

ST. TERESA OF ÁVILA

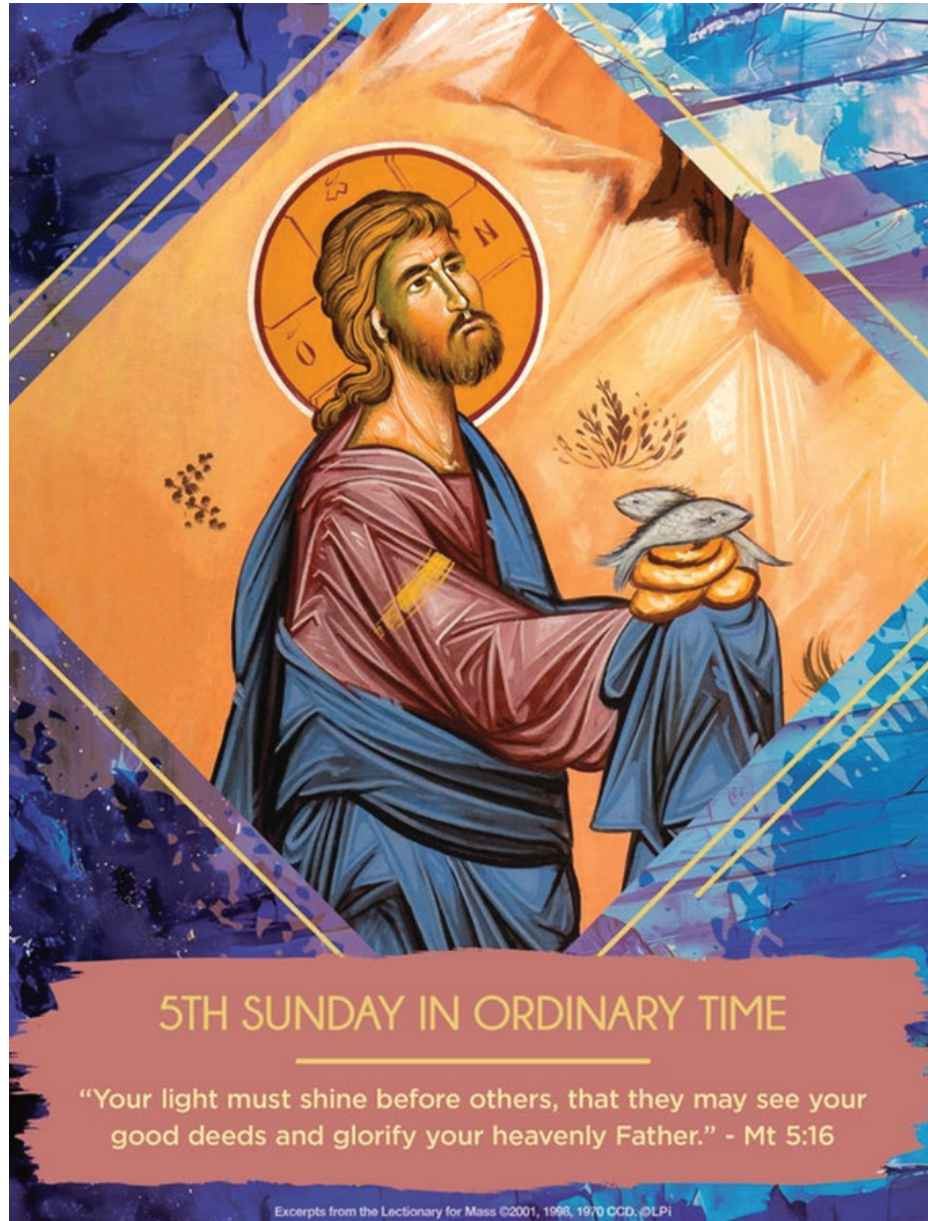
CATHOLIC PARISH ✚ EST 1889

February 8, 2026

"Truth suffers, but never dies." - St Teresa of Avila

T
H
E

J
O
U
R
N
E
Y



Pastor

Reverend Frank John Latzko

Address

1037 W. Armitage Ave.
Chicago, Illinois 60614

773-528-6650

Weekend Mass Schedule

Saturday 6 PM French Mass

Sunday 10 AM, 12 PM, 6 PM

Daily Mass Schedule

Wednesday - 8:00AM

Baptism, Reconciliation, Anointing

Please call the office to arrange or email
cgioia@stteraparish.org

Eucharistic Adoration

Tuesdays- 6 PM to 7:30 PM

Office Hours

Weekdays: 8:30 AM to 3:30 PM

www.teresa.church

Welcome

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

RCIA (Rite of Christian Initiation for Adults)

teresa.church/rcia

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

Lectors

teresa.church/lectors

Email eric.fredericks+lm@gmail.com for more information.

