

ST. TERESA OF ÁVILA

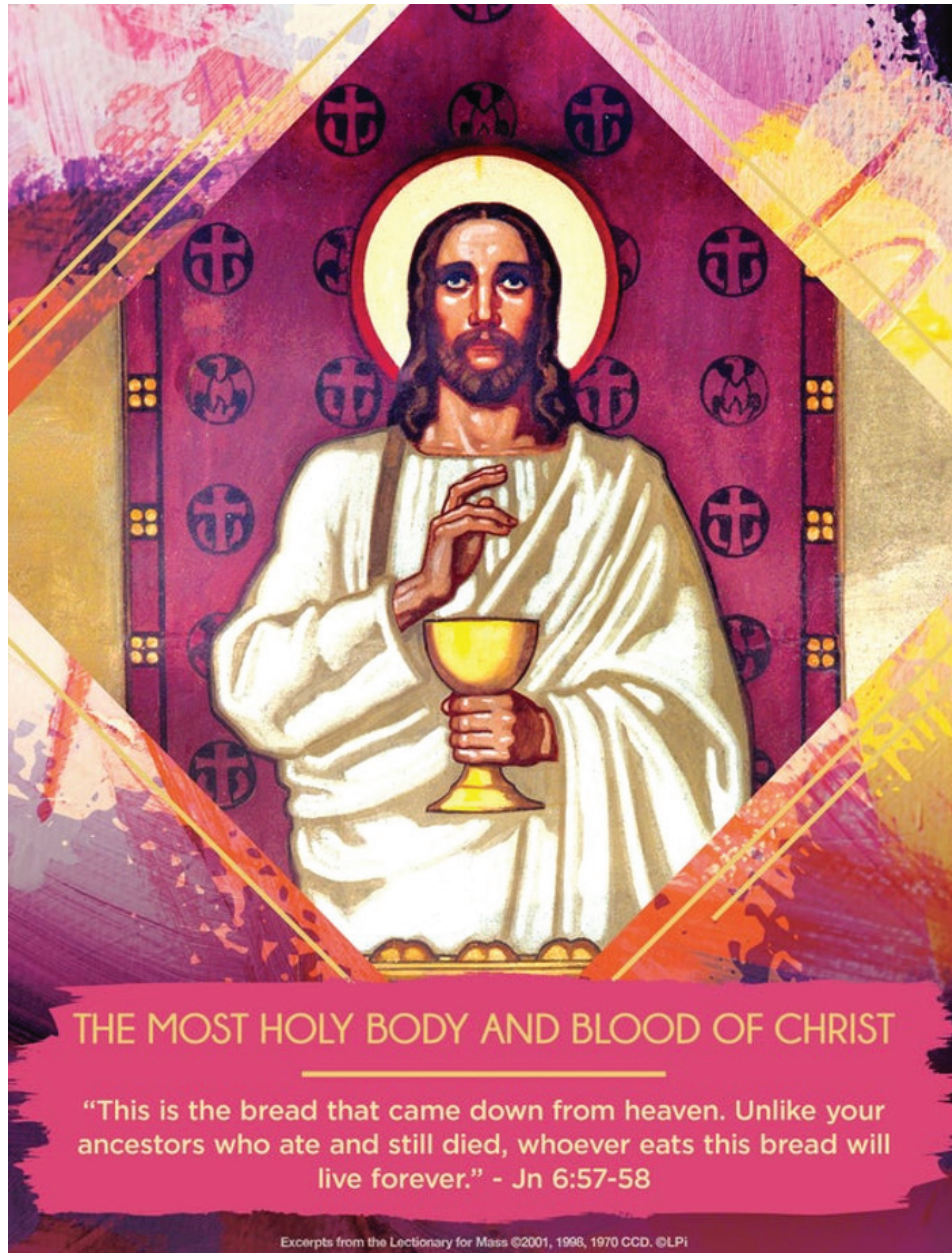
CATHOLIC PARISH † EST 1889

June 7, 2026

“Truth suffers, but never dies.”- St Teresa of Avila

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Pastor

Reverend Frank John Latzko

Address

1037 W. Armitage Ave.
Chicago, Illinois 60614

773-528-6650

Weekend Mass Schedule

Saturday 6 PM French Mass

Sunday 10 AM, 12 PM, 6 PM

Daily Mass Schedule

Wednesday - 8:00AM

Baptism, Reconciliation, Anointing

Please call the office to arrange or email
cgioia@stteraparish.org

Eucharistic Adoration

Tuesdays- 6 PM to 7:30 PM

Office Hours

Weekdays: 8:30 AM to 3:30 PM

www.teresa.church

Welcome

“St. Teresa of Avila Parish is an engaged community rooted in the beauty of the Eucharist and our Catholic faith. We want to make a difference in the lives of the people, especially those who are searching to discover how much God loves them and is calling them to join in the Mission of Christ to live His Gospel. We do so by welcoming people of all backgrounds and cultures in our parish, respecting their desires and questions, crossing borders and learning from those we encounter. You are welcomed to join in the Mission of building bridges and sharing the Good News of Christ.”

Community Ministries

If you want to serve the St. Teresa’s community in our liturgies or our planning, there are many opportunities for you!

RCIA (Rite of Christian Initiation for Adults)

teresa.church/rcia

If you are interested in joining the Catholic Church, or helping those through that process as a companion.

Lectors

teresa.church/lectors

Email eric.fredericks+lm@gmail.com for more information.

Eucharistic Ministers

teresa.church/eucharistic-ministers

Email eric.fredericks+lm@gmail.com for more information.

Pastoral Council

teresa.church/pastoral-council

Represent the parish and help advise the pastor in our mission and vision for our community.

Finance Council

teresa.church/finance-council

Reviews financial documents and position of the parish and advise pastor and business manager on financial decisions.

Are you interested in making St. Teresa’s your spiritual home? Or just want to learn more about our community? Fill out the below form and drop it in the collection basket or join online at teresa.church/join.

Name

Email

Phone

Address

Ministries of Interest

Welcome

