

BUILDING A SURVIVOR-INFORMED TRAINING ASSESSMENT FRAMEWORK

The most important aspects of trauma-informed care according to survivors of sexual and labour exploitation in Kenya

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INTRODUCTION

- Kenya is a country of **origin, transit and destination** in trafficking in persons
- **Pervasive social norms** influence how survivors are perceived and treated
- Current lack of trauma-informed care in Kenya, leading to **unsafe and disempowering situations** when survivors disclose and discuss trafficking

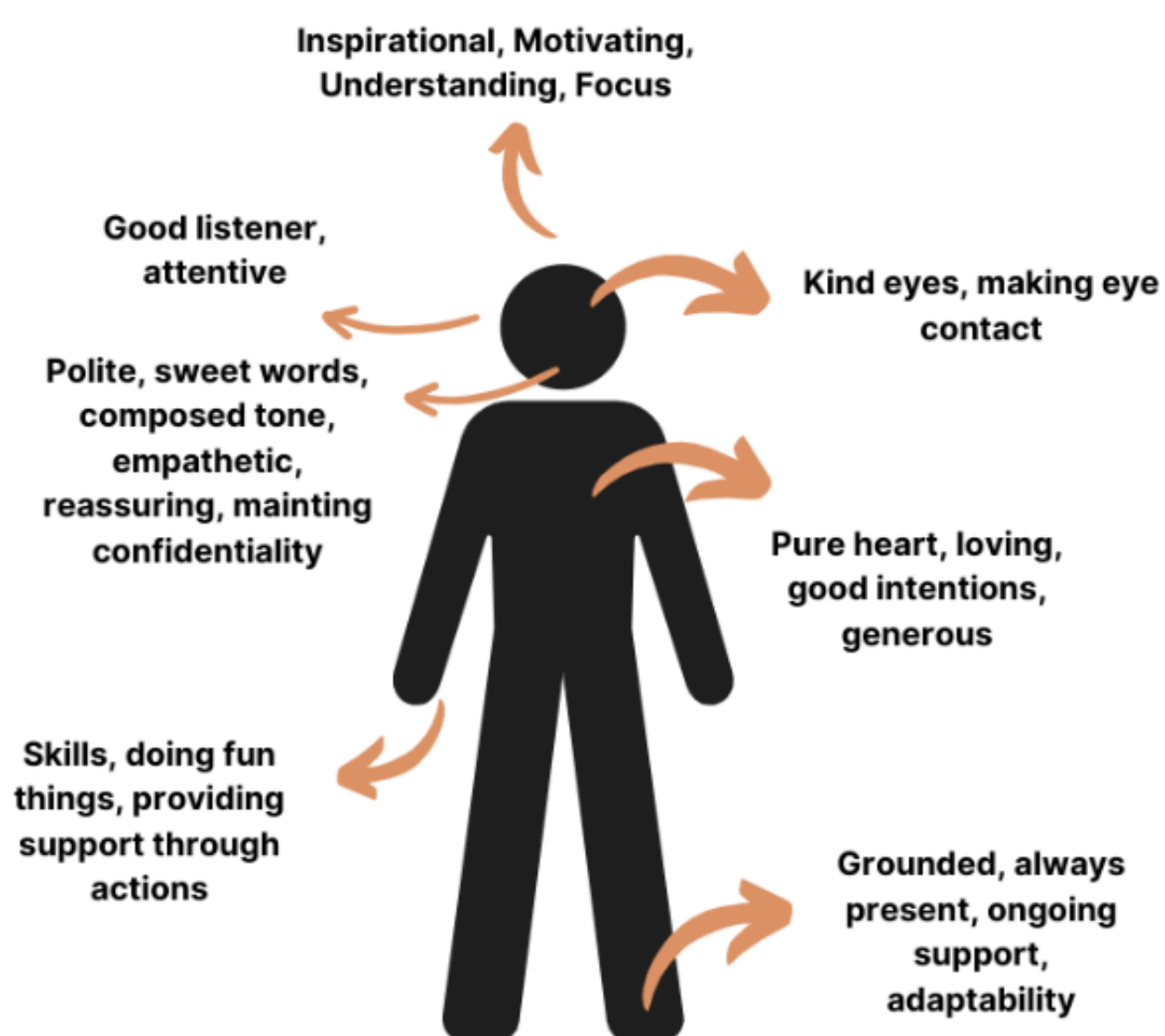
OBJECTIVES

- Seed funding from the Human Trafficking Research Initiative to:
- Explore what **elements** of trauma-informed care survivors deem **most important**
 - Explore **how to measure** improvement of trauma-informed care in training
 - Build a **survivor-informed training assessment framework**