Eucharistic Ministers

teresa.church/eucharistic-ministers

Email eric.fredericks+lm@gmail.com for more information.

Pastoral Council

teresa.church/pastoral-council

Represent the parish and help advise the pastor in our mission and vision for our community.

Finance Council

teresa.church/finance-council

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.



Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community?
Fill out the below form and drop it in the collection basket or join online at teresa.church/join.

Name	
<hr/>	
Email	Phone
<hr/>	
Address	
<hr/>	
Ministries of Interest	
<hr/>	
<hr/>	

Welcome

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln Park area, and the city of Chicago.

Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

Night Ministry

Support our partnership with The Night Ministry by providing sack suppers to the homeless. Participation is easy and safe! For more information and to sign up, please contact Susan Matejka at smatejka@hpschicago.com.

Loaves and Fishes Dinner

teresa.church/loaves-and-fishes

Weekly soup kitchen feeding and sitting with people in need of a meal.

La Posada Border Ministry

teresa.church/border-ministry

Travel to the border to help and understand those seeking asylum.

Food Pantry

teresa.church/food-pantry

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.



Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

Women's Spirituality

teresa.church/womens-spirituality

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

Men's Spirituality

teresa.church/mens-spirituality

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email cdeanhockey@gmail.com to get the link and join.

Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

Religious Education

teresa.church/religious-education

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array for programs to meet the needs of our children.

Communauté Catholique Francophone de Chicago

teresa.church/french-community

St. Teresa's is home to a wonderful and vibrant French community.

This Sunday’s Readings:

First Reading: Then your light shall break forth like the dawn, and your wound shall quickly be healed. (Is 58:8)

Psalm: The just man is a light in darkness to the upright. (Ps 112)

Second Reading: When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom. For I resolved to know nothing while I was with you except Jesus Christ, and him crucified. (1 Cor 2:1-2)

Gospel: “You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket.” (Mt 5:14-15)

Feasts and Saints:

- 2/10- St. Scholastica, Virgin
- 2/11- Our Lady of Lourdes
- 2/14- St. Cyril, Monk
- St. Valentines Day

Gospel Meditation: 5th Sunday in Ordinary Time

I recently learned why zebras have stripes. Scientists used to think it was for camouflage, but new research suggests something more interesting: the stripes help zebras blend in with one another. When a predator looks at a herd, the overlapping stripes make it hard to single out one animal. But if a researcher spray-paints a dot on just one zebra, predators lock on it and eventually attack. The lesson? In the wild, blending in is protection. Standing out can be dangerous.

Human beings are not so different. Most of us would rather blend in than stand out, especially when it comes to our faith. We know that giving bold witness to Jesus — through our words, values, or public choices — can make us targets for criticism, isolation, or judgment. That’s why Jesus’ words in today’s Gospel are so challenging: “You are the light of the world. A city set on a mountain cannot be hidden” (Matthew 5:14).


A city on a hill draws attention. It also draws fire. But that’s part of the cost of discipleship. Jesus doesn’t call us to be tribal or boastful. He calls us to stand in the open with humble confidence, so that people might see our good deeds and glorify our Father in heaven. Today, let’s ask for the courage not just to believe in Christ, but to be seen believing in him.

— Father John Muir


Financials: November 2025

	FY25	FY24
Basket/Mail In:	11,197	15,667
Give Central:	33,891	35,487
Total:	THIS YEAR	PREVIOUS YEAR
	\$45,088	\$51,154
	(\$6,066)	



ARCHDIOCESE OF CHICAGO 

TOGETHER WE BRING LIGHT



2026 Annual Catholic Appeal


The Annual Catholic Appeal theme for 2026 is *Together we bring light*. It stems from Jesus' words to his early disciples and to us: "You are the light of the world." (Matthew 5:14) We understand our responsibility to bring light to a world that seems often covered in darkness. Contributions to the Appeal enable us to bring light to those in need. We do not do this alone but together as the Body of Christ. Our Church finds the fulfillment of her mission when we support the Appeal and the ministries of teaching, sanctifying, and bringing pastoral care to those in need. Truly, together we do bring light.

Please consider supporting this year's Appeal. Your generous contribution will be a source of blessing for many people, for yourself, and for your loved ones.

