

# THE JOURNEY

“Truth suffers, but never dies.”- St Teresa of Avila

The Fourth Sunday of Ordinary Time  
January 28, 2024



## Pastor

Reverend Frank John Latzko

## Address

1037 W. Armitage Ave.  
Chicago, Illinois 60614

773-528-6650

## Weekend Mass Schedule

**Saturday** 6 PM French Mass

**Sunday** 10 AM, 12 PM, 6 PM

## Daily Mass Schedule

**Wednesday** - 8:00AM

## Baptism, Reconciliation, Anointing

Please call the office to arrange or email  
[cgioia@stteraparish.org](mailto:cgioia@stteraparish.org)

## Eucharistic Adoration

Tuesdays- 6 PM to 7:30 PM

## Office Hours

Weekdays: 9 AM - 7:30 PM

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

## Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

### RCIA (Rite of Christian Initiation for Adults)

[teresa.church/rcia](http://teresa.church/rcia)

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

### Lectors

[teresa.church/lectors](http://teresa.church/lectors)

Email [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com) for more information.

### Eucharistic Ministers

[teresa.church/eucharistic-ministers](http://teresa.church/eucharistic-ministers)

Email [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com) for more information.

### Pastoral Council

[teresa.church/pastoral-council](http://teresa.church/pastoral-council)

Represent the parish and help advise the pastor in our mission and vision for our community.

### Finance Council

[teresa.church/finance-council](http://teresa.church/finance-council)

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.

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## Interested in Joining Our Parish?

Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community?

Fill out the below form and drop it in the collection basket or join online at [teresa.church/join](http://teresa.church/join).

Name

Email

Phone

Address

Ministries of Interest

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

## Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln park area, and the city of Chicago.

### Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with

Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

### Night Ministry

Support our partnership with The Night Ministry by providing sack suppers to the homeless. Participation is easy and safe! For more information and to sign up, please contact Susan Matejka at [smatejka@hpschicago.com](mailto:smatejka@hpschicago.com).

### Loaves and Fishes Dinner

[teresa.church/loaves-and-fishes](https://teresa.church/loaves-and-fishes)

Weekly soup kitchen feeding and sitting with people in need of a meal.

### La Posada Border Ministry

[teresa.church/border-ministry](https://teresa.church/border-ministry)

Travel to the border to help and understand those seeking asylum.

### Food Pantry

[teresa.church/food-pantry](https://teresa.church/food-pantry)

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.

### Care for Creation Ministry

[teresa.church/care-for-creation](https://teresa.church/care-for-creation)

Our mission, an authentic social and moral commitment, is to educate and inspire our parish to accept the health of the planet and all creation as a personal and communal responsibility, thereby instilling a desire to make choices that result in actions for the stewardship of God's creation.

## Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

### Women's Spirituality

[teresa.church/womens-spirituality](https://teresa.church/womens-spirituality)

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

### Men's Spirituality

[teresa.church/mens-spirituality](https://teresa.church/mens-spirituality)

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email [cdeanhockey@gmail.com](mailto:cdeanhockey@gmail.com) to get the link and join.

## Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

### Religious Education

[teresa.church/religious-education](https://teresa.church/religious-education)

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array of programs to meet the needs of our children.

## Communauté Catholique Francophone de Chicago

[teresa.church/french-community](https://teresa.church/french-community)

St. Teresa's is home to a wonderful and vibrant French community.

## This Sunday's Readings:

First Reading: Deuteronomy 18:15-20

Moses tells the people that God will raise up for them a new prophet.

Second Reading: 1 Corinthians 7:32-35

Paul expresses his concern that those who are married are more likely to face the distractions of earthly life than those who are celibate.

Gospel Reading: Mark 1:21-28

Jesus heals a man with an unclean spirit and his fame spreads throughout Galilee.

