

Hydrafacial Post-Treatment Aftercare

Please avoid the following for THREE DAYS after your Hydrafacial:

- Facial waxing or laser hair removal services
- Retin-A, Renova, Differin, Tazorac
- Any products containing retinol, alpha-hydroxy acid (e.g. lactic acid, glycolic acid, etc.), beta-hydroxy acid (e.g. salicylic acid), or benzoyl peroxide
- Any exfoliating products that may be drying or irritating
- Direct sun exposure
 - **NOTE:** Your skin will be more susceptible to sunburn, sun damage and hyperpigmentation after any professional exfoliation service. It is very important to wear an SPF 30 for at least the next 3 days and limit sun exposure between 10am and 2pm.

Common reactions that may occur after your Hydrafacial:

- Because Hydrafacial utilizes both physical and chemical exfoliation, it is common to experience some redness after your treatment. Any and all redness should subside within 24-48 hours.
- Normal to dry skin types may experience dryness for a few days after the treatment, again, due to the level of exfoliation provided. Talk to your esthetician about which hydrating serums or creams may be best for your skin type during this time.
- Although rare with Hydrafacial, some people experience a slight flaking of the skin a few days after the treatment. This is a normal response to professional exfoliation.
- **If you have any unexpected reactions after your procedure, please call our office immediately at 818-848-0590.**

Recommended Products: Please see your esthetician for a customized regimen post procedure.