

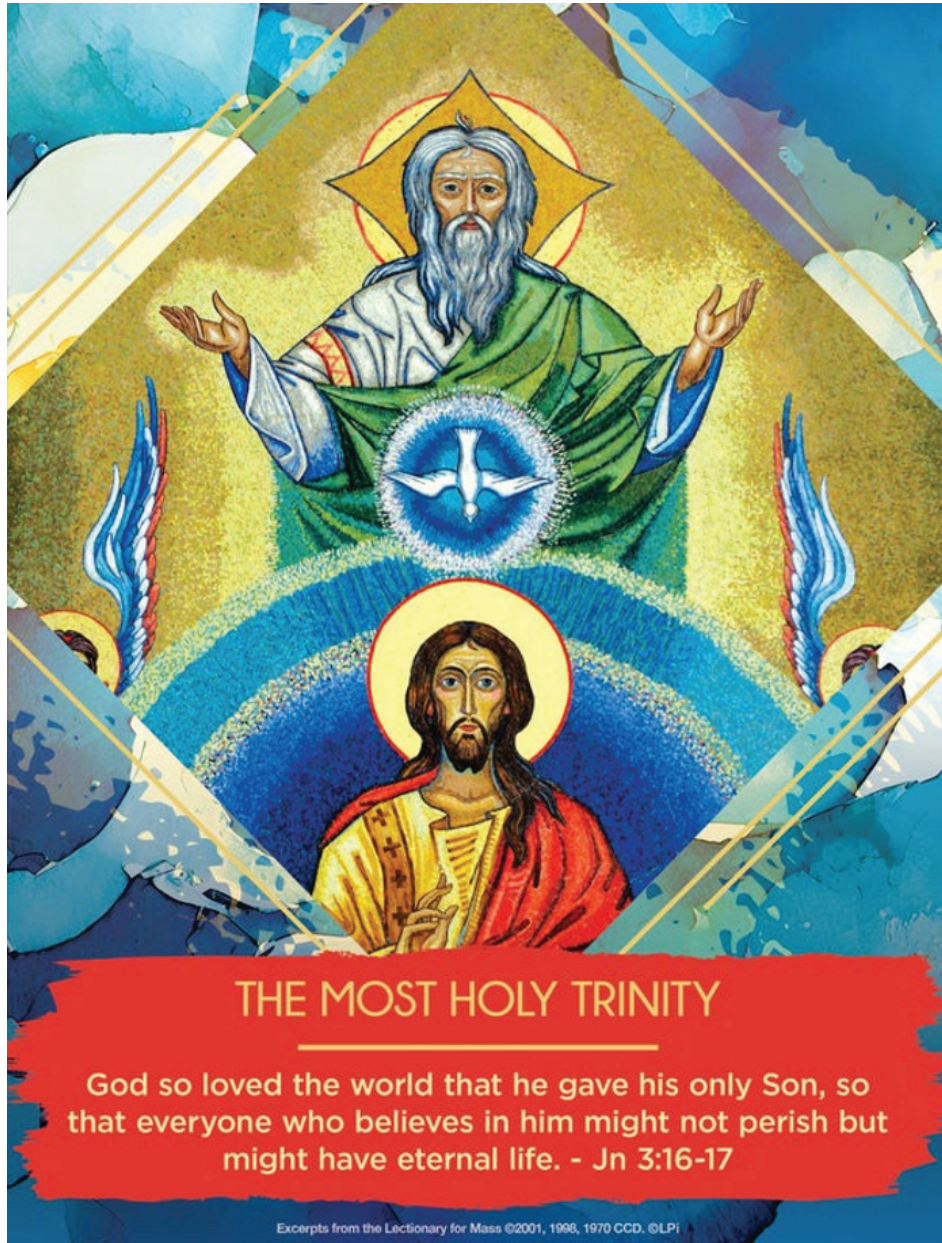
# ST. TERESA OF ÁVILA

CATHOLIC PARISH ✚ EST 1889

May 31, 2026

“Truth suffers, but never dies.” - St Teresa of Avila

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## THE MOST HOLY TRINITY

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. - Jn 3:16-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### Pastor