In fulfilling our mission to be “Faith & Spirit. Alive.” we invite you to get involved with your family here at St. Teresa of Avila parish.

Outreach Ministries

We have a variety of opportunities you can join to get involved and help serve our community, the Lincoln Park area, and the city of Chicago.

Welcome the Stranger

Join with parishioners from St. Teresa of Avila, St. Josaphat and others in the Lincoln Park Community to support a refugee family's journey in Chicago. Please fill out this link and we will add you to our updates and emails! <https://bit.ly/welcomethestrangerLP>. Additionally, if you would like to work directly with a refugee family, you can sign up at any time for a 3 hour Engaging with Refugees: Cross-Cultural Training <https://exodusworldservice.org/register/>.

Loaves and Fishes Dinner

teresa.church/loaves-and-fishes

Weekly soup kitchen feeding and sitting with people in need of a meal.

La Posada Border Ministry

teresa.church/border-ministry

Travel to the border to help and understand those seeking asylum.

Food Pantry

teresa.church/food-pantry

Our parish food pantry is a welcoming, dependable source of nutritious food, respect and social contact to the needy of our community.



Spiritual Ministries

There are many ministries at St. Teresa's that celebrate our faith via small christian communities, serving in our liturgies, and learning more.

Women's Spirituality

teresa.church/womens-spirituality

Meets the Last Tuesday of the month to provide a supportive space for prayer and reflection.

Men's Spirituality

teresa.church/mens-spirituality

Meets virtually every Tuesdays at 7am to come together and discuss what it means to be a disciple. Email cdeanhockey@gmail.com to get the link and join.

Bible Studies/Discussion Groups

Throughout the year there are bible studies you can join or maybe a book study with Fr. Frank. Schedules change throughout the year, so stay tuned!

Religious Education

teresa.church/religious-education

Whether it's our Montessori based Catechesis of the Good Shephard for children, EDGE Middle School ministry, QUEST High School Ministry, or SPRED Ministry for those with special needs, St. Teresa's has a wide array for programs to meet the needs of our children.

Communauté Catholique Francophone de Chicago

teresa.church/french-community

St. Teresa's is home to a wonderful and vibrant French community.