To make a gift by phone: 312.534-7959

To mail:
835 North Rush Street, Chicago, IL 60611

To give online:
annualcatholicappeal.com





February 18, 2026

8am Mass

12pm Prayer Service

7pm Mass

January Parish Council Meeting

February 2, 2026

Attendees: Margaret Dunlap, Jessica Marx, Barb McHugh, Anna Althoff, Father Frank, Dean Casagrande, Jamie Lutkus

Agenda:

Father Frank's 42 nd Anniversary of Priesthood

o Wednesday – February 4th

Ministry Fair:

o Saturday, March 7 th and Sunday, March 8 th

o Need announcements in bulletin

o Get word out to volunteer heads

o Call Charisse to get things scheduled

Tuesday Adoration:

o Holy Hour can be used to pray for peace

o Confessions will be available during adoration

Cuisine du Coeur:

o Over 300 people in attendance

o Seemed to be a very successful fundraiser

Lent:

o 5:00 Saturday Mass to Return

French Mass will be adjusted to accommodate

o Adoration and confessions to continue the duration of Lent

o Rice bowls to be available for Lent

Church Furniture:

o Father Frank to provide the budget for updating furniture in common spaces

o Parish Council approved to make furniture decisions for what to purchase

January Parish Council Meeting

Church Outdoor Signage:

o Can't have dynamic signage on Armitage due to local zoning rules (i.e. no electronic/LED type signage)

o Decided on a more traditional signage approach that showcases mass time. Will be lit internally.

Father Frank Retirement:

o Celebrating the end of Father Frank's priesthood by end of June

o Saturday, April 25th : Retirement party for Father Frank in Parish Center

o Save-the-date to be sent out within the next month

o Post-mass Sunday send-off will take place in early May

o Expect appointment of new pastor to happen soon

o Plan for retirement gifting to be organized

Parish Council Next Meeting

o Tuesday, March 31st

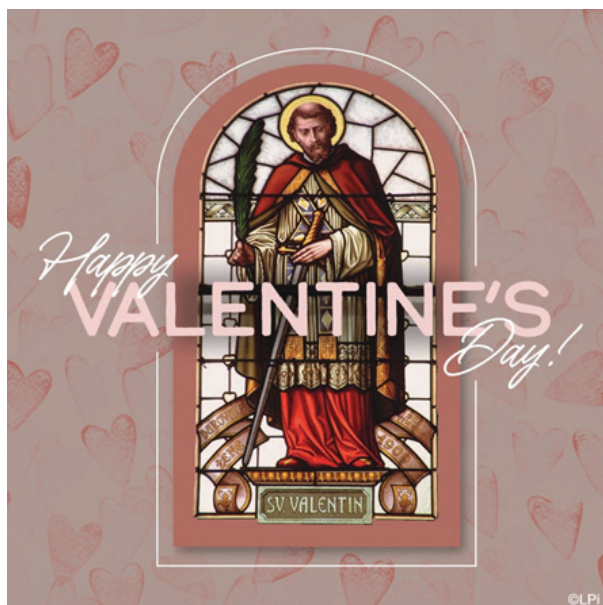


Fat Tuesday
February 17, 2026
Paczki and Coffee
Parish Center
7am...Till they are gone!



ST. TERESA OF AVILA

**WEEKEND OF
MARCH 7 & 8, 2026
PARISH CENTER**



Join Us For Hospitality:

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>



Welcome Committee:

The Parish Council is excited to announce the formation of a new Welcoming Committee here at St Teresa of Avila. We are looking for 2-3 people to help lead this initiative, and help us build a team of welcome volunteers for each mass. The task is simple, we need amazing volunteers that will greet all parishioners before mass with a friendly smile, a nice “hello”, and possibly help them find a seat! You may think we already do this, but it’s not consistent. Imagine walking into someone’s house and not being welcomed when you walk in the door, a place of business, or a restaurant. First impressions can be lasting impressions.

Please consider joining this committee because it’ll be fun and rewarding! If interested, please reach out to **Jessica Marx @ chicago2381@hotmail.com**.

Loaves and Fishes:

The Loaves & Fishes ministry has been inviting guests indoors to enjoy their meal on Friday evenings.

We need volunteers to greet our guests, serve them, and clean tables. Volunteers are needed on Friday evenings from 3:30 to 6:00. If you cannot arrive by 3:30, just let us know when you sign up. Please email Steve Sibon - sjsibon@aol.com

Calling All Those Who Enjoy Cooking!

Calling All Those Who Enjoy Cooking! Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment, you’ll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia

cgioia@stteresaparish.org

Thank you



Mass Intentions

10AM - Parishioners of St. Teresa of Avila Living and Deceased

12 PM - Parishioners of St. Teresa of Avila Living and Deceased

6 PM - Parishioners of St. Teresa of Avila Living and Deceased

Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for those who suffers from illness of mind or body.