Reverend Frank John Latzko

### Address

1037 W. Armitage Ave.  
Chicago, Illinois 60614

773-528-6650

### Weekend Mass Schedule

**Saturday** 6 PM French Mass

**Sunday** 10 AM, 12 PM, 6 PM

### Daily Mass Schedule

**Wednesday** - 8:00AM

### Baptism, Reconciliation, Anointing

Please call the office to arrange or email  
cgioia@stteraparish.org

### Eucharistic Adoration

**Tuesdays**- 6 PM to 7:30 PM

### Office Hours

**Weekdays:** 8:30 AM to 3:30 PM

[www.teresa.church](http://www.teresa.church)

# Welcome

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

## Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

### RCIA (Rite of Christian Initiation for Adults)

[teresa.church/rcia](http://teresa.church/rcia)

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

### Lectors

[teresa.church/lectors](http://teresa.church/lectors)

Email [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com) for more information.

### Eucharistic Ministers

[teresa.church/eucharistic-ministers](http://teresa.church/eucharistic-ministers)

Email [eric.fredericks+lm@gmail.com](mailto:eric.fredericks+lm@gmail.com) for more information.

### Pastoral Council

[teresa.church/pastoral-council](http://teresa.church/pastoral-council)

Represent the parish and help advise the pastor in our mission and vision for our community.

### Finance Council

[teresa.church/finance-council](http://teresa.church/finance-council)

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.

Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community? Fill out the below form and drop it in the collection basket or join online at [teresa.church/join](http://teresa.church/join).

Name

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Email

Phone

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Address

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Ministries of Interest

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# Welcome

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

## Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln park area, and the city of Chicago.

### Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

### Loaves and Fishes Dinner

[teresa.church/loaves-and-fishes](https://teresa.church/loaves-and-fishes)

Weekly soup kitchen feeding and sitting with people in need of a meal.

### La Posada Border Ministry

[teresa.church/border-ministry](https://teresa.church/border-ministry)

Travel to the border to help and understand those seeking asylum.

### Food Pantry

[teresa.church/food-pantry](https://teresa.church/food-pantry)

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.



## Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

### Women's Spirituality

[teresa.church/womens-spirituality](https://teresa.church/womens-spirituality)

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

### Men's Spirituality

[teresa.church/mens-spirituality](https://teresa.church/mens-spirituality)

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email [cdeanhockey@gmail.com](mailto:cdeanhockey@gmail.com) to get the link and join.

## Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

### Religious Education

[teresa.church/religious-education](https://teresa.church/religious-education)

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array for programs to meet the needs of our children.

### Communauté Catholique Francophone de Chicago

[teresa.church/french-community](https://teresa.church/french-community)

St. Teresa's is home to a wonderful and vibrant French community.

This Sunday's Readings:

**First Reading:** Having come down in a cloud, the LORD stood with Moses there and proclaimed his name, "LORD." (Ex 34:5)

**Second Reading:** The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you. (2 Cor 13:13)

**Gospel:** God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. (Jn 3:16)

Feasts and Saints:

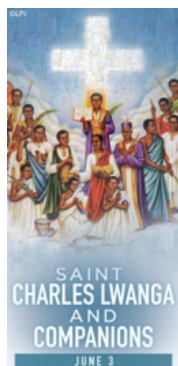
6/1- St. Justin, Martyr

6/2- Sts. Marcellinus and Peter, Martyrs

6/3- St. Charles Lwanga and Companions, Martyrs

6/5- St. Boniface, Bishop and Martyr

6/6- St. Norbert, Bishop



Gospel Meditation: The Most Holy Trinity

I was 16 years old on a youth group retreat in the mountains. One night, I opened my heart to the message being proclaimed: that God so loved the world that He sent His Son for us. Later, I lay under the pine trees and looked up at the countless stars. They seemed different. No longer cold, distant balls of chemical reactions, they appeared as an expression of God's love, as if He were giving those stars directly to me. The truth of God sending His Son changed how I saw the whole universe.