This Sunday's Readings:

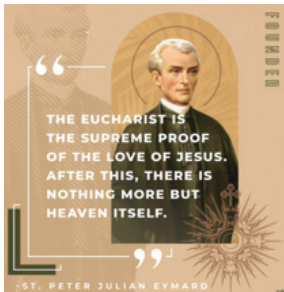
First Reading: "Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery." (Dt 8:14)

Second Reading: Because the loaf of bread is one, we, though many, are one body. (1 Cor 10:17)

Gospel: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." (Jn 6:51)

Feasts and Saints:

- 6/9- St. Ephrem, Deacon and Doctor of the Church
- 6/11- St. Barnabas, Apostle
- 6/12- The Most Sacred Heart of Jesus
- 6/13- The Immaculate Heart of the Blessed Virgin Mary; St. Anthony of Padua, Priest and Doctor of the Church



Gospel Meditation: The Most Holy Body and Blood of Christ:

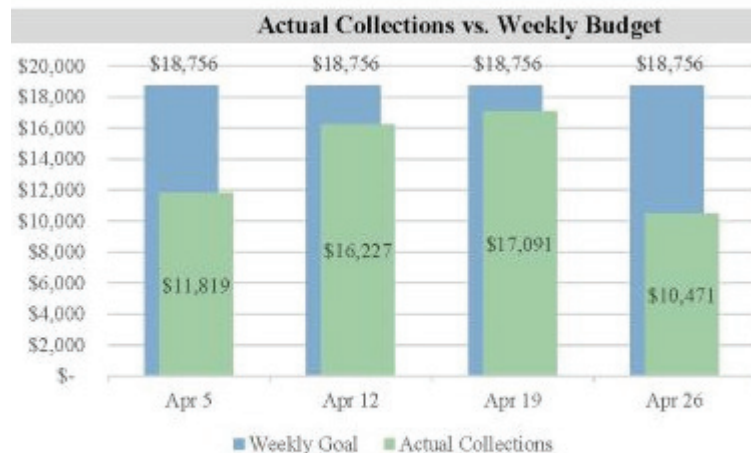
When I was a young altar server, I once overheard two very different comments about the Eucharist. One person asked, "Is Father distributing the bread or the wine?" Later, another asked, "Can you go get Jesus from the tabernacle?" Same parish, same Mass, but two very different ways of speaking. I pondered: So, is it bread that we pretend is Jesus? Or is Jesus a tiny white thing in a box? I was utterly confused. This Feast of Corpus Christi is an excellent time to think about how we should speak about the Eucharist. In today's Gospel, Jesus declares: "My flesh is true food, and my blood is true drink." (John 6:55) His words scandalized his listeners, who feared cannibalism, and even today puzzle many, who reduce them to metaphor. Both miss the truth.

The Church gives us better words that honor Jesus' words in the Gospel. After the consecration, we do not call it "bread" or "wine." Nor do we say, "a piece of Jesus" or even "Jesus." We say: the Eucharist. We say: the Body and Blood of Christ. We say: the Real Presence. We say: the Most Blessed Sacrament. These words safeguard the astonishing reality that Christ himself is truly present, whole and entire, under the appearances of bread and wine. If we speak well about the Eucharist, we will think more clearly and believe more deeply. And if we believe more deeply, we will adore more truly the One who gives himself to us — not bread, not wine, but Jesus Christ himself, whole and entire.

— Father John Muir

Financials: April 2026

	FY26	FY25
Basket/Mail In:	22,930	12,585
Give Central:	37,170	37,150
Total:	THIS YEAR	PREVIOUS YEAR
	\$60,100	\$49,735
		\$10,365



St. Barnabas | June 11

Saint Barnabas, originally named Joseph and a Jew of the tribe of Levi, was born on the isle of Cyprus .

Joseph followed Jesus during his public ministry and might have been one of the seventy-two disciples whom Jesus sent out on a mission . Barnabas' first mention in the New Testament appears when he "sold a piece of property that he owned, then brought the money and put it at the feet of the apostles" . The Apostles changed Joseph's name to Barnabas, which means "son of encouragement."

After Saint Paul had converted to Christianity and spent three years fasting and praying in Arabia, he traveled to Jerusalem. The Apostles hesitated to receive him, but Barnabas brought Paul to them. Paul recounted his story before returning to his hometown of Tarsus. During that time, a Christian community grew among the Gentiles in Antioch in Syria. After the Apostles sent Barnabas to Antioch, he found St. Paul in Tarsus and brought him to Antioch to help preach the Good News.

