

PRE-OPERATIVE INSTRUCTIONS & REMINDERS

Dr. Raj Plastic Surgery
Surgery Center of Dallas
7777 Forest Lane, Suite C820
Dallas, TX 75230
(469) 301-1725

ARRIVAL & LOCATION

Please arrive at the Surgery Center at your specified arrival time on the day of surgery. Plan to arrive approximately one hour prior to your scheduled procedure unless otherwise instructed. Late arrival may result in cancellation or rescheduling.

Dr. Raj will meet with you prior to your procedure to answer any final questions and to mark the surgical site.

PRESCRIPTIONS

Please fill all prescribed medications prior to or on the day of surgery.

If you encounter difficulty obtaining prescriptions, notify our office immediately.

FASTING INSTRUCTIONS

Drink plenty of fluids the day before surgery.

Do NOT eat or drink anything after midnight the night before surgery.

You may brush your teeth and gargle the morning of surgery, but do not swallow water.

PERSONAL PREPARATION

Shower with antibacterial soap (such as Dial or Hibiclens) the night before and the morning of surgery, including washing your hair.

Do NOT shave the surgical area.

Do NOT wear makeup, lotion, deodorant, nail polish, or jewelry.

Wear clean, loose-fitting clothing that does not need to be pulled over your head (button-down or zip-up preferred). Avoid tight clothing.

Do not wear contact lenses to surgery. Bring a case for glasses or contacts.

TRANSPORTATION & AFTERCARE REQUIREMENTS

You must arrange for a responsible adult (18 years or older) to drive you home after surgery and remain with you the first evening.

You will not be released to Uber, Lyft, taxi, or other ride-share services.

Failure to arrange proper transportation and supervision may result in cancellation of surgery.

WHEN TO CONTACT OUR OFFICE

Clinic Phone: (469) 301-1725

Office Hours: Monday–Friday, 8:00 a.m.–5:00p.m.

For after-hours concerns, call (469) 301-1725 and ask for the Plastic Surgeon on call.

FINAL REMINDERS

Review your post-operative instructions in advance.

Confirm prescriptions are filled.

Ensure lab work and clearance are completed.

Arrange proper transportation and supervision.

Failure to follow these instructions may result in cancellation or postponement of your procedure.