

THE JOURNEY

“Truth suffers, but never dies.”- St Teresa of Avila

First Sunday of Lent
March 9, 2025



Pastor

Reverend Frank John Latzko

Address

1037 W. Armitage Ave.
Chicago, Illinois 60614

773-528-6650

Weekend Mass Schedule

Saturday 6 PM French Mass

Sunday 10 AM, 12 PM, 6 PM

Daily Mass Schedule

Wednesday - 8:00AM

Baptism, Reconciliation, Anointing

Please call the office to arrange or email
cgioia@stteraparish.org

Eucharistic Adoration

Tuesdays- 6 PM to 7:30 PM

Office Hours

Weekdays: 8:30 AM to 3:30 PM

Welcome

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

RCIA (Rite of Christian Initiation for Adults)

teresa.church/rcia

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

Lectors

teresa.church/lectors

Email eric.fredericks+lm@gmail.com for more information.

Eucharistic Ministers

teresa.church/eucharistic-ministers

Email eric.fredericks+lm@gmail.com for more information.

Pastoral Council

teresa.church/pastoral-council

Represent the parish and help advise the pastor in our mission and vision for our community.

Finance Council

teresa.church/finance-council

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.



Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community? Fill out the below form and drop it in the collection basket or join online at teresa.church/join.

Name

Email

Phone

Address

Ministries of Interest

Welcome

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln Park area, and the city of Chicago.

Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

Night Ministry

Support our partnership with The Night Ministry by providing sack suppers to the homeless. Participation is easy and safe! For more information and to sign up, please contact Susan Matejka at smatejka@hpschicago.com.

Loaves and Fishes Dinner

teresa.church/loaves-and-fishes

Weekly soup kitchen feeding and sitting with people in need of a meal.

La Posada Border Ministry

teresa.church/border-ministry

Travel to the border to help and understand those seeking asylum.

Food Pantry

teresa.church/food-pantry

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.

Care for Creation Ministry

teresa.church/care-for-creation

Our mission, an authentic social and moral commitment, is to educate and inspire our parish to accept the health of the planet and all creation as a personal and communal responsibility, thereby instilling a desire to make choices that result in actions for the stewardship of God's creation.

Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

Women's Spirituality

teresa.church/womens-spirituality

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

Men's Spirituality

teresa.church/mens-spirituality

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email cdeanhockey@gmail.com to get the link and join.

Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

Religious Education

teresa.church/religious-education

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array for programs to meet the needs of our children.

Communauté Catholique Francophone de Chicago

teresa.church/french-community

St. Teresa's is home to a wonderful and vibrant French community.

This Sunday’s Readings:

First Reading: Deuteronomy 26:4-10
Moses describes the offering of praise for God’s deliverance of Israel.

Second Reading: Romans 10:8-13
Paul teaches that we are saved by faith.

Gospel Reading: Luke 4:1-13
In the desert, Jesus is tempted by the devil.

Feasts and Saints:



Gospel Meditation: 1st Sunday of Lent

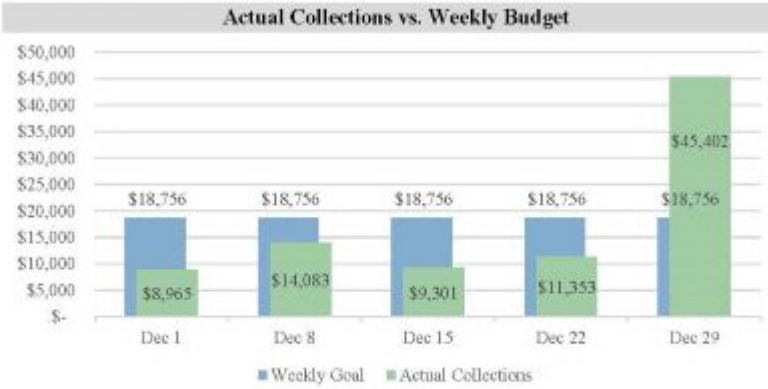
One of the most fascinating moments in American history is when George Washington could have become the king of the newly liberated United States and didn’t. At the height of his power and fame, on Dec. 23, 1783, he resigned his commission as Commander-in-Chief, and went home. The astonished King of England remarked that in doing so, Washington was “the greatest man in the world.” Greatness is often defined by what we could do but don’t. Greatness is measured by the temptations we overcome. Jesus’ greatness is revealed in his victory over temptations, too. The three offered him by the devil contain, we might say, all potential possible temptations: food, power and fame. They correspond to the triple human needs of body, soul and spirit. In overcoming these three, he says “no” in essence to every and even the greatest temptation. We see that every desire of his humanity – body, soul and spirit – is perfectly united to God, to love. This is a power available to each member of his body. It is the path to true greatness. How can we, who so easily fall into even small temptations, find the power to overcome large ones? By entering into the great dynamics of Jesus’ temptations.