According to a fifth-century tradition, Barnabas was preaching the Gospel around the year 61 and was arrested, dragged out of the city, and either burned or stoned. Another legend holds that in 478, Saint Barnabas appeared to the Archbishop of Cyprus and revealed his burial site to him. Archbishop Anthemios found Saint Barnabas' body incorrupt, holding the Gospel of Matthew. The Roman emperor erected a church at the site and buried Saint Barnabas there.

The church was later lost to history, but excavations uncovered what people believed to be Saint Barnabas' tomb.

Saint Barnabas is the patron saint of Cyprus because he was the first missionary bishop on that island.

St. Anthony of Padua | June 13

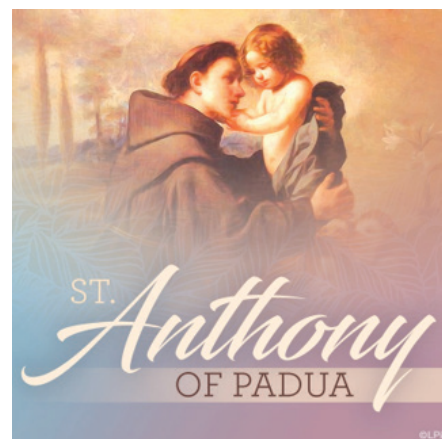
"St. Anthony, St. Anthony, come around! Something's lost that must be found!" Did you learn this rhyme in childhood?

St. Anthony of Padua is more than the patron saint for lost items. By his life, he shows a special interest in lost souls. St. Anthony was born to noble parents, but he preferred a simple life of faith to the riches of his childhood. He joined the Franciscan order in 1220. He quickly became known for his eloquence in preaching. He had a way of reaching all sorts, from nobles to clergy to those who had fallen away from the Catholic faith.

In addition to preaching, St. Anthony organized supplies for the poor and negotiated release for prisoners of war between Italian city-states. However you or your loved ones feel lost this week, pray for St. Anthony's intercession!

Prayer to Find What Is Lost

St. Anthony, when you prayed, your stolen book of prayers was given back to you. Pray now for all of us who have lost things precious and dear. Pray for all who have lost faith, hope or the friendship of God. Pray for us who have lost friends or relatives by death. Pray for all who have lost peace of mind or spirit. Pray that we may be given new hope, new faith, new love. Pray that lost things, needful and helpful to us, may be returned to our keeping. Or, if we must continue in our loss, pray that we may be given Christ's comfort and peace. Amen.



Gospel Reflections:

By Colleen Jurkiewicz Dorman

True Food

Like most millennial women, I have a bizarre relationship with food.

I'm so busy and distracted that most days, I forget to eat – until nighttime, when I make some very questionable decisions, usually involving cake. I also came of age in a time when any woman without a visible eating disorder was labeled as “curvy” (and curvy was understood by everyone to be A Very Bad Thing). Thus, I have a deep feeling of shame whenever I do eat, even when I am hungry, and even when it's something good for me.

I'm so messed up when it comes to food that I often wonder if I even have a good point of reference for understanding the Eucharist. What is “true food” and “true drink,” when you live in a society where bodily nourishment is so plentiful – at least for certain fortunate people like me – that we reject it out of pride, that we feel a shame for needing it, and that we use it as a balm for feelings of boredom, pain, and fear?

But I suppose there's no better way to understand the Eucharist, when you really think about it. The Israelites survived on manna from Heaven – what they would have given for a grocery store. What they would have given for redemption.

I am given both. I appreciate neither to the extent that I should.

True food, true nourishment, true life – physical and spiritual – these are things we all desperately want. And so many of us have them. But our ability to understand what they mean – well, it's hampered. This isn't Eden, after all.

We are reading a book missing half its pages, singing a harmony missing half its parts. We stumble forward, knowing that the fullness can come, will come – one day.

If we keep trying.

