

# ST. TERESA OF ÁVILA

CATHOLIC PARISH ✚ EST 1889

January 18, 2026

"Truth suffers, but never dies." - St Teresa of Avila

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## 2<sup>ND</sup> SUNDAY IN ORDINARY TIME



"Now I have seen and testified that he is  
the Son of God." - Jn 1:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

### Pastor

Reverend Frank John Latzko

### Address

1037 W. Armitage Ave.  
Chicago, Illinois 60614

773-528-6650

### Weekend Mass Schedule

**Saturday** 6 PM French Mass

**Sunday** 10 AM, 12 PM, 6 PM

### Daily Mass Schedule

**Wednesday** - 8:00AM

### Baptism, Reconciliation, Anointing

Please call the office to arrange or email  
[cgioia@stteraparish.org](mailto:cgioia@stteraparish.org)

### Eucharistic Adoration

**Tuesdays**- 6 PM to 7:30 PM

### Office Hours

**Weekdays:** 8:30 AM to 3:30 PM

[www.teresa.church](http://www.teresa.church)

# Welcome

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

## Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

### RCIA (Rite of Christian Initiation for Adults)

[teresa.church/rcia](https://teresa.church/rcia)

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

### Lectors

[teresa.church/lectors](https://teresa.church/lectors)

Email [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com) for more information.

## Eucharistic Ministers

[teresa.church/eucharistic-ministers](https://teresa.church/eucharistic-ministers)

Email [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com) for more information.

## Pastoral Council

[teresa.church/pastoral-council](https://teresa.church/pastoral-council)

Represent the parish and help advise the pastor in our mission and vision for our community.

## Finance Council

[teresa.church/finance-council](https://teresa.church/finance-council)

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.



Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community?  
Fill out the below form and drop it in the collection basket or join online at [teresa.church/join](https://teresa.church/join).

Name	
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Email	Phone
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Address	
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Ministries of Interest	
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# Welcome

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

## Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln Park area, and the city of Chicago.

### Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

### Night Ministry

Support our partnership with The Night Ministry by providing sack suppers to the homeless. Participation is easy and safe! For more information and to sign up, please contact Susan Matejka at [smatejka@hpschicago.com](mailto:smatejka@hpschicago.com).

### Loaves and Fishes Dinner

[teresa.church/loaves-and-fishes](https://teresa.church/loaves-and-fishes)

Weekly soup kitchen feeding and sitting with people in need of a meal.

### La Posada Border Ministry

[teresa.church/border-ministry](https://teresa.church/border-ministry)

Travel to the border to help and understand those seeking asylum.

### Food Pantry

[teresa.church/food-pantry](https://teresa.church/food-pantry)

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.



## Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

### Women's Spirituality

[teresa.church/womens-spirituality](https://teresa.church/womens-spirituality)

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

### Men's Spirituality

[teresa.church/mens-spirituality](https://teresa.church/mens-spirituality)

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email [cdeanhockey@gmail.com](mailto:cdeanhockey@gmail.com) to get the link and join.

## Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

### Religious Education

[teresa.church/religious-education](https://teresa.church/religious-education)

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array for programs to meet the needs of our children.

### Communauté Catholique Francophone de Chicago

[teresa.church/french-community](https://teresa.church/french-community)

St. Teresa's is home to a wonderful and vibrant French community.

This Sunday’s Readings:

**First Reading:** I will make you a light to the nations, that my salvation may reach to the ends of the earth. (Is 49:6)

**Psalm:** Here am I, Lord; I come to do your will. (Ps 40)

**Second Reading:** Grace to you and peace from God our Father and the Lord Jesus Christ. (1 Cor 1:3)

**Gospel:** John the Baptist saw Jesus coming toward him and said, “Behold, the Lamb of God, who takes away the sin of the world.” (Jn 1:29)

Gospel Meditation: 2nd Sunday in Ordinary Time

It’s common to hear belief in Jesus and the Church mocked as blind faith and credulity. But in reality, it is deeply human and rational. Think about it: we rely on the testimony of others constantly. I trust chemists who certify the safety of toothpaste and cleaning products. I trust engineers when I use a microwave or drive over a bridge. Why? Because they have studied and seen what I have not, and their testimony proves itself in daily life. That kind of trust is not irrational; it is how human knowledge works. In today’s Gospel, John the Baptist declares: “Now I have seen and testified that he is the Son of God” (John 1:34). That is the language of an eyewitness. It invites us into a very human act: trusting someone who has directly encountered something — or Someone — we have not yet fully seen ourselves.

