

Post Care For Pulsed Light Based Treatment

What should I expect after my treatment?

Immediately **after IPL Photofacial treatment**, there may be some mild redness and swelling, which is easily covered with makeup. Patients are able **to return to work** or **to resume** their normal activities right away. Some discoloration may be seen in the areas treated, and these areas will flake off within one to two weeks.

Side Effects:

Serious complications are rare, but possible. Common side effects include temporary redness and mild “sunburn” like effects that may last a few hours to three or four days even longer. Treatment of benign pigmented lesions and vascular lesions cannot be accomplished without producing some epidermal damage and this may take two or three days to resolve.

Pigment changes (light or dark spots on the skin) lasting 1-6 months or longer may occur. Freckles may lighten and/or temporarily or permanently disappear in treated areas. There is a likelihood of coincidental hair removal when treated pigmented/vascular lesions in hair bearing areas.

Other potential risks include:

- Blistering
- Crusting
- Itching
- Pain
- Bruising
- Skin whitening
- Skin darkening
- Burns
- Infections
- Scabbing
- Scarring
- Swelling
- Failure to achieve desired result
- Intense light can cause eye injury if protective eyewear is not worn properly.
- Sun exposure or use of tanning lamps or self tanning creams are not recommended to use 24-48 hours after treatment.
- Hair follicles generally grow at angles within the skin, it is possible it can affect follicles that are not directly in the beam’s path.