Stewardship Reflections:

The Heart of Stewardship

What else is there to give when one has already given away one's body and one's life? What more can one say or do to demonstrate love for another when all one had has been given to another? This total giving of self to loved ones cannot be trumped by flowery words or material gifts that are fleeting. This is the ultimate in love. This is the love Jesus had for us on the way to his Passion, at the institution of the Holy Eucharist. This is the love he has for us daily in the celebration of the Mass on altars in every church, in every city, in every nation on earth. No one can give more. No one can ask for more. This is the true heart of Christian stewardship.

If you take the time to gaze upon your God in the simplest of forms and begin to reflect on what has actually taken place with bread and wine becoming the presence of the Divine, then you can begin to understand true humility, sacrifice, and love. And when you have the privilege to take that Real Presence into your body at the meal where you are an honored guest, you become one with the One who is the embodiment of stewardship.

Then, you must ask yourself, “How can I even begin to reflect the love that I have encountered at this feast?” The answer is you can begin with the simple actions of the day: where will you go, whom will you meet, and in what work will you partake? Jesus Christ has shown that the greatest gift ever given can be disguised in this world in a piece of bread. By joining your body to his, he can now transform human hearts, not by grand acts, but by everyday acts, by everyday people, practicing Everyday Stewardship.





**Registration for Fall Catechesis is OPEN
Programs start at 3 years old!**

Registration for our Fall 2026 faith formation programs is open. Our Catechesis of the Good Shepherd program for children 3 years old through 6th grade will begin on Sunday, Sept 13. Our Confirmation Preparation program for children in 7th grade and older who are interested in being Confirmed will begin on Sunday, Sept 20. You can register for these programs by scanning the QR code below. For more information or to access the registration form from your browser, please go to www.teresa.church. If you have any questions, please reach out to Barb McHugh at bmchugh@sttereseparish.org.



To Teach Who Christ Is Campaign:

Prior to Generation to Generation there was The Teach Who Christ Is campaign.

The TTWCI account through the Archdiocese of Chicago has officially been closed.

Thank You For Your Support!



Join Us For Hospitality:

After the 10am and 6pm Mass

This is a wonderful way to catch up and visit with fellow parishioners as well as meeting new ones and getting to know each other! If you would be interested in hosting a Sunday after the 10am Mass here is the link to sign up-

<https://signup.com/go/uwfqUZN>

Loaves and Fishes:

The Loaves & Fishes ministry has been inviting guests indoors to enjoy their meal on Friday evenings.

We need volunteers to greet our guests, serve them, and clean tables. Volunteers are needed on Friday evenings from 3:30 to 6:00. If you cannot arrive by 3:30, just let us know when you sign up. Please email Steve Sibon - sjsibon@aol.com

Calling All Those Who Enjoy Cooking!

Calling All Those Who Enjoy Cooking! Hearing the call to serve those less fortunate? Always wanted to (learn to) cook for a crowd? Our Loaves and Fishes Ministry is seeking cooks (and helpers) to prepare a warm dinner for the elderly and homeless in our area, served each Friday afternoon. For a 3-6 hour commitment, you'll meet a wonderful group of people to work with, share kitchen tips and feel good about helping those in need. For more info, please contact Charisse Gioia

cgioia@stteresaparish.org

Thank you



Welcome Committee:

The Parish Council is excited to announce the formation of a new Welcoming Committee here at St Teresa of Avila. We are looking for 2-3 people to help lead this initiative, and help us build a team of welcome volunteers for each mass. The task is simple, we need amazing volunteers that will greet all parishioners before mass with a friendly smile, a nice "hello", and possibly help them find a seat! You may think we already do this, but it's not consistent. Imagine walking into someone's house and not being welcomed when you walk in the door, a place of business, or a restaurant. First impressions can be lasting impressions.

Please consider joining this committee because it'll be fun and rewarding! If interested, please reach out to Jessica Marx @chicago2381@hotmail.com.



Mass Intentions

10AM- Nancy Welter (D)

12 PM - Parishioners of St. Teresa of Avila Living and Deceased

6PM- Parishioners of St. Teresa of Avila Living and Deceased

Let Us Pray For: The Sick, The Deceased and Peace in Our World:

We pray for those who suffers from illness of mind or body.

We pray for those who have passed away.

We pray for peace in our city and around the world.

We pray for the intentions on our prayer cards.

We pray for survivors and perpetrators of sexual abuse.