## Feasts and Saints:

1/31- St. John Bosco, Priest

2/2- The Presentation of the Lord

2/3- St. Blaise, Bishop and Martyr



## Financials: December 2023

	FY24	FY23
Basket/Mail In:	19,539	22,696
Give Central:	37,281	32,569
Total:	THIS YEAR	PREVIOUS YEAR
	\$56,820	\$55,265
	\$1,555	

## Reflections for Today:

Reflecting on Jesus' teaching style, how can I make my own faith sharing more relatable and grounded in real-life experiences?

In what ways can I incorporate Jesus' method of simple and clear communication of the truth into my daily interactions?



## Stewardship:

“Brothers and sisters: I should like you to be free of anxieties.”- 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word “pray” instead of the word “worry” in the future. Then spend your time praying instead of worrying.

## December Weekly



## From Fr. Frank:

I woke up today to glorious Roman sunshine, wanting to find a church that celebrates Mass in English, not easy to find. I was set on one particular church but looked on the web for some ideas and came across a remarkable gem: the Caravita Community at St. Francis Xavier church. The experience was fantastic. Changing directions in life means discovering God in new ways and new places.

The congregation was a mix of Christian denominations and a group of about 50 Muslims. Talk about diversity!!! Today begins praying for Christian unity week in the various Christian churches. An Anglican bishop was at the celebration. The president was an archbishop from Canada, a Jesuit I believe, who gave a superb homily about being open to new directions, changing one's mind about the direction one's life is taking.

Jonah was stubborn and couldn't believe God would offer mercy to horrible pagan sinners. Jonah certainly changed directions, but in the wrong direction, away from Nineveh and to a ship sailing far from where God called him to go. He ended up in the belly of a big, huge fish! After the fish got indigestion and through him up on the shore, Jonah changed course, and went where God wanted him to go: to Nineveh to preach His mercy. When the people actually repented and God forgave them, Jonah was still upset with God.

How stubborn we can be as we try to limit God's love. Jesus called the first disciples to change the direction their lives were taking as fishermen and start fishing for a different kind of fish: human beings!! Christ was sending them into the world, to all countries and cultures. We are being called to do no less in our own day: the Eucharist is always sending us into our daily lives to live the gospel in our work, careers, culture, recreation, and family.

In doing so, we will invariably be called to travel down new pathways, trusting that God will lead us to where we are supposed to be. This journey may involve changing geographically, physically, but most likely these "course changes" will occur in the heart. Interior journeys occur when we change perspectives, ways of thinking, which open new doors within our hearts, expanding how we love... expanding how we see God's mercy.

Buon Giorno!!!

## Presentation of the Lord February 2nd:

The Presentation of the Lord is celebrated forty days after Christmas, marking the day that Mary and Joseph would have brought Jesus into the Temple.

Jesus' presentation in the Temple reflects how he fulfills the Old Covenant. According to Old Testament law, a sacrifice had to be offered in the Temple when a child was consecrated to the Lord. Mary and Joseph honor this tradition.

“God enters the temple not as a powerful ruler but as a little child in his Mother’s arms. The King of glory comes not with a show of human force and power, not with a great fanfare and noise, not causing fright and destruction. He comes into the temple as he came into the world, as an infant in silence, in poverty, and in the company of the poor and the wise.” – Pope John Paul II



## St. Blaise Feast Day February 3rd:

Patron Saint of of throat illnesses, animals, wool combers, and wool trading.

Blaise lived so long ago that we know nothing about his early life. We do know that he was a both a doctor and a bishop in the area that is today either Armenia or Turkey. In the beginning of the fourth century, Christians were being persecuted by the Romans. The Roman Emperor believed that arresting and punishing important leaders like Blaise would prevent other people from becoming followers of Christ.

Blaise’s prison was a dark cave. One of the legends that is told about him is that wild animals came to the cave so that he could treat their wounds. It is said that a mother brought her young son to Blaise. The boy was choking on a fish bone. Blaise saved the boy’s life by saying a prayer and blessing him with candles crossed upon his throat.

Tradition tells us that the grateful mother visited Blaise’s in prison to bring him food and candles. During his time in prison, Blaise was sentenced to death. He was martyred in the year 316.