That is what today's Gospel reveals: "God so loved the world that he gave his only Son." (John 3:16) The universe is not just a whirl of impersonal forces or empty space. At its heart is a gift: the Father eternally giving the Son, not to condemn, but to bring life.

This is not abstract doctrine but deeply personal. God gives His Son for you and me. Each human life is precious enough to be caught up in that eternal gift.

It is in the Mass where we encounter this most directly. In the Word proclaimed, in the assembly gathered, in the priest, and above all in the Eucharist, the Father once again gives His Son. What looks like bread and wine is the drama of the Trinity, laboring to love us here and now.

The Trinity is not a puzzle to solve but the blazing Truth at the center of everything: the Father gives the Son for you and me. Lord, help us to see this more clearly.

— Father John Muir

Financials: February 2026

	FY26	FY25
Basket/Mail In:	6,884	8,324
Give Central:	32,776	34,686
<b>Total:</b>	<b>THIS YEAR</b>	<b>PREVIOUS YEAR</b>
	\$39,660	\$43,010
		(\$3,350)



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**St. Justin Martyr | June 1**

St. Justin Martyr (c. 100 – 165) was born in the Palestinian province of Samaria in the town of Flavia Neapolis to Greek parents. Justin's education was a classical mix of history, poetry, rhetoric, and philosophy. The future saint was fascinated by philosophy and studied in the various schools from stoicism to Socratic and Pythagoras to Platonic. Although he favored the Platonic school, he felt that the philosophical schools were missing something.

Justin continued to seek a higher truth. He was struck by the Christians he saw being persecuted for their beliefs. He observed these early martyrs go to their deaths fearlessly and wondered at the truth and peace they carried. He met an old man who spoke to him of the prophecies of the Jewish people and of Christianity. These powerful witnesses worked a conversion in Justin, and he was baptized around the age of 30.

The saint was most likely an ordained deacon, spending time at Ephesus with the Jewish population, and in Rome. He is most well known as the author of apologies, or explanations, of the early Church. These important texts give detailed descriptions of the early Church. The elements of faith and the Mass he gives correlate directly to how Catholic's believe and practice today. His witness also shows that the Church of the second century read from the same texts as we do, he mentions the first three Gospels, the letters of Paul and 1 Peter, and is the first known to quote the Acts of the Apostles.

Eventually, Justin's evangelical activity caused him to be arrested in the reign of the Emperor Marcus Aurelius in 165. He, along with six companions, was scourged and beheaded by Rusticus, a prefect of Rome. An eyewitness account of his martyrdom still survives. St. Justin Martyr, pray for us!

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**St. Norbert | June 6**

Born to nobility, St. Norbert of Xanten (c. 1075-1134), was ordained as a subdeacon and served in the court of Henry V, Emperor of Germany. However, at court, it was easy to be distracted by wealth, power, and luxury and he lived a worldly and corrupt life there. By the grace of God, while traveling in a storm, he was nearly struck by lightning and almost killed. This experience changed St. Norbert, and he became penitent, left his court post, and, after a period of discernment in a monastery, felt called to be a priest.

Norbert became an itinerant preacher, preaching against worldly attitudes, but at the Pope's request, finally settled in northern France and founded the Norbertine Order, established according to the rule of St. Augustine. The order grew rapidly and soon founded a women's branch. Norbert traveled and preached across Germany, where he also founded a lay branch of the Norbertines. In Belgium he preached against heresies which denied the Blessed Sacrament; this earned him the title "Apostle of the Blessed Sacrament." He and those of his orders had a great love of and devotion to the Blessed Sacrament, with a devout faith in the Holy Sacrifice of the Mass.