We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators of sexual abuse.



Sunday Funday February 8th:

Today is National Fly A Kite Day

1692- A doctor in Salem Village claimed three teenaged girls were possessed by Satan, which then lead to the chaotic Salem Witch Trials.

1735- The first Opera in the American Colines was performed – Flora: or the Hob in the Well, in Charlestown, South Carolina.

1910- The Boy Scouts of America were founded.

1946- The first portion of the Revised Standard Version of the Bible was published.

1952- Elizabeth II was proclaimed Queen of the United Kingdom.

1971- The NASDAQ stock market index opened.

Mass Schedule

Sunday 2/15 10am- Fr. Udovic

Sunday 2/15 12pm- Fr. Udovic

Sunday 2/15 6pm- Fr. Udovic

Blessing of Mission

Bless us on our way, O Lord.

Share with us as we share with others.

Heal us as we help others to heal.

Provide for us as we open our hands in charity.

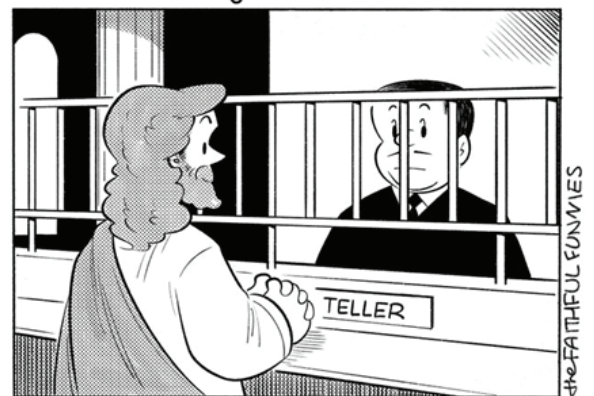
Every gift comes from You.

You are at the heart of all that is good.

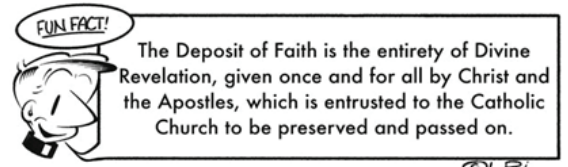
Share that goodness with us today, abundantly.

Amen.

"What kind of deposit does Jesus make when He goes to the bank?"



"A Deposit of Faith."



Gospel Reflections:

By Colleen Jurkiewicz Dorman

Be Salty

I want you to close your eyes. Are they closed? (I'm serious.) Okay. Now think of the greatest saint in history.

I don't care who you're thinking of. It's going to be different for everyone. Just think of that person. Think of his or her life. And answer the question: Why is he or she a great saint?

You're all thinking of different people, but the answer is the same for everyone. And it's not "Because he did great things for God" or "Because she sacrificed everything she had for the poor." Those answers show evidence of the reason. But the reason is something more.

The greatest saints in history were not great at holiness. God brought holiness about within them because (ding ding ding! Here's the answer!) the greatest saints in history were great at being who they were meant to be.

Not who they wanted to be. Not who they thought they should be. Who they were meant to be.

Simply put, they gave themselves to God. All of themselves. Flaws and all. And God took them, in their totality, and said: "Now watch this."

Just imagine if salt was ashamed of being salty. Imagine if it looked at the sodium content on its nutrition label and thought, "That's embarrassing," and decided it was going to stop being salt. Well, great. Now it's just a box of tiny rocks.

Wouldn't it have been better for the salt to trust the baker using it?

There is a plan for each of us. There is a path to holiness for each of us. This path doesn't bypass our flaws or our weaknesses; it incorporates them. It transforms them. It fulfills them.

So be salty. Be who you were meant to be.

Stewardship Reflections:

What's the Buzz?

When a new store or restaurant opens in the area, there can be quite a buzz. People want to see what the place is like. If the establishment is lucky, a positive word of mouth can spread all over the area. The challenge then becomes keeping that buzz alive. If people start to think that the new place is not as good as advertised or they had hoped, the crowds will dwindle and soon the new place will simply become an old place. Even worse, it could become a closed place.

If you were a store owner, what would you do to attract people? Would you always put your best foot forward? How hard would you work to show everybody that your place is worth repeated visits and patronage?

You may not be an entrepreneur with your own business, but you do have your parish community. This is your community and what you do and how you act in the world around you will either add to a buzz or a lack of interest. How you use the gifts you and your community have been given will do a lot to attract people and cause them to talk. You will be like a city on top of a mountain that no one can miss. Can your light shine so bright that it can be seen from miles around? You may be only one person, but you are a part of something greater than yourself. Your stewardship can easily become contagious. At a time when too many are choosing to disregard the Church, it is time to create a positive buzz.