The Church’s faith is built on this kind of reliable sight-based testimony. The Apostles did not make abstract claims. They saw, followed, suffered for, and proclaimed Jesus Christ. Over centuries, their witness — carried in Scripture, in the lives of the saints, and in the sacramental life of the Church — has proven dependable. We come to know its truth by assenting to it, by living and studying it, praying with it, trusting it.

Faith in Christ is not a childish leap into the dark. It is a step into the light of testimony that proves itself over time.

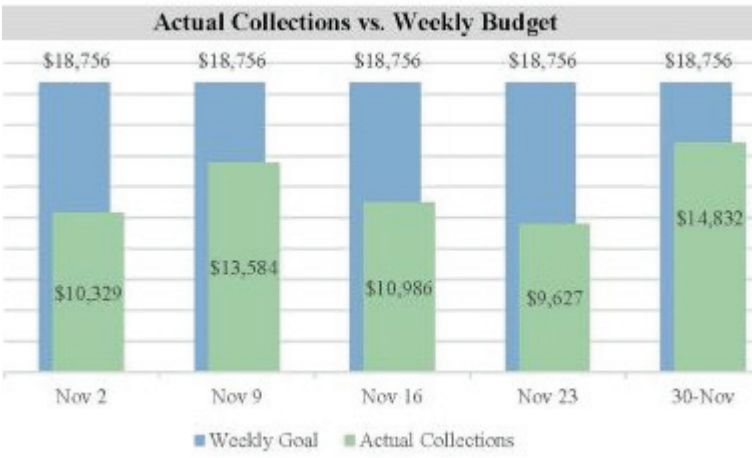
— Father John Muir

Feasts and Saints:

- 1/19- Martin Luther King Jr. Day
- 1/20- St. Fabian, Pope and Martyr; St. Sebastian Martyr
- 1/21- St. Agnes, Virgin and Martyr
- 1/22- Day of Prayer for the legal protection of unborn children
- 1/23- St. Vincent, Deacon and Martyr; St. Marianne Cope, Virgin
- 1/24- St. Francis de Sales, Bishop and Doctor of the church

Financials: November 2025

	FY25	FY24
Basket/Mail In:	11,197	15,667
Give Central:	33,891	35,487
Total:	THIS YEAR	PREVIOUS YEAR
	\$45,088	\$51,154
		(\$6,066)



## St. Sebastian | January 20

Not much is known about the life of St. Sebastian (256 – 287), except that he was a Roman martyr whose name has been mentioned throughout history since early 350.

We see St. Sebastian many times in art, especially from iconic paintings from Guido Reni, Andrea Mantegna and Hendrick ter Brugghen. Historical scholars now agree that a spiritual story has the beloved saint entering the Roman army because only there could he assist Christian martyrs without arousing suspicion on himself. Eventually he was found out, brought before Emperor Diocletian and delivered to Mauritanian archers to be shot to death. Pierced with arrows, he was left for dead, but managed to survive. He recovered from his wounds but still refused to leave.

One day, St. Sebastian took up a position near where the emperor was to pass. He confronted the emperor, condemning him for his cruelty to Christians. This time the sentence of death was carried out, and St. Sebastian was beaten to death with clubs. Today he is the patron saint of athletes.