Eventually, he was made Archbishop of Magdeburg, Germany, and later traveled to Rome in support of Pope Innocent II against the antipope. Afterward, he returned to Germany to the court of Emperor Lothar as an advisor. At end of his life, in failing health, St. Norbert was carried back to Magdeburg, where he died.

St. Norbert of Xanten, pray for us!

## Gospel Reflections:

By Colleen Jurkiewicz Dorman

## The Gift of Not Understanding

I once listened to Bishop Daniel Flores — a renowned scholar and prelate — give a 70-minute talk on the Trinitarian nature of God. In those 70 minutes, Bishop Flores said a lot of eloquent things. But what that really landed with me was not any group of words, but a single gesture.

Defining hypostasis, the term we use for the “the reciprocal dynamic relations that constitute distinct identities within the Godhead” (yes, I am using his words because I could never, in a million years, trust my own) Bishop Flores said “the Father and the Son are true God, but the Father is not the Son, and the Son is not the Father. How not? Different hypostasis.”

And here his eyes grew wide; he turned his head and opened his hands, drawing back as if from a spooked horse. The implication was clear: Any further than this, I dare not go.

I’ve never felt so seen.

Sometimes, I make the mistake of thinking that I am unique in my inability to understand the great mysteries. Sometimes, I despair that I am not a “better Catholic” — one who will rush headfirst into the crosshairs of a hard question, confident in the words that come immediately to my lips.

But when I saw Bishop Flores flinch at the thought of defining how, exactly, the Son is not the Father, and vice versa, I remembered that only fools rush in where angels fear to tread.

This Sunday, friends, take heart: our failure to understand is not a poverty. It is a gift. It propels us constantly back to the wellspring of our glorious Faith — to Scripture, to Tradition, to the in-dwelling of the Holy Spirit which sustains each and every one of us who dare to believe.

## Stewardship Reflections:

## Ready for His Return

Where is that guy with the rainbow wig holding a “John 3:16” sign in the end zone at NFL football games? Younger readers may not have any idea what I am talking about! You used to see this guy on TV all the time wearing “Jesus Saves” shirts and holding his sign. Most thought he was a harmless guy, but now he is serving multiple life sentences for taking hostages at a hotel near LAX in 1992. His name is Rollen Stewart and he believed — and continues to believe while in prison — that Jesus’ second coming is imminent. His extreme actions were meant to make people take notice and listen to him. Now he sits behind bars, and most in the world see his name as nothing more than an answer to a trivia question.

It is a sad story when people hurt others or use extreme methods in the name of God. Mr. Stewart’s belief that simply getting people to listen to his message is the most important step in their salvation is misguided. His poor stewardship should stand in stark contrast to our good stewardship. Our actions, seasoned at times with our words, should be the evidence people need to see the transformative power of Jesus Christ. We do believe that he is indeed coming again. But once you have committed yourself to him and live in his life on earth, when he returns is not our main concern. We are ready whenever that time comes, and hopefully, we can help others be ready as well by our example.





**Registration for Fall Catechesis is OPEN  
Programs start at 3 years old!**

Registration for our Fall 2026 faith formation programs is open. Our Catechesis of the Good Shepherd program for children 3 years old through 6<sup>th</sup> grade will begin on Sunday, Sept 13. Our Confirmation Preparation program for children in 7<sup>th</sup> grade and older who are interested in being Confirmed will begin on Sunday, Sept 20. You can register for these programs by scanning the QR code below. For more information or to access the registration form from your browser, please go to [www.teresa.church](http://www.teresa.church). If you have any questions, please reach out to Barb McHugh at [bmchugh@stteresaparish.org](mailto:bmchugh@stteresaparish.org).



You don't want to miss joining the Little Sisters of the Poor at the 25th Anniversary Celebration!