Lenten challenge: This first week of Lent, list some concrete ways you can overcome temptations that correspond with your desires. For example, you may give up snacks between meals, choose not to participate in an activity of which you are an expert, and decide to reduce social media posting by 50%. It may not seem like much, but by saying “no” to the tyranny of food, power, and fame (in this example), you’ll discover true greatness.

— Father John Muir

Financials: December 2024

	FY25	FY24
Basket/Mail In:	46,835	19,539
Give Central:	39,177	37,281
Total:	THIS YEAR	PREVIOUS YEAR
	\$86,012	\$ 56,820
.	\$29,192	



Mark Neuhengen Gospel Reflection March 9th:

I always pay close attention to when the Holy Spirit is mentioned in the Gospels.

Our reading for the 1st Sunday of Lent is one example of this. We hear today that Jesus was “filled with the Holy Spirit” after his baptism and that the same Spirit led him into the Desert. We are connected with Christ and Christ’s disciples in many ways, but one important way is that we can be filled with the Spirit in the same way.

What does it look like to be filled with the Holy Spirit? There are entire books written on this subject but one way to think about it is that when we let the Spirit in, we

led the Spirit guide us. As we enter Lent, I invite you to take 15 to 30 minutes a day to sit in silence and see if anything arises in your heart. After sitting in silence, you may feel an invitation to connect with a friend you haven’t talked to in a while. A new way to deal with a seemingly hopeless situation at school or work may arise. You may think of a new way to serve God and God’s people either at St. Teresa or elsewhere.

Sometimes the Spirit leads us to spaces that feel like you’re moving ahead like the examples above. A relationship that is already loving becomes more loving or your work situation gets better.

The challenge is that sometimes when we take the leap to be with the Spirit, the Spirit sends us into some challenges. This has exactly happened to Jesus!

When he was filled with the Spirit, he was sent straight into the desert! So when you take time to be with the Spirit, you may be invited to reach out to a family member or friend with whom there feels to be a rift that is impossible to bridge. You may feel driven to participate in a small group or help out at a ministry or go to a Church in Chicago you otherwise would not have gone to.

You may feel drawn to a way you can make the world a better place. The Spirit does not always lead us to easy places but like Jesus, it can be places where we can encounter the living God.

On a side note, being filled with the Holy Spirit is one of the central parts of the Alpha program that St. Teresa runs three times a year. This is a series of conversations on the basics of the Christian life. We actually just started a new season of Alpha at the parish and we still have spaces. If you are interested in joining us on Monday nights reach out to me at mneuhengen@teresa.church or register on our website.



Gospel Reflections:

By Colleen Jurkiewicz Dorman

WHAT THE DEVIL DOESN'T HAVE

The devil knows all the rules. The devil knows all the Bible verses. He probably knows them better than you do (certainly better than I do).

He knows them so well that here, in today's Gospel, he thinks he can outsmart the Son of God. He thinks he can out-argue him.

See, the thing you need to know about the devil is that he could have a master's degree in theology. Maybe even a doctorate. But have you ever met a master's student, or even a doctoral one, who doesn't have a particular passion for what they're studying? I sure have.