## St. Agnes | January 21

History tells us little about Saint Agnes, except that she was martyred at the age of twelve or thirteen. One tradition says that Emperor Constantine the Great, who legalized Christianity in the Roman Empire, had a daughter who contracted leprosy. After she prayed at Agnes' grave, the young girl was healed, and Constantine ordered the construction of a church over the gravesite. To this day, the faithful beseech Agnes' intercession in that church. Born into a noble Christian family in Rome, Agnes was beautiful, wealthy, and holy. Though that made her attractive to many young noblemen, Agnes wanted only to love Jesus and dedicated herself to a life of virginity.

One frustrated suitor reported Agnes to Sempronius, the local prefect, for being a Christian. Sempronius tried to convince Agnes to offer sacrifice to the Roman gods, but she refused. The prefect threatened Agnes with torture, but when she showed no fear, he ordered that she be taken to brothels to be sexually violated.

At the brothels, most men were afraid to approach Agnes. The one man who came to her was immediately struck blind and brought to the ground, only to have his sight restored after Agnes prayed for him.

The prefect, having failed to convert Agnes back to paganism, or to defile her body, then condemned her to a death by beheading. Agnes willingly offered her neck to the executioner, who trembled with fear as he approached, while she was as joyful as a bride waiting to meet her Bridegroom.

Saint Agnes, along with Saint Cecilia, was one of the earliest martyrs whose name was honored by its insertion into the Roman Canon (Eucharistic Prayer I in today's Mass.) Her name in Latin means "lamb." As a result, since the sixteenth century, every year on her feast day two lambs are brought to the Roman basilica built over her tomb. Their wool is shorn and weaved into various pallia, vestments covering the shoulders. These very pallia are later placed on the shoulders of archbishops by the pope himself on the Feast of Saints Peter and Paul. Along with his crozier, or staff, the pallium symbolizes a bishop's role as shepherd.

