method



Currently not using any form of birth control or using pull out method to prevent pregnancy

How to Prescribe



For Providers

Write Prescription to FuzeRx

- Search "Natural Cycles" in EHR.
- Use diagnosis code z30.8.
- Select FuzeRx formerly known as Alto Pharmacy (any location).
- Specify a 12-month duration.



For FuzeRx

Prescription fulfillment

- FuzeRx will verify insurance coverage.
- A Prior Authorization (PA) may be required.
- If your patient's insurance does not cover Natural Cycles, FuzeRx will offer a patient assistance program at no charge for a 12 month subscription.



For Patients

What Patients Can Expect

- Patients will receive a text message from FuzeRx Pharmacy within 1-5 business days.
- They must create a FuzeRx account to verify their email.
- An email will be sent with a 12-month Natural Cycles subscription activation code.
- Patients download the Natural Cycles app and use the activation code to get started.

- For a faxed prescription, patients' full name and phone number must be included and faxed to 415-484-7058.
- For questions regarding the PA, please contact FuzeRx at 1-800-874-5881.
- For more information and helpful FAQs, visit: www.naturalcycles.com/prescribe.

NC° Band included with 12 month subscription

For more information, scan the QR code



NC° Band

