

THE JOURNEY

“Truth suffers, but never dies.”- St Teresa of Avila

The Most Holy Body and Blood of Christ
June 22, 2025



Pastor

Reverend Frank John Latzko

Address

1037 W. Armitage Ave.
Chicago, Illinois 60614

773-528-6650

Weekend Mass Schedule

Saturday 6 PM French Mass

Sunday 10 AM, 12 PM, 6 PM

Daily Mass Schedule

Wednesday - 8:00AM

Baptism, Reconciliation, Anointing

Please call the office to arrange or email
cgioia@stteraparish.org

Eucharistic Adoration

Tuesdays- 6 PM to 7:30 PM

Office Hours

Weekdays: 8:30 AM to 3:30 PM

Welcome

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

RCIA (Rite of Christian Initiation for Adults)
teresa.church/rcia

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

Lectors
teresa.church/lectors

Email eric.fredericks+lm@gmail.com for more information.

Eucharistic Ministers
teresa.church/eucharistic-ministers

Email eric.fredericks+lm@gmail.com for more information.

Pastoral Council
teresa.church/pastoral-council

Represent the parish and help advise the pastor in our mission and vision for our community.

Finance Council
teresa.church/finance-council

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.



Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community?
Fill out the below form and drop it in the collection basket or join online at teresa.church/join.

Name

Email

Phone

Address

Ministries of Interest

Welcome

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln Park area, and the city of Chicago.

Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

Night Ministry

Support our partnership with The Night Ministry by providing sack suppers to the homeless. Participation is easy and safe! For more information and to sign up, please contact Susan Matejka at smatejka@hpschicago.com.

Loaves and Fishes Dinner

teresa.church/loaves-and-fishes

Weekly soup kitchen feeding and sitting with people in need of a meal.

La Posada Border Ministry

teresa.church/border-ministry

Travel to the border to help and understand those seeking asylum.

Food Pantry

teresa.church/food-pantry

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.

Care for Creation Ministry

teresa.church/care-for-creation

Our mission, an authentic social and moral commitment, is to educate and inspire our parish to accept the health of the planet and all creation as a personal and communal responsibility, thereby instilling a desire to make choices that result in actions for the stewardship of God's creation.

Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

Women's Spirituality

teresa.church/womens-spirituality

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

Men's Spirituality

teresa.church/mens-spirituality

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email cdeanhockey@gmail.com to get the link and join.

Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

Religious Education

teresa.church/religious-education

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array for programs to meet the needs of our children.

Communauté Catholique Francophone de Chicago

teresa.church/french-community

St. Teresa's is home to a wonderful and vibrant French community.

This Sunday’s Readings:

First Reading: “Blessed be Abram by God Most High, the creator of heaven and earth; and blessed be God Most High, who delivered your foes into your hand.” (Gn 14:19-20)

Psalm: You are a priest for ever, in the line of Melchizedek. (Ps 110)

Second Reading: For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. (1 Cor 11:26)

Gospel: Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. (Lk 9:11b)

Feasts and Saints:

- 6/24- The Nativity of St. John the Baptist
- 6/27- The Most Sacred Heart of Jesus
- 6/28- The Immaculate Heart of the Blessed Virgin Mary
- St. Irenaeus, Bishop, Martyr and Doctor of the Church



Gospel Meditation: The Most Holy Body and Blood of Christ

A Catholic friend of mine occasionally says, “The Eucharist is not a noun. It’s a verb.” In so saying, he is making the point that the Eucharist isn’t simply Jesus’ bodily presence given to us in holy Communion. It also manifests the dynamic pattern by which Christ actively loves and saves us. He teaches us to cooperate with that pattern. This Eucharist actually embodies four verbs: Jesus takes, blesses, breaks, and gives. Let’s consider each one.

He takes: Do we acknowledge that we are totally in God’s hands? Do we receive everything in our lives as a gift, and act responsibly with it?

He blesses: Do we actively reflect that Jesus makes us holy in our baptism? Do we embrace our bodies and souls as temples of God, worthy of love, peace, and joy?