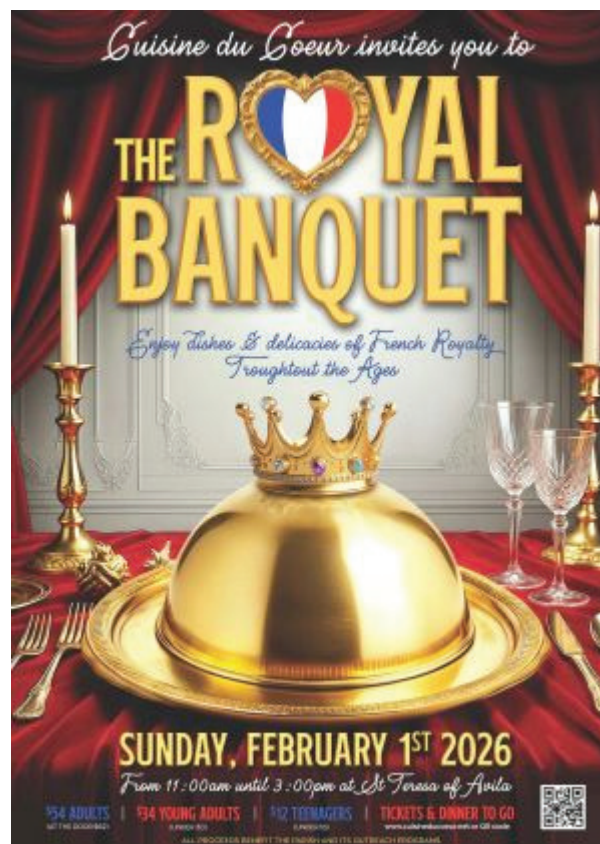


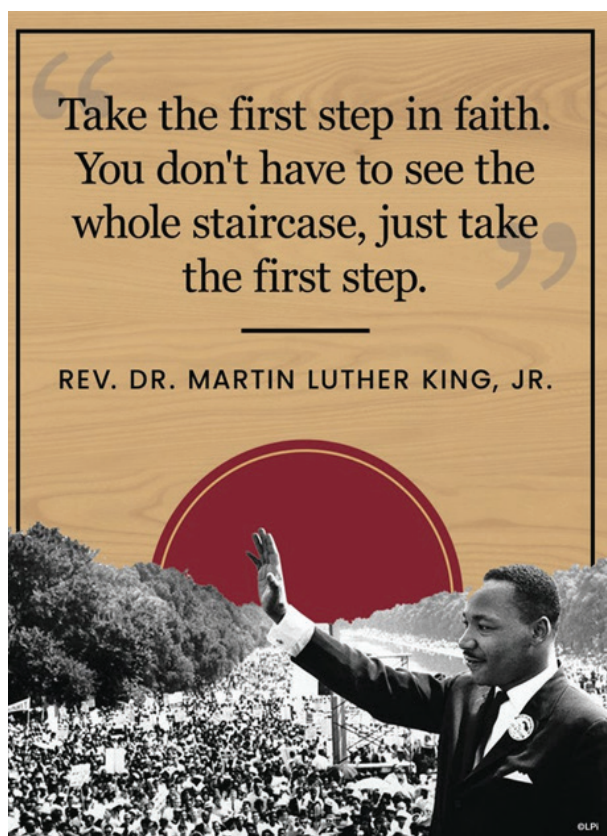
**Have you ever considered becoming more involved in liturgy by serving as a Lector or Eucharistic Minister at Mass?**

**We have opportunities available for both ministries and we would welcome your getting involved in these unique roles in the liturgical life of St. Teresa of Avila. Service in these ministries will deepen your faith and help you grow in your love of the Lord. To serve as a Lector, all that is required is a deep love of the Word of God and a desire to serve God's people. Likewise, to serve as a Eucharistic Minister, all you need is a deep love of the Eucharist and a desire to serve.**

**We will train you and teach you all you need to know.**

**Please prayerfully consider serving your parish in these very important ministries. If you are interested in serving, please email Eric Fredericks at [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com). Eric will be organizing training sessions in February and he will coordinate with you on scheduling. Thank you for considering participating in our liturgies in these very important ministries!**





## Day of Prayer for the Legal Protection of Unborn Children | January 22



## St. Marianne Cope | January 23

Barbara Koop, later Mother Marianne Cope, was born in Germany on January 23, 1838, and immigrated with her parents to New York when she was 2 years old. In August of 1862 she went to the sisters of the Third Order of Saint Francis in Syracuse, New York and took her vows the next year. Her early religious life saw her working as a teacher and administrator for local Catholic schools until she was called upon by the bishop to use her administrative skills as superior of St. Joseph's Hospital in Syracuse, New York. She devoted herself to the care of the sick and infirm and the hospital flourished under her leadership. As the Provincial Mother of her order in Syracuse, Cope, along with six other sisters, she answered a call made by the Hawaiian government to run the Kaka'ako Branch Hospital on Oahu that served as a receiving station for people suspected of having leprosy.

Of the more than 50 religious communities in the United States and Canada who were asked by the government to help the suffering communities and hospitals for those with leprosy (Hansen's disease) in Hawaii, Mother Marianne and her sisters were the only ones to answer the call. They immediately got to work transforming the hospital environment for those with leprosy and their families. Of this mission, she said —

"I am hungry for the work and I wish with all my heart to be one of the chosen ones, whose privilege it will be to sacrifice themselves for the salvation of the souls of the poor Islanders.... I am not afraid of any disease, hence, it would be my greatest delight even to minister to the abandoned 'lepers'."

In 1888, Mother Marianne and two sisters took on an even more challenging assignment and went to the Hawaiian island of Moloka'i, a leper colony, to open a new home devoted to the protection of girls and women with leprosy as well as to take charge of the home that her friend, Saint Damien de Veuster, had established for men and boys. She helped improve life on the island by introducing pride, cleanliness, and a little fun to the colony. She often provided bright scarves and dresses for the women she served and cheerfully carried out her mission until she died on August 9, 1918. While in service, she was awarded the Royal Order of Kapiolani by the Hawaiian government for her selfless love and care of those in need and never contracted leprosy. She was canonized in 2012.