The devil didn't rebel against God because he didn't understand God's will. He rebelled because he understood God's will perfectly — and he didn't like it.

The devil knows that Jesus is human, and so in today's Gospel he employs all the very best tricks he has for getting humans to break. Physical hunger. Insecurity and a desire for power. The yearning to appear learned and wise.

The devil will try these things with us, too — this Lent, and throughout our lives.

It doesn't work with Jesus, because, of course, Jesus is not just human. He can feel temptation, but he will not submit to it. But how are we supposed to do the same? We're not divine. We're just human.

Well, here's the thing. We may be only human, but as Christians, we have a secret weapon. (No, it's not a master's degree in theology. Some of you may have that, but it probably doesn't make you holier.)

We have a love of what the devil has renounced — those things belonging solely to God. Truth. Joy. Humility. Sanctifying sacrifice.

Let the love of those things carry you through this Lent, and beyond.



Stewardship Reflections:

Filling the Basket This Lent

Lent calls us into deeper everyday stewardship because it beautifully creates opportunities to be mindful of the call of Christ in even the most mundane moments of our day.

Many of us will participate in the time-honored tradition of doing penance, or “giving something up” for Lent. When we do this, we are mimicking the Israelites who filled their baskets with the first fruits of their harvest, “and having set them before the Lord, your God, (bowing) down in his presence” (Deuteronomy 26:10).

What are we going to bring before the Lord this Lent? What are our first fruits?

If you're struggling with ideas for how to “fill your basket,” it can help to come at the problem from the opposite side. Take a look at the six characteristics of Everyday Stewardship and think about the moments in your day when you fail to fulfill the virtues to which they call you.

What is keeping you from being mindful of the call of Christ throughout your day? I promise you, if you listen, you'll hear it more than once.

What is keeping you from being prayerful? When you have set your first fruits before the Lord, what keeps you from bowing down in His presence to finish the offering?

What keeps you from being grateful — especially of the small things that so often go unnoticed?

What keeps you from being gracious, from leaving people smiling as they walk away?

What keeps you from being committed and accountable? Where do your excuses come from and what makes you indulge them?



**THIS LENT
PLEASE SUPPORT OUR REFUGEE
MINISTRY**

On Ash Wednesday, we will post tags on the cross at the front of church with items to purchase in support of this ministry.

Recently, there has been a decline in new families arriving to be settled. However, the families already living here need our support. We are asking you to help us replenish basic household items for these families.

Purchased items can be returned to the church and placed in the large bins or brought to the Parish Office. Please bring your items in by March 30th

If you have any questions or would like to participate in distributing the items.

Please Contact
Kristen Castelloni (kristen@rlcanning.com) or
Barb McHugh (bmchugh@stteresaparish.org)



YOU ARE INVITED TO

**ST. PATRICK'S DAY
BINGO**

MONDAY, MARCH 17, 2025

PARISH CENTER	6:30 - 8 PM	\$20/ENTRY
BEER	SMALL BITES	FUN

THIS EVENT IS HOSTED BY THE TOGETHER IN JOY COMMITTEE.
SAVE THE DATE FOR THE NEXT GALA: SATURDAY, NOV. 8, 2025!





Spring Trivia

Join us for a BYOB Trivia night with Pizza

March 19
April 23
May 21

6 PM at St. Teresa of Avila





ST. TERESA OF AVILA
CATHOLIC PARISH • EST. 1997

Join Us For Hospitality:

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>

Food Pantry:

Food Pantry Needs

The United States Department of Agriculture (USDA) has partnered with The Greater Chicago Food Depository to increase the choices food pantries are able to receive each month. As a result, a variety of canned goods, nuts and dried/frozen fruit have been added to our deliveries. However, we continue to be in need of

INDIVIDUAL ROLLS OF WRAPPED TOILET PAPER.

It can be donated at Mass each week during the Presentation of the Gifts. Thank You for your generosity!