St. Blaise is the patron saint of people with diseases of the throat. On St. Blaise’s feast day, many parishes bless the throats of their parishioners in a special ceremony. Two unlit candles are held next to each person’s throat as the priest or deacon says, “Through the intercession of Saint Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness: In the name of the Father, and of the Son, and of the Holy Spirit.”



## 2024 Contributions Statements:

To request a copy please email:

[cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org)



## Refugee Ministry Update:

Huge THANK YOU for all of those who bought items and/or gift cards over the Advent Season to help our refugee families.

St. Teresa's currently has 4 refugee families that our parishioners visit on a weekly basis. In addition, we just welcomed a family of 8 from Afghanistan last week. The items you purchased help us set up as add basic living supplies to the family who just moved here. A special THANK You to those parishioners who came on the day of the move, and assisted loading the items in the car, and then moving all of the items into the apartment and helping to set up and organize the apartment. We were able to meet a few of the family members as they first walked into their new home after waiting for 9 years to come to the United States. Despite how tired they were from the journey, they greeted us with huge smiles and words of gratitude.

We will be gathering more supplies again during the Lenten season so that we can welcome another family in the coming months. Please watch the bulletin for updates. If you are interested in working with a refugee family on a weekly basis, reach out to [Kristen@rlcanning.com](mailto:Kristen@rlcanning.com) for more information.

## Dinners for Migrant Families

St. Clement Parish is partnering with Catholic Charities to reopen the Madonna House in Rogers Park for migrant women and children who have been victims of domestic abuse (<https://www.clement.org/resources/catholic-charities-madonna-house>). We are partnering with ICSJ and St. Josaphat's to provide Wednesday dinners to these families, beginning January 31st. We are looking for volunteers to sign up to make meals at home and drop them off at the St. Joseph Parish Center (1107 N Orleans) on Wednesdays before noon. This is a great opportunity to cook with your family or your friends to help those in need. Initially, we will prepare dinner for 20 people (15 adults and 5 children). Looking ahead, the number of residents at Madonna House will likely increase. Meals should include a main dish and side and be in foil or other containers that can be reheated. You can sign up via Meal Train here: <https://www.mealtrain.com/trains/qkdyzr/>.

If you have any questions or comments, or if you can cook but need help delivering the meals, please contact Barb McHugh ([bmchugh@stteresaparish.org](mailto:bmchugh@stteresaparish.org)).

Thank you so much for your support!!!



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## Bible Education: Returns January 7th, 2024

“A Biblical Walk Through The Mass” Join us, on Sunday at 8:50 – 9:50 am OR 4:40 – 5:40 pm, as we explore the rich biblical roots of the Liturgy and learn what our words, gestures, and rituals mean and why it all matters. Sign Up or Questions? Email Debbie at [dbichimer@gmail.com](mailto:dbichimer@gmail.com)

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## Join Us For Hospitality

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>

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## Food Pantry

In an attempt to reduce the use of plastic bags, the Food Pantry is always in great need of **DOUBLED PAPER GROCERY BAGS WITH HANDLES**. Please drop off at the parish office or at the pantry. Help our Food Pantry by donating cans of **HEARTY SOUP** or **BOXES OF CEREAL**. Please bring to Mass each week to be Presented during The Presentation of the Gifts. **Note:** We only ask for soup and cereal as most items needed come from the Greater Chicago Food Depository. Thank You!



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## Loaves and Fishes:

Hello St Teresa Parishioners,

As the weather turns colder our Loaves and Fishes Ministry is looking for any new and gently worn coats for our guests. Men's large and x large are in the highest demand and the warmer the better!

Call the Parish Office to arrange drop off- 773-528-6650

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## Calling All Those Who Enjoy Cooking!

Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and their helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment one Friday a month, you'll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia [cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org) Thank you!

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## Save the Date:

Cuisine du coeur 2024

Sunday March 10th





## Mass Intentions

10AM - Raul Roberto Montes (D)

12 PM - Parishioners of St. Teresa of Avila Living and Deceased

6 PM - Parishioners of St. Teresa of Avila Living and Deceased

## Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for everyone who suffers from illness of mind or body.