Mass Schedule

Sunday 6/14 10am- Fr. Udovic

Sunday 6/14 12pm- Fr. Frank

Sunday 6/14 6pm- Fr. Frank

Corpus Christi Prayer

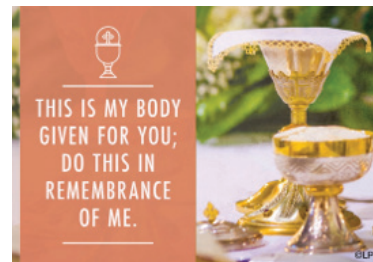
O Precious Jesus, The gift of your Body and Blood, shared with us, is unfathomable.

Like manna that satiated our hunger, fill us where we lack.

Like the bread given to Elijah in the desert, sustain us.

Grace us with a glimpse into your love for us,

now and forever, present in the Eucharist. Amen.



Sunday Funday June 7th:

Today is Chocolate Ice Cream Day and Doughnut Day

1893- Mohandas Gandhi committed his first act of civil disobedience.

1972- Broadway – Grease (Musical) opened

1976- The Tribal Rites of the New Saturday Night by journalist Nik Cohn was published in New York Magazine. It was the inspiration for the film Saturday Night Fever.

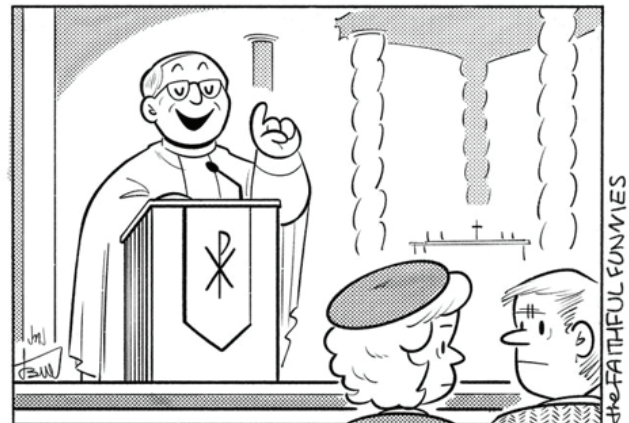
1982- Priscilla Presley opened Graceland to the public.

1990- Universal Studios Florida opened in Orlando, Florida.

If you do what you love, success is almost guaranteed.

A week's worth of Jeopardy shows is filmed in just one day.

“What do you call the pope when he tells a corny joke during his homily?”

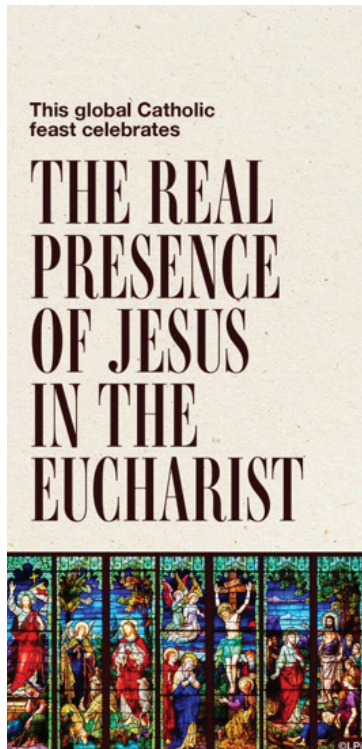
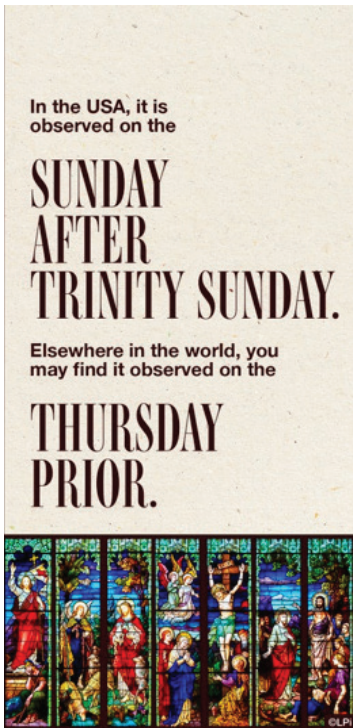
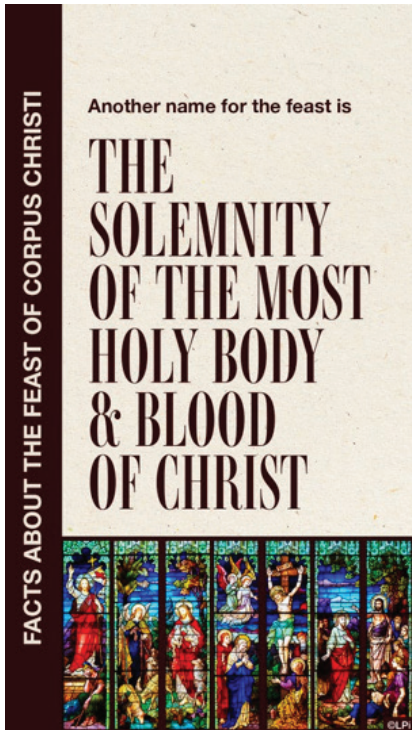