Welcome Committee:

The Parish Council is excited to announce the formation of a new Welcoming Committee here at St Teresa of Avila. We are looking for 2-3 people to help lead this initiative, and help us build a team of welcome volunteers for each mass. The task is simple, we need amazing volunteers that will greet all parishioners before mass with a friendly smile, a nice “hello”, and possibly help them find a seat! You may think we already do this, but it’s not consistent. Imagine walking into someone’s house and not being welcomed when you walk in the door, a place of business, or a restaurant. First impressions can be lasting impressions.

Please consider joining this committee because it’ll be fun and rewarding! If interested, please reach out to [Jessica Marx @ chicago2381@hotmail.com](mailto:Jessica.Marx@chicago2381@hotmail.com).

Loaves and Fishes:

The Loaves & Fishes ministry has been inviting guests indoors to enjoy their meal on Friday evenings.

We need volunteers to greet our guests, serve them, and clean tables. Volunteers are needed on Friday evenings from 3:30 to 6:00. If you cannot arrive by 3:30, just let us know when you sign up. You can sign up here - <https://signup.com/go/rBJiFSK>.

Calling All Those Who Enjoy Cooking!

Calling All Those Who Enjoy Cooking! Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment, you’ll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia

cgioia@stteresaparish.org

Thank you

Home Communion:

Please contact the parish office to request a home visit with a minister of care to bring the Eucharist to you.

Mass Intentions

10AM - Joyce Jaszczor (D) and Joseph Kachnik (D)

12 PM - Petronella Zeunert

6 PM - Parishioners of St. Teresa of Avila Living and Deceased

Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for those who suffers from illness of mind or body.

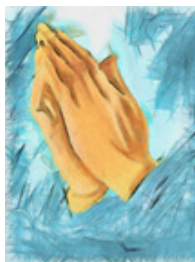
Frank O'Toole
Cynthia Rojas

We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators of sexual abuse.



Sunday Funday March 9th:

Today is Meatball Day and National Get Over It Day

1842- The first documented discovery of gold in California occurred at Rancho San Francisco, six years before the California Gold Rush.

1959- Barbie debuted. Barbie's appearance was modeled on a doll named Lilli, which was based on a racy German comic strip character.

2011- Space Shuttle Discovery makes its final landing after 39 flights.

Pepperoni is America's favorite topping, with 36 percent of all pizza orders!



Upcoming Mass Schedule

Sunday 3/16 10am- Fr. Frank

Sunday 3/16 12pm- Fr. Frank

Sunday 3/16 6pm- Fr. Udovic

Prayer for Lent

Dear Jesus,

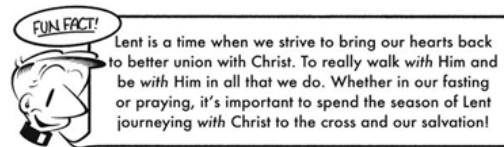
This is the first Sunday of Lent, and I want to commit myself more deeply to you this season. Inspire me with the Lenten penances you most desire, the ones that help me to grow ever nearer to you. Amen.



"Why did the athlete give up running for Lent?"



"She wanted to **walk** with Jesus."



Lent is a time when we strive to bring our hearts back to better union with Christ. To really walk with Him and be with Him in all that we do. Whether in our fasting or praying, it's important to spend the season of Lent journeying with Christ to the cross and our salvation!

CLP

Devotions, Explained!

The Sign of the Cross, Explained

“I claim you for Christ by the sign of his cross.” These words from the Rite of Baptism, spoken as the priest traces a cross on the infant’s forehead, perfectly communicate the significance of that simple, familiar action. In signing the cross, we claim ourselves again and again for Christ, unite ourselves with His sacrifice on Calvary, and confess his victory over death.

Christians have been making the sign of the cross since ancient times, as evidenced by writings from Tertullian, Hippolytus and St. Cyprian. The ritual action is not only an important component of formal liturgies and sacramental rites, but also a daily devotional practice whereby the faithful invoke the blessing and protection of God.

In the Latin rite, it is made either with a movement of the full hand from one’s forehead, breast and shoulders (going right to left) or with the thumb tracing the cross on the forehead, lips and breast.