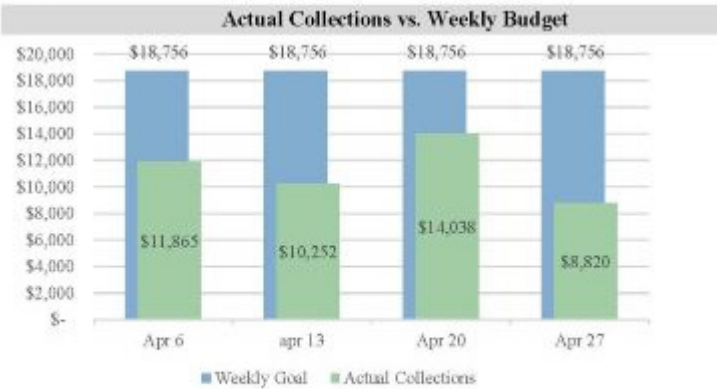
He breaks: Do we run from failure and disappointment, from getting old or being ignored? Are we too worried about getting hurt or sick? Do we embrace our sufferings with confidence?

He gives: Are we willing to make our lives a gift for others? Are we confident that we will always have enough love to give to others, that God will always provide enough for us? Do we rejoice in giving away what we have to others, expecting nothing in return? This is the dynamic life the Eucharist empowers us to live.

— Father John Muir

Financials: April 2025

	FY25	FY24
Basket/Mail In:	12,585	14,118
Give Central:	37,150	43,838
Total:	THIS YEAR	PREVIOUS YEAR
	\$49,735	\$ 57,956
.		\$(8,221)



Gospel Reflections:

By Colleen Jurkiewicz Dorman

BENEATH THE SURFACE

As the Day Was Drawing to a Close it isn't uncommon for me to get to the noon hour only to realize that I haven't yet eaten anything that day.

It drives my husband crazy. He was raised by a bunch of Italian women, so he can't help but think three meals ahead. And don't get me wrong, I love food — I literally dream of donuts. But some days, I'm just so busy and I keep putting it off until I realize how weak I feel, how light-headed. And I think to myself: Stupid, you've done it again.

This is what comes to mind today, on the Solemnity of the Most Holy Body and Blood of Christ, as I read the Gospel account of the miracle of the loaves and fishes.

I think of hunger, distraction and the poor planning of those who pride themselves on being capable.

"As the day was drawing to a close," it is written — that's when the disciples finally realized that 5,000 hangry people is not an ideal situation.

I wonder, did Jesus roll his eyes when they came to him, and think, "Finally"? At any point he could have pulled out a fish and said a blessing. But he waited for them to ask. He waited for them to realize how badly they needed it.

Sometimes we forget that we need the Eucharist. It's not just a nice thing to have, a sweet act of devotion, a sacramental item that bolsters our faith. The Eucharist is none of those things. The Eucharist is the food without which we will die. The Eucharist is something we must seek out. Remember: the day is drawing to a close.

Stewardship Reflections:

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

When I was a child, I can remember stopping by my parish or another local Catholic church to just spend some time in prayer before the Holy Eucharist. We didn't have exposition and adoration much in those days, but we were keenly aware of the presence of Jesus in the tabernacle. I would sometimes stare at the lighted candle near it and know that Jesus was alive.

I had never heard someone speak about a stewardship way of life back then. If I am honest, the primary message I heard in those days was along the lines of "We need to be as good as we are able." Sacrifice was only at Lent, disciples were people in the Bible, and generosity mostly had to do with the collection basket and the poor box at the church entrance. I even went to Catholic schools!

Maybe the message of stewardship was there somewhere packaged differently, and I just missed it. It wasn't until I was an adult, and after acquiring two theology degrees, that I understood both with my head and my heart what a stewardship way of life really meant. But I look back at those days, and I realize that the groundwork was laid for me to understand these things. It was those times before the Holy Eucharist that I began to understand true sacrifice. It was at those times that I began to understand how actions and realities that seem so simple to the human eye can be so profound. And it was at those times that I began to see true love knows no bounds.



ST. TERESA'S SPRING BLOOD DRIVE A HUGE SUCCESS!!!! THANKS TO YOU!!!!

Our annual **SPRING BLOOD DRIVE** took place on **PENTECOST** Sunday, June 8th in our parish center.

Thanks to our wonderful donors we met and surpassed our goal of 40 units by collecting a total of 43 units of life which will save over 130 lives.

Our donors are true hero's especially those donating Double Red units.

We are so thankful to all of them for sharing God's gift of life with others most in need.

We would like to thank our hospitality volunteers: Marie, Ella, and Mike for their warm and welcoming smiles.

