

## **Pretreatment Instructions: Fractional CO2 Laser Resurfacing**

### General Expectations:

For optimal results you may need to pretreat two weeks prior to the procedure with Regenerating Skin Nectar and pigment suppressing cream.

If you suffer from cold sores, Dr. Orloff will prescribe a medication that prevents an outbreak.

Following the treatment, you will need to limit sun exposure and follow the recovery regimen (as well as cooling and such)

Following your recovery, you will notice immediate results, but improvement continues over the next several months.

### Time Frame For Pretreatment

1. Two weeks prior – begin using Regenerating Skin Nectar and Pigmentation Suppression Cream nightly
2. Two days before – Valtrex if you get cold sores
3. Day of treatment – Take medicine prior to coming in for treatment.