Lenten Tuesday Evening Soup March 11th:

Stop by the Parish Center this Tuesday 6:00-7:30pm


and enjoy delicious bowl of soup!


There will be Eucharistic Adoration and Confession in the church during that time .

This week will be Chicken Noodle/Chicken Rice Soup.

There are sign up sheets in the back of the church if you would to volunteer to make soup or donate bread and cookies.





**The Bernardin Center**
AT CATHOLIC THEOLOGICAL UNION

**Catholic Theological Union**

SPRING SHAPIRO LECTURE
A Jewish Theology of the Church

MONDAY
March 24, 2025
RECEPTION | 6 PM
LECTURE | 6:30 PM - 7:30 PM
IN-PERSON AND ONLINE | CST

**SPEAKER**
Tzvi Novik
Abrams Jewish Thought and Culture Professor of Theology, University of Notre Dame

LEARN MORE:
CTU.EDU/EVENTS

Catholic Trivia Just for Fun

Question: What is the name of the first book of the New Testament?

Answer: Matthew.

Catholic Q&A

Lent

Question:

After attending our parish retreat and feeling much better and stronger about my faith, I want to make this Lent worthwhile. What can I do to keep the spirit and practice of Lent?

Answer:

You've already taken the first step by going on the parish retreat. It is important for us to "tune up" our faith, taking some time to renew ourselves through prayer, meditation and education. By deepening our knowledge and understanding of faith, we are often better attuned to its richness and meaning for our life.

Lent is an intense retreat, a forty-day period of reflection and penance that prepares us to celebrate the passion, death and resurrection of Christ. Our communication with God and our awareness of him is the purpose of prayer. Setting aside extra time each day helps intensify the season. Prayer includes daily Mass, Stations of the Cross, communal penance services and private confession. Making restitution for sin as well as disciplining our hearts and minds to focus on God is the purpose of penance. It helps us restore a sense of balance to our souls, thrown off kilter by sin. Penance includes personal sacrifice, self-denial, fasting, almsgiving and charitable works.

Finally, spiritual practices help us sharpen our understanding and insight into the meaning and understanding of our faith. When you take your faith seriously, you do what is necessary to follow Jesus more closely, to integrate your life and your faith more carefully.

CRS Rice Bowl

FIRST WEEK OF LENT

A RECOMMITMENT TO END HUNGER

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program.

Learn how people like you have made a local and global impact on the lives of our sisters and brothers in need and why our prayers and almsgiving are still needed today.

During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential.

We pray for the families in Nigeria, Guatemala and Bangladesh—whom we meet this Lent through CRS Rice Bowl—and for all families working hard to lead healthy and dignified lives.

We pray to the Lord ...

For Catholic faith communities across the United States who have been making a local and global impact through CRS Rice Bowl for 50 years, may we continue to be inspired through prayer, fasting and almsgiving to support our sisters and brothers in need.

We pray to the Lord ...



Staff

Fr. Frank Latzko

Pastor

frfrankjohn56@gmail.com

Charisse Gioia

Office Manager/Technology Coordinator/
Bulletin

cgioia@stteresaparish.org

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

Mark Neuhengen

Director of Evangelization and
Parish Mission

mneuhengen@stteresaparish.org

Mark is responsible for our Parish Evangelization and Ministry. Mark is a graduate from Loyola University Chicago, holds a masters in theology and has been with the parish since 2019.

Barbara McHugh

Religious Education

bmchugh@stteresaparish.org

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

Carol Spalla-Malone

Part-Time Business Manager

cspalla@archicago.org

Jason Krumwiede

Director of Music

musicalnut1@mac.com

Staff

Housekeeping

Irma Saavedra

Sergio Mora

Building & Facilities Manager

smora@stteresaparish.org

Parish Council

Anna Althoff- President

annamariealthoff@hotmail.com

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

Finance Council

Don Eldred- Chair

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

Stewardship Committee

Dan Summins- Chair

dsummins@hotmail.com

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: www.teresa.church/bulletins

How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.