## Join Us For Hospitality:

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>

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## Welcome Committee:

The Parish Council is excited to announce the formation of a new Welcoming Committee here at St Teresa of Avila. We are looking for 2-3 people to help lead this initiative, and help us build a team of welcome volunteers for each mass. The task is simple, we need amazing volunteers that will greet all parishioners before mass with a friendly smile, a nice “hello”, and possibly help them find a seat! You may think we already do this, but it’s not consistent. Imagine walking into someone’s house and not being welcomed when you walk in the door, a place of business, or a restaurant. First impressions can be lasting impressions.

Please consider joining this committee because it’ll be fun and rewarding! If interested, please reach out to **Jessica Marx @ [chicago2381@hotmail.com](mailto:chicago2381@hotmail.com)**.

## Loaves and Fishes:

The Loaves & Fishes ministry has been inviting guests indoors to enjoy their meal on Friday evenings.

We need volunteers to greet our guests, serve them, and clean tables. Volunteers are needed on Friday evenings from 3:30 to 6:00. If you cannot arrive by 3:30, just let us know when you sign up. Please email Steve Sibon - [sjsibon@aol.com](mailto:sjsibon@aol.com)

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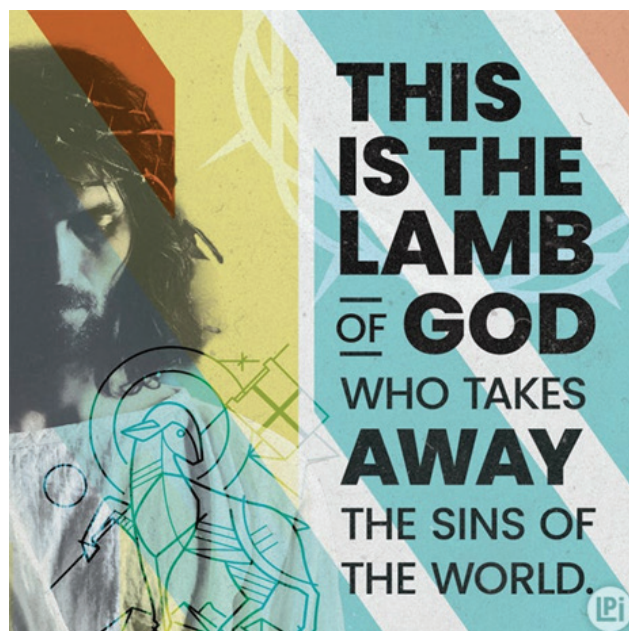
## Calling All Those Who Enjoy Cooking!

Calling All Those Who Enjoy Cooking! Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment, you’ll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia

[cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org)

Thank you

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## Mass Intentions

10AM - Parishioners of St. Teresa of Avila Living and Deceased

12 PM - Kenneth and Joyce Jaszczor (D)

6 PM - Parishioners of St. Teresa of Avila Living and Deceased

## Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for those who suffers from illness of mind or body.

We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators of sexual abuse.



## Mass Schedule

Sunday 1/25 10am- Fr. Frank

Sunday 1/25 12pm- Fr. Frank

Sunday 1/25 6pm- Fr. Udovic

## Blessing of the Beloved

Dear God,

Bless and anoint us today. You are our Father and guide.

Remind us of our identity in You:

loved, called, and equipped for mission.

Bless us as we journey, giving us strength for each day and grace in each step.

Amen.

## Sunday Funday January 18th:

Today is Gourmet Coffee Day and Winnie The Pooh Day

1944- Louis Armstrong, Benny Goodman, Lionel Hampton, Artie Shaw, Roy Eldridge, and Jack Teagarden performed at the Metropolitan Opera House, in NYC.

1980- Gold reached \$1,000 an ounce for the first time.

1993- Martin Luther King Day became official in all 50 United States.