Catholic Q & A

Near-Death Experiences

Question:

Are near-death experiences real?

Answer:

There is a lot of curiosity and fascination with the idea of an afterlife and communicating with those who have died. In movies, television shows, and numerous books, people make claims about their ability to communicate with the dead, or having had a near-death experience. There is no objective way to verify any of this. While details about people and events can be surprisingly accurate, it is just circumstantial evidence that might be explained in other ways.

On the other hand, when people have unusual experiences, sometimes called near-death or out-of-body, it is real to them. They react with the emotions and thoughts that one would expect. At times, they report details they could not have known any other way, such as bits of conversation, or meeting people they had never known in this life. So certainly, to the person, they experience something. We believe in a life after death, we believe in the communion of saints. These things are not a contradiction to faith, but we should not base our faith on them, nor change our beliefs. They are unexplained and will likely remain so.

Devotions, Explained!

Prayer to St. Joseph, Explained For centuries, Christians have relied on the intercessory prayers of Joseph, earthly spouse of the Blessed Virgin and foster father of Christ, who was obedient to the will of God in all things.

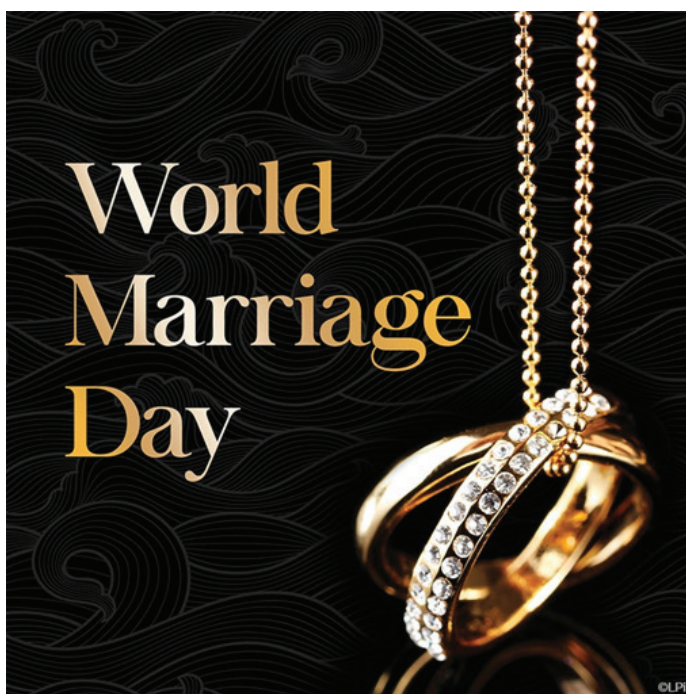
One particular novena prayer to St. Joseph is often called “the unfailing prayer to St. Joseph.” It is thought to have originated in the first century A.D. and was sent by the pope to Emperor Charles as he went into battle. It is said that those who recite this prayer will not suffer a sudden death and will likewise be protected from drowning, the effects of poison and fire, falling into the hands of the enemy or being overpowered in battle.

For a full text of this prayer, visit ewtn.com/catholicism/library/novena-to-st-joseph-11865.

Catholic Trivia:

Question: How many votes are needed in a papal conclave to elect a new pope?

Answer: A two-thirds majority.



Staff

Fr. Frank Latzko

Pastor

frfrankjohn56@gmail.com

Charisse Gioia

Office Manager/Technology Coordinator/
Bulletin

cgioia@stteresaparish.org

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

Mark Neuhengen

Director of Evangelization and
Parish Mission

mneuhengen@stteresaparish.org

Mark is responsible for our Parish Evangelization and Ministry. Mark is a graduate from Loyola University Chicago, holds a masters in theology and has been with the parish since 2019.

Barbara McHugh

Religious Education

bmchugh@stteresaparish.org

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

Carol Spalla-Malone

Part-Time Business Manager

cspalla@archicago.org

Jason Krumwiede

Director of Music

musicalnut1@mac.com

Staff

Housekeeping

Irma Saavedra

Sergio Mora

Building & Facilities Manager

smora@stteresaparish.org

Parish Council

Anna Althoff- President

annamariealthoff@hotmail.com

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

Finance Council

Don Eldred- Chair

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

Stewardship Committee

Dan Summins- Chair

dsummins@hotmail.com

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: www.teresa.church/bulletins

How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.