Habits on the Green

Monday, June 8

Midlothian Country Club

5000 W. 147th St. Midlothian, Illinois

Plan for an enjoyable day of golf, fun, food, friendship, and more to benefit the Residents of St. Mary's Home.

Sign up today for this un-fore-gettable event!

## Join Us For Hospitality:

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>

## Loaves and Fishes:

The Loaves & Fishes ministry has been inviting guests indoors to enjoy their meal on Friday evenings.

We need volunteers to greet our guests, serve them, and clean tables. Volunteers are needed on Friday evenings from 3:30 to 6:00. If you cannot arrive by 3:30, just let us know when you sign up. Please email Steve Sibon - [sjsibon@aol.com](mailto:sjsibon@aol.com)

## Calling All Those Who Enjoy Cooking!

Calling All Those Who Enjoy Cooking! Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment, you'll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia

[cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org)

Thank you



## Welcome Committee:

The Parish Council is excited to announce the formation of a new Welcoming Committee here at St Teresa of Avila. We are looking for 2-3 people to help lead this initiative, and help us build a team of welcome volunteers for each mass. The task is simple, we need amazing volunteers that will greet all parishioners before mass with a friendly smile, a nice "hello", and possibly help them find a seat! You may think we already do this, but it's not consistent. Imagine walking into someone's house and not being welcomed when you walk in the door, a place of business, or a restaurant. First impressions can be lasting impressions.

Please consider joining this committee because it'll be fun and rewarding! If interested, please reach out to [Jessica Marx @chicago2381@hotmail.com](mailto:Jessica Marx @chicago2381@hotmail.com).



## Mass Intentions

10AM- Patricia Koesters (D); Pat Flynn (D)

12 PM - Pat Flynn (D)

6PM- Pat Flynn (D)

## Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for those who suffers from illness of mind or body.

We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators

of sexual abuse.



## Mass Schedule

Sunday 6/7 10am- Fr. Frank

Sunday 6/7 12pm- Fr. Udovic

Sunday 6/7 6pm- Fr. Udovic

## Trinity Prayer

**O Divine Mystery, O Sacred Trinity!**  
Surround us with Your wisdom, love, power, and grace.  
Draw us to Yourself. Help us to rest in Your goodness.  
Amen.



## Sunday Funday May 31st:

Today is Macaroon Day

1578- The Catacombs of Rome were discovered.

1859- Big Ben, located at the top of London's 320-foot-high St. Stephen's Tower, began operating.

1971- Observation of Memorial Day occurred on the last Monday in May for the first time. Previously, it was held on May 30.

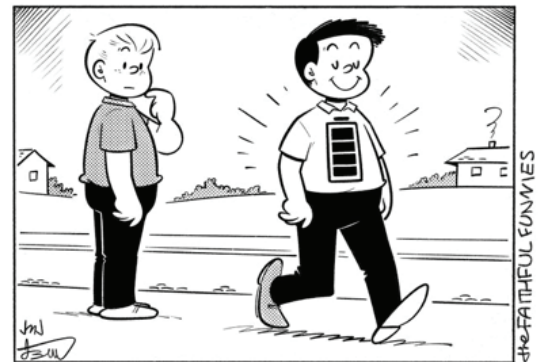
On an analog clock face, 6:30 is hands down the best time of the day.

Before Google launched Gmail, "G-Mail" was the name of a free email service offered by Garfield's website.

"Have faith in your own thoughts."

- Brooke Shields

"What do you call someone who has just been confirmed?"



"Fully charged."



When the members of our parish get confirmed, they are anointed by the Holy Spirit. Let's keep them in our prayers!

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The **TRINITY** is the word we use to describe the nature of God. It means there is one God existing in three *consubstantial* divine persons, making one unified God.



**God the Father:**

God as creator of all things. Begat Jesus (the Son). God the Father is the ultimate source.