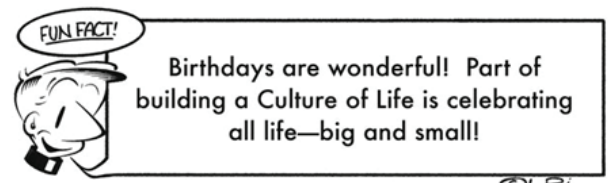
We're closer to the year The Jetsons is set in (2062) than we are to when it first aired (1962).

No matter how large a number is, it is always closer to zero than infinity.

"What's the most stressful thing about being a dragon?"



"Trying to blow out birthday candles."



## Stewardship Reflections:

### No Volunteers Needed

Can you imagine what kind of response I would get if I asked my three children, “Who would like to volunteer to clean up the kitchen after dinner today?” Six eyeballs staring at me like I had two heads! If I couch my request in terms of volunteerism, I have suggested that they don’t have any real ownership in this matter. Perhaps they do sometimes think that their mother and I are simply hired hands to take care of them, but rest assured, I have not received a paycheck for services rendered lately.

When you and I give a donation of blood, we volunteer our time and blood to the Red Cross. The Red Cross does not employ most of us, nor do we own a part of the Red Cross. We can only volunteer ourselves for the cause.

As parishioners we are part of a parish family. We belong to our parish community. We do not visit on a Sunday morning, since we cannot visit a place that is home. The call of the body of Christ occurs in every parish and our response should be that of the psalmist, “Here am I, Lord; I come to do your will.” Real stewardship never counts the cost and never asks for volunteers. We step forward because we belong to something greater than ourselves and the head of that community is Jesus. After dinner at my house, someone needs to clean up the kitchen. In your parish community, someone needs to respond to the call of Jesus. In both cases, no volunteers are needed. We will rely on family instead.



## Stewardship Reflections:

### Play That One Again

How many times have you sung the church song, “Here I Am, Lord”? If you grew up Catholic and are around my age (still 50!), the answer is more than you can count. The song that quotes various verses of Scripture is sung using guitar, piano, or organ, by cantors and choirs, in traditional and modern churches. It is truly a Catholic greatest hit of the modern Church. The question is how many times when singing the refrain have you really taken to heart what you were singing.

“Here I am, Lord; is it I, Lord? I have heard you calling in the night.” Like the biblical figure Samuel, we are responding to the call of God by asking for clarification that we are indeed the one being called. We then follow up the question with a profound statement: “I will go if You lead me.” It is profound because we are pledging to our God that we are willing to go wherever He wants. We are accepting the challenge put forth in the U.S. Bishops’ pastoral letter, “Stewardship: A Disciple’s Response,” to become mature disciples who respond to the call of Jesus Christ regardless of the cost. We have sung this pledge repeatedly for many years.

We never have any idea what God will call us to do and where to go. Sometimes the request can ask us for quite a lot. Hopefully, we respond like a mature disciple. If not, maybe we should reflect more the next time this song is played. The melody will not allow for the words, “I will see if I am busy and then decide to go if you lead me.” Then again, I don’t want to sing that to God, the source of all life anyway. Do you?

## Catholic Q & A

### Question:

How many times a day can a person receive communion?

### Answer:

To find an answer to this question, we need to turn to the Church's Code of Canon Law. Here we read, "One who has received the blessed Eucharist may receive it again on the same day only within a Eucharistic celebration in which that person participates ..." (no. 917). This tells us that the standard answer would be that we can receive communion twice in a day.

Having said that, we also want to be sure that we pay attention to the entire instruction. The phrase "within a Eucharistic celebration in which that person participates" is important. It means a) that we always have to think of receiving communion as being within a celebration of the Mass and b) we have to be participants in that celebration – we can't simply show up "in time" for communion.

So, when would this rule apply?

For example, if you attend Mass on a Saturday morning and then take part in the Sunday Vigil Mass on Saturday evening, you could licitly receive communion at both celebrations. Or, another example, if you receive communion at a wedding or funeral Mass, you could also receive communion at a daily Mass or Sunday Vigil celebrated on the same day. We always want to be sure that we observe the rules for fasting from food and drink before receiving the eucharist (see Code of Canon Law, no. 919).