We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators of sexual abuse.



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## Sunday Funday: January 28th:

Today is- Blueberry Pancake Day and National Pediatrician Day

1813- Jane Austen's *Pride and Prejudice* was first published.

1958- The Lego Company patented the design of its Lego bricks.

1986- Space Shuttle Challenger 10 exploded 73 seconds after liftoff, killing astronauts Michael J. Smith, Dick Scobee, Ronald McNair, Ellison Onizuka, Gregory Jarvis, Judith Resnik and schoolteacher Christa McAuliffe.

I touch the future. I teach.

- Christa McAuliffe

## Upcoming Mass Schedule

Sunday 2/4 10am- Fr. Udovic

Sunday 2/4 12pm- Fr. Udovic

Sunday 2/4 6pm- Fr. Udovic

## Daily Prayer for Today:

Lord our God, we come into your presence and ask you to help us. Help us in every part of our lives, even when we do not understand. Be with us with your Spirit. Guide and lead us with your hand. Let your will be done in all things, even if we must bear suffering. Your will is for good alone and you will set everything right. Help us. Bless us through your Word, through everything we are allowed to hear from you, our God and our Father. Amen.



## Please Make Your Gift to the 2024 Annual Catholic Appeal Together at the table

Many families in our parish will be receiving the Annual Catholic Appeal mailing from Cardinal Cupich. On behalf of those served by the ministries, parishes, and schools that receive funding from the Appeal, we thank you for your gifts.

Please return your response as soon as possible.

The Annual Catholic Appeal offers a wonderful opportunity to answer the call “Together at the table.”

In addition to providing for ministries and services throughout the archdiocese, the Appeal also funds services that are of great help here in our parish.

As we contemplate God’s many gifts to us, we should also reflect on our gratitude.

Your financial support for the work of our parish, our archdiocese, and the Church throughout the world is one way to express this gratitude.

Please give what you can to the 2024 Annual Catholic Appeal.





Together in Joy  
Committee invites  
you to

# Mardi Gras Bingo Night!

**FAT TUESDAY  
FEBRUARY**

**13<sup>th</sup>**

Festivities to begin at 6:30pm  
St. Teresa's Parish Center

**DRINKS, FOOD  
& PRIZES**

Includes beer, wine,  
soda, food, & FUN!

# Parish Contacts

## Staff

**Fr. Frank Latzko**

Pastor

[frfrankjohn56@gmail.com](mailto:frfrankjohn56@gmail.com)

**Charisse Gioia**

Office Manager/Technology Coordinator/  
Bulletin

[cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org)

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

**Mark Neuhengen**

Director of Evangelization and  
Parish Mission

[mneuhengen@stteresaparish.org](mailto:mneuhengen@stteresaparish.org)

Mark is responsible for our Parish Evangelization and Ministry. Mark is a graduate from Loyola University Chicago, holds a masters in theology and has been with the parish since 2019.

**Barbara McHugh**

Religious Education

[bmchugh@stteresaparish.org](mailto:bmchugh@stteresaparish.org)

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

**Carol Spalla-Malone**

Part-Time Business Manager

[cspalla@archicago.org](mailto:cspalla@archicago.org)

**Jason Krumwiede**

Director of Music

[musicalnut1@mac.com](mailto:musicalnut1@mac.com)

## Staff

Housekeeping

**Irma Saavedra**

**Sergio Mora**

Building & Facilities Manager

[smora@stteresaparish.org](mailto:smora@stteresaparish.org)

## Parish Council

**Anna Althoff- President**

[annamarialthoff@hotmail.com](mailto:annamarialthoff@hotmail.com)

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

## Finance Council

**Don Eldred- Chair**

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

## Stewardship Committee

**Dan Summins- Chair**

[dsummins@hotmail.com](mailto:dsummins@hotmail.com)

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

## Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: [www.teresa.church/bulletins](http://www.teresa.church/bulletins)

## How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.