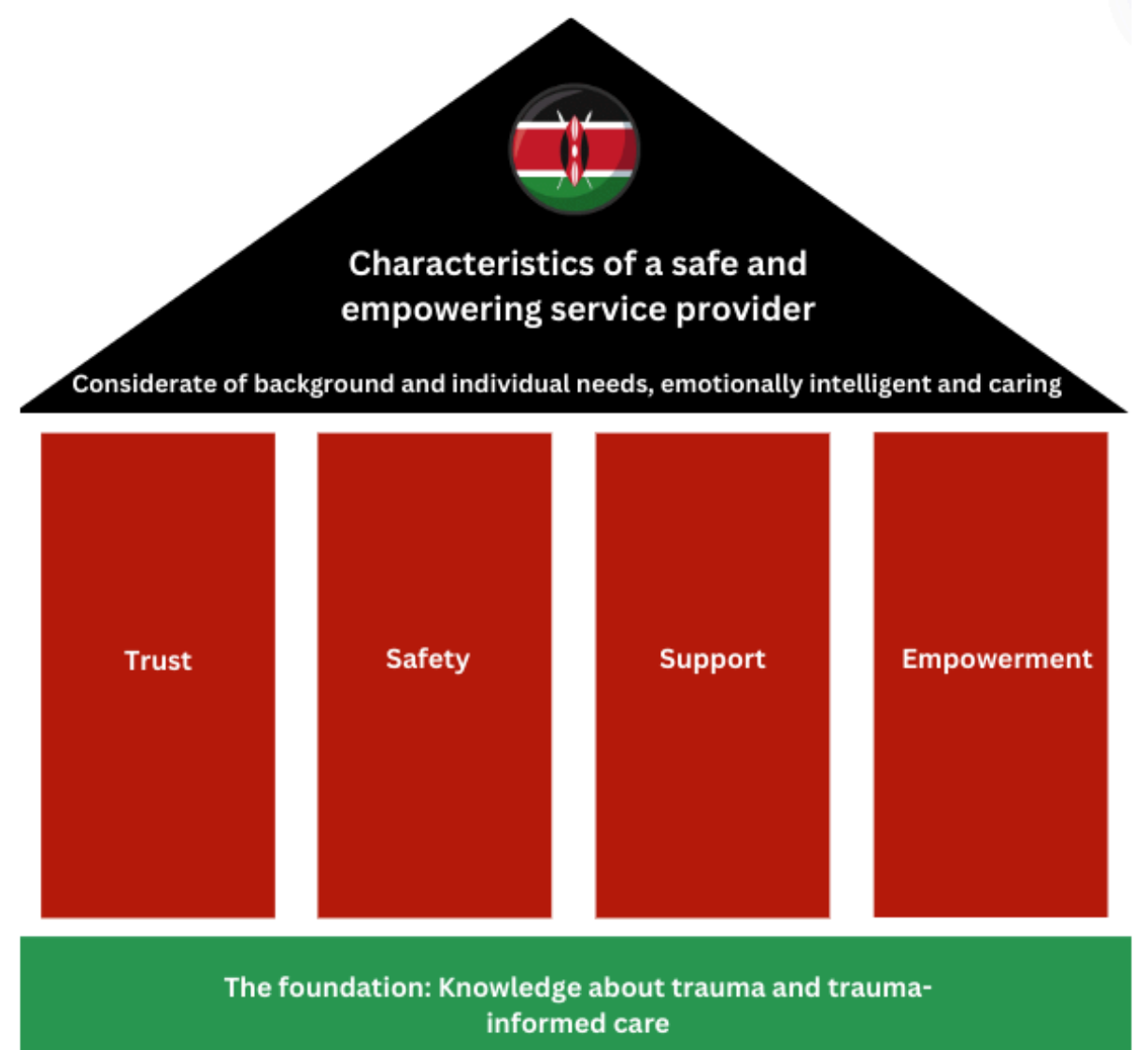
METHODOLOGY

- Small group interviews with 10 young adult survivors (average age of 22)
- 9 young women, 1 young man
- Kenyan coast: Kilifi and Kwale County
- Activity-based interview
- Analysis based on the six principles of trauma-informed care of the Substance Abuse and Mental Health Service Administration

BODY MAP OF CHARACTERISTICS THAT FACILITATE HEALING



PROPOSED KENYA MODEL OF TRAUMA-INFORMED CARE



CONCLUSION

- A **supportive and empathetic environment** that contributes to trust and safety is crucial for healing
- The six principles were all deemed relevant, but survivors shared **nuances and additions**
- **Pre- and post-training questionnaire** is the most straightforward and efficient

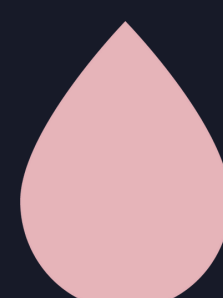
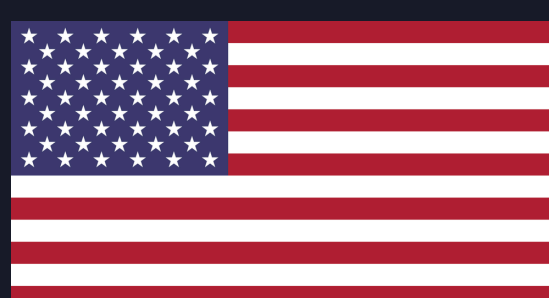
IMPLICATIONS

- The new proposed model can be used as the **foundation to design** pre- and post-questionnaires
- **Training is needed** on different levels, from local to national level
- There is a need to have **more cultural understanding** of healing from trauma

RECOMMENDATIONS

- **Engage survivors** in how to assess improvement in trauma-informed care
- Questionnaire should be based on **direct input** by survivors for (cultural) relevance
- Training should be based on **identified characteristics facilitating healing**

Questions?
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