We give thanks to our supporters of the blood drive for their donations:

* **ANNETTE'S HOME MADE ITALIAN ICE....** A first time sponsor

* **LUSH COSMETICS.....** Also a first time sponsor

* **HOME SLICE PIZZA.....** on Webster for their delicious pizzas

* **TRADER'S JOES.....**Lincoln Park on Clybourn for the beautiful flowers and the organic bananas

* **STARBUCKS** (Corner of Armitage and Sheffield) for their fresh hot coffee

* **ALDERMAN TIMMY KNUDSEN, 43rd WARD**

* **MARGARET CROKE, Illinois State Representative**

The mood of our blood drive was so peaceful as we were graced by 3 lovely violinists

Please save the date of Sunday, October 26, 2025 for our annual Fall Blood Drive

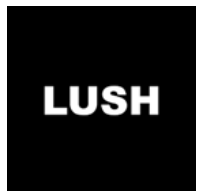
Remember to have at least 56 days between donations for whole blood donations and 112 days for Double Reds

May God bless all of you for being a light of hope when the world needs you the most.

Thank you,

Mark Buciak

Volunteer Blood Drive Director





Photos By: Chris Tomes

Join Us For Hospitality:

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>

Food Pantry:

Food Pantry Needs

The United States Department of Agriculture (USDA) has partnered with The Greater Chicago Food Depository to increase the choices food pantries are able to receive each month. As a result, a variety of canned goods, nuts and dried/frozen fruit have been added to our deliveries. However, we continue to be in need of

INDIVIDUAL ROLLS OF WRAPPED TOILET PAPER.

It can be donated at Mass each week during the Presentation of the Gifts. Thank You for your generosity!

Welcome Committee:

The Parish Council is excited to announce the formation of a new Welcoming Committee here at St Teresa of Avila. We are looking for 2-3 people to help lead this initiative, and help us build a team of welcome volunteers for each mass. The task is simple, we need amazing volunteers that will greet all parishioners before mass with a friendly smile, a nice “hello”, and possibly help them find a seat! You may think we already do this, but it’s not consistent. Imagine walking into someone’s house and not being welcomed when you walk in the door, a place of business, or a restaurant. First impressions can be lasting impressions.

Please consider joining this committee because it’ll be fun and rewarding! If interested, please reach out to [@ Jessica Marx @chicago2381@hotmail.com](mailto:Jessica Marx).

Loaves and Fishes:

The Loaves & Fishes ministry has been inviting guests indoors to enjoy their meal on Friday evenings.

We need volunteers to greet our guests, serve them, and clean tables. Volunteers are needed on Friday evenings from 3:30 to 6:00. If you cannot arrive by 3:30, just let us know when you sign up. You can sign up here - <https://signup.com/go/rBJiFSK>.

Calling All Those Who Enjoy Cooking!

Calling All Those Who Enjoy Cooking! Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment, you’ll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia

cgioia@stteresaparish.org

Thank you

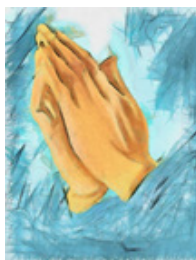


Mass Intentions

10AM - Alan Lindstrom (D) and Rose Ellen Larish (D)
12 PM - Parishioners of St. Teresa of Avila Living and Deceased
6 PM - Parishioners of St. Teresa of Avila Living and Deceased

Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for those who suffers from illness of mind or body.



We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators of sexual abuse.

Mass Schedule

Sunday 6/29 10am- Fr. Frank
Sunday 6/29 12pm- Fr. Alphonse
Sunday 6/29 6pm- Fr. Udovic

Prayer for the True Presence

Jesus,

What a gift we have in your True Presence: the assurance of your friendship, your company, your grace, your love. Increase our thirst for you as you, also, desire to draw closer to us. Amen.



Sunday Funday June 22nd:

Today is Chocolate Eclair Day and Onion Rings Day 

1911- George V and Mary of Teck were crowned King and Queen of the United Kingdom of Great Britain and Ireland.

1937- Joe Louis won the world heavyweight boxing title when he defeated Jim Braddock.

1969- Cleveland, Ohio's Cuyahoga River caught fire.

1976- Broadway – Godspell (Musical) opened on June 22, 1976

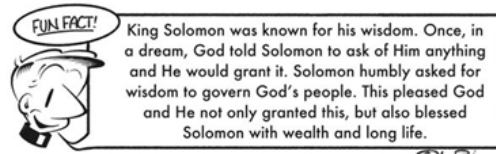
Falling coconuts are more lethal and kill more people every year than sharks.

Did you know that Star Trek was NOT filmed in space? This is why there is gravity and no one or anything ever floats.

"Where was Solomon's temple located?"



"On the side of his head."



Devotions, Explained!

Marian Consecration, Explained

Marian consecration, the act of consecrating oneself to Jesus through the intercession of his Blessed Mother, is actually rooted in the words of Jesus himself when he beseeched the Apostle John to look upon Mary as his mother (John 19:27) and to “take her into his own home.” He was actually instructing us all to do likewise — to “behold your mother” and take Mary into our hearts, for wherever she is beloved, Christ is known and praised.