We should also remember that the Code of Canon Law instructs that anyone who is in danger of death or seriously ill may also receive communion a second time (no. 91, §2).

## Devotions, Explained!

**The Angelus, Explained** The incarnation of Christ changed the life of every Christian person who ever lived. Reflecting on that moment in salvation history is an opportunity for grace, growth and peace. Who wouldn't want that every day, or even three times every day?

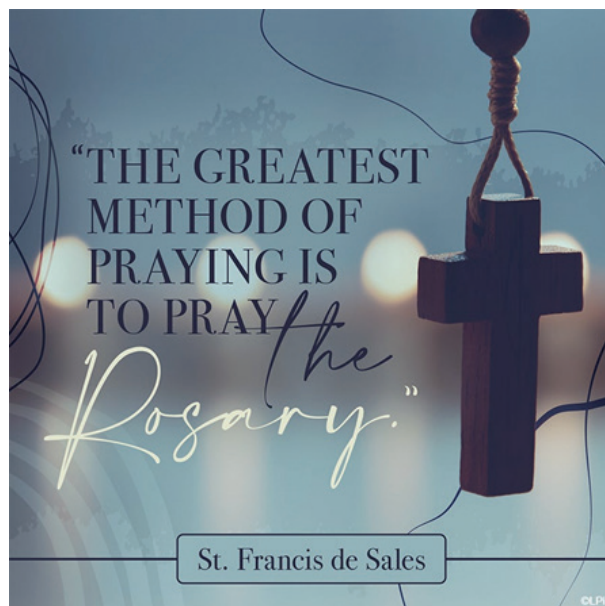
The Angelus is composed of three antiphons which narrate the annunciation, each followed by the recitation of a Hail Mary (a prayer that itself contains the "angelic greeting" of the angel Gabriel). Its name is derived from the first words of the prayer in Latin.

This devotion was developed over the course of several centuries and is rooted in the ancient practice of saying three Hail Marys in the evening. Historically, people were called to prayer by the ringing of church bells – "the Angelus bells." Most people who recite the Angelus do so daily at noon, though it is often said in the morning, at noon and in the evening.

## Catholic Trivia:

**Question:** Is it true or false that all wine used in the Eucharist must be fermented?

**Answer:** True



## Staff

**Fr. Frank Latzko**

Pastor

[frfrankjohn56@gmail.com](mailto:frfrankjohn56@gmail.com)

**Charisse Gioia**

Office Manager/Technology Coordinator/  
Bulletin

[cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org)

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

**Mark Neuhengen**

Director of Evangelization and  
Parish Mission

[mneuhengen@stteresaparish.org](mailto:mneuhengen@stteresaparish.org)

Mark is responsible for our Parish Evangelization and Ministry. Mark is a graduate from Loyola University Chicago, holds a masters in theology and has been with the parish since 2019.

**Barbara McHugh**

Religious Education

[bmchugh@stteresaparish.org](mailto:bmchugh@stteresaparish.org)

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

**Carol Spalla-Malone**

Part-Time Business Manager

[cspalla@archicago.org](mailto:cspalla@archicago.org)

**Jason Krumwiede**

Director of Music

[musicalnut1@mac.com](mailto:musicalnut1@mac.com)

## Staff

Housekeeping

**Irma Saavedra**

**Sergio Mora**

Building & Facilities Manager

[smora@stteresaparish.org](mailto:smora@stteresaparish.org)

## Parish Council

**Anna Althoff- President**

[annamariealthoff@hotmail.com](mailto:annamariealthoff@hotmail.com)

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

## Finance Council

**Don Eldred- Chair**

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

## Stewardship Committee

**Dan Summins- Chair**

[dsummins@hotmail.com](mailto:dsummins@hotmail.com)

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

## Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: [www.teresa.church/bulletins](http://www.teresa.church/bulletins)

## How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.