**God the Son:**

God as redeemer. Jesus, who was sent to save humanity. Mediator, Teacher, Emmanuel (God is with us).



**God the Holy Spirit:**

God as divine connection. Empowers believers, connects humanity to Jesus and God the Father, reveals truth and inspires.

Devotions, Explained!

Prayer After Meals, Explained

Just as praying before a meal, praying after a meal is meant to inspire in Christians an attitude of thanksgiving and an acknowledgment of our dependence on God.

Though it is a less common practice in the modern world, early Church fathers like Tertullian and St. Jerome extolled the importance of praying after a meal, and the Christian poet Prudentius composed hymns for before and after meals (“ante cibum” and “post cibum”).

There are no “official” prayers for after a meal, but the most common one said by Catholics is this: “We give thee thanks, almighty God, for all your benefits, who lives and reigns forever and ever. And may the souls of the faithful departed, through the mercy of God rest in peace.” It is a benediction which recalls our perpetual fellowship with the entire Body of Christ, including those who have passed from this life.

Catholic Trivia:

Question: What’s the official name for a person who is seeking to be baptized and initiated into the Catholic Church?

Answer: A Catechumen.

Catholic Q & A:

Salvation

Question:

In some passages of the Bible, Jesus makes it sound like only a few people will be saved. But we talk about hoping for everyone’s salvation. So which one is it – will many or few people be saved?

Answer:

Salvation is a mystery of God’s grace. St. Paul encourages us to offer prayers for everyone. He calls it “good and pleasing to God” because God Himself “wills everyone to be saved” (c.f. 1 Tm 2:1-4). The redemption that Jesus offers is held out to all of us. His sacrifice on the cross was already for everyone. Now it is a matter of if and how we accept that salvation in our own lives.

Here on earth, we can’t possibly know the exact number of people who will be in heaven. When we hear words like “many” and “few,” we tend to think of them in quantitative terms. Four wine glasses for six guests is too few. Three slices of cake for one person is too many. For God, however, “many” and “few” are qualitative terms. Imagine for a moment that nearly every human person is in heaven and only a handful had, by their actions on earth, separated themselves from God. For a God who infinitely loves, even one person spending eternity apart from Him is too many!



## Staff

**Fr. Frank Latzko**

Pastor

[frfrankjohn56@gmail.com](mailto:frfrankjohn56@gmail.com)

**Charisse Gioia**

Office Manager/Technology Coordinator/  
Bulletin

[cgioia@stteresaparish.org](mailto:cgioia@stteresaparish.org)

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

**Mark Neuhengen**

Director of Evangelization and  
Parish Mission

[mneuhengen@stteresaparish.org](mailto:mneuhengen@stteresaparish.org)

Mark is responsible for our Parish Evangelization and Ministry. Mark is a graduate from Loyola University Chicago, holds a masters in theology and has been with the parish since 2019.

**Barbara McHugh**

Religious Education

[bmchugh@stteresaparish.org](mailto:bmchugh@stteresaparish.org)

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

**Carol Spalla-Malone**

Part-Time Business Manager

[cspalla@archicago.org](mailto:cspalla@archicago.org)

**Jason Krumwiede**

Director of Music

[musicalnut1@mac.com](mailto:musicalnut1@mac.com)

## Staff

Housekeeping

**Irma Saavedra**

**Sergio Mora**

Building & Facilities Manager

[smora@stteresaparish.org](mailto:smora@stteresaparish.org)

## Parish Council

**Anna Althoff- President**

[annamarialthoff@hotmail.com](mailto:annamarialthoff@hotmail.com)

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

## Finance Council

**Don Eldred- Chair**

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

## Stewardship Committee

**Dan Summins- Chair**

[dsummins@hotmail.com](mailto:dsummins@hotmail.com)

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

## Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: [www.teresa.church/bulletins](http://www.teresa.church/bulletins)

## How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.