St. Maximilian Kolbe described Mary as “the stairway to Heaven.” Marian consecration, therefore, could be likened to climbing the stairs. Different formulas exist for spiritual development in preparation for the consecration, based on the writings of saints like St. Louis de Montfort, and there are different prayers for the act of consecration. However, there is no “right” way to consecrate oneself to Jesus through Mary, so long as the ultimate goal is closeness to Christ and the glorification of God.



Catholic Trivia- Just for Fun:

Question: What does the celebrant say at the conclusion of each Mass?

Answer: “The Mass is ended, go in peace.”

Catholic Q&A:

Sign Before the Gospel

Question:

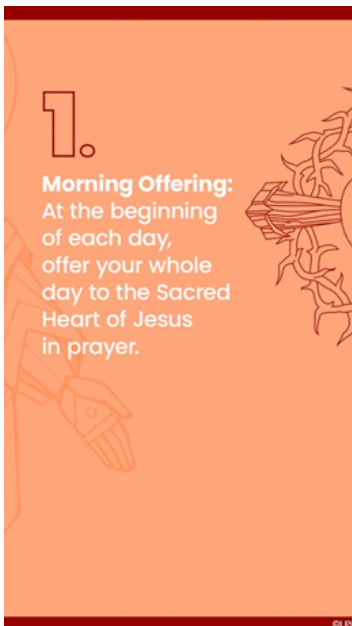
I have been going to Mass for years and have always wondered: why do we make the three signs of the cross before the Gospel?

Answer:

Certainly, many people go to Mass or other devotions, doing and saying things out of habit or reverence and not really understanding the reasons behind some of these things. But everything we do has a meaning or purpose that helps us to worship better, proclaim our beliefs, or focus the attention of the people on something that has a greater importance or significance. A review of the meaning of various gestures and practices can help us have a deeper appreciation for what we do.

There is a little prayer that goes with the three crosses before the Gospel: “May the words of the Holy Gospel be on my mind, on my lips and in my heart.” In standing to hear the Gospel, we acknowledge that Jesus is present, and the words of the Gospel are addressed to us. All of the gestures and special postures we adopt before the Gospel are intended to help us prepare for hearing the Word as well as act on it. The incense, the Alleluia, the deacon or priest, and the special dialogue and announcement that introduces the Gospel help us focus our attention on the Good News we are about to hear. The three signs of the cross show our desire and good intention to hear and live the Gospel.

The Most Sacred Heart of Jesus | June 27:



St. Irenaeus | June 28:

Can you imagine sitting at the feast of the Apostles?

St. Irenaeus was born in Asia Minor -- now Turkey -- and was tutored in Christianity by St. Polycarp, himself a disciple of St. John the Evangelist. Irenaeus caught the missionary zeal and became a priest sent to Gaul (modern day France).

Following a persecution by the pagan Roman emperor Marcus Aurelius, Irenaeus replaced the martyred bishop in the region. His trials were not over, however. The heretical sect of Gnosticism spread to Gaul. Gnostics proclaimed a secret, spiritual knowledge available only to a few.

Irenaeus researched the Gnostic texts and exposed the falsehoods they taught, such as denying the divinity of Christ. His book *Against Heresies* is still being published today, over 1800 years after his death.

May St. Irenaeus intercede for our own quests for greater understanding!



Staff

Fr. Frank Latzko

Pastor

frfrankjohn56@gmail.com

Charisse Gioia

Office Manager/Technology Coordinator/
Bulletin

cgioia@stteresaparish.org

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

Mark Neuhengen

Director of Evangelization and
Parish Mission

mneuhengen@stteresaparish.org

Mark is responsible for our Parish Evangelization and Ministry. Mark is a graduate from Loyola University Chicago, holds a masters in theology and has been with the parish since 2019.

Barbara McHugh

Religious Education

bmchugh@stteresaparish.org

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

Carol Spalla-Malone

Part-Time Business Manager

cspalla@archicago.org

Jason Krumwiede

Director of Music

musicalnut1@mac.com

Staff

Housekeeping

Irma Saavedra

Sergio Mora

Building & Facilities Manager

smora@stteresaparish.org

Parish Council

Anna Althoff- President

annamariealthoff@hotmail.com

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

Finance Council

Don Eldred- Chair

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

Stewardship Committee

Dan Summins- Chair

dsummins@hotmail.com

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: www.teresa.church/bulletins

How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.