“The Supreme Pun-tiff.”



The pope is sometimes called the “Supreme Pontiff,” a more formal way of referring to him. The word “pontiff” derives from the Latin word “pontifex,” which means “bridge builder.”

G.P.



Ordinary Time:

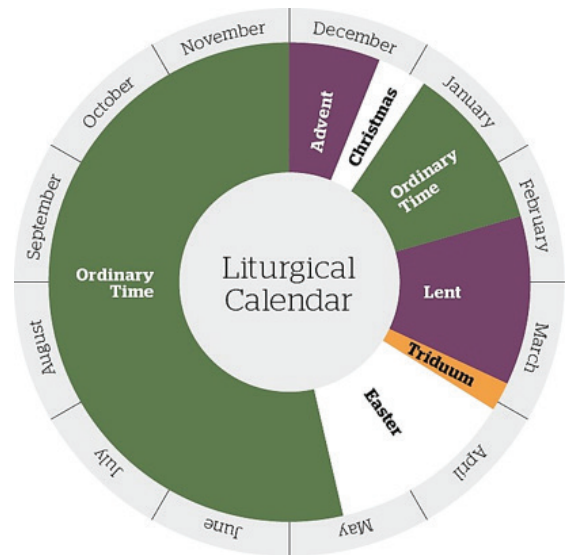
Ordinary Time is not “ordinary” in the sense of being routine or unimportant; rather, it refers to the ordered, counted weeks of the church year.

It is dedicated to exploring the public life, teachings, and ministry of Jesus, offering the faithful a time to grow in daily Christian life and spiritual maturation.

During this extended summer stretch, the Church also observes significant Solemnities, including the Nativity of St. John the Baptist (June 24), the Solemnity of Saints Peter and Paul (June 29), the Assumption of the Blessed Virgin Mary (August 15), and All Saints’ Day (November 1).

Timeframe: June 8 through November 28, 2026.

Conclusion of Ordinary Time: Sunday, November 22, 2026 (Solemnity of Our Lord Jesus Christ, King of the Universe).



Virtues, Explained!

Gratitude, Explained!

How many of us have been told to “be grateful” when we look a little glum? But the truth is that gratitude is about more than just attitude. This virtue concerns our actions – how we carry ourselves in the world, how we behave toward other people, and how we submit to lawful authority.

“Gratitude answers to the moral debt,” St. Thomas Aquinas writes (Sum., II:II, 106, Art. 1). We owe gratitude to those who have cared for us – children owe it to their parents in the form of respect (CCC 215) and citizens owe it to their country in the form of love and service (CCC 215).

The Eucharist is the most perfect act of gratitude. Appropriately, Jesus “gives thanks” for the bread at the Last Supper, just as we give thanks before the Eucharist – acknowledging God as the principal source of all that is good.

Catholic Trivia:

Question: What term describes the changing of the bread and wine into the Body and Blood of Christ during Mass?

Answer: Transubstantiation

Catholic Q & A:

Question:

Why do we celebrate the Hearts of Jesus in the month of June?

Answer:

Devotion to the Sacred Heart of Jesus is an ancient practice. We can see its Scriptural origins in Jesus’ own references to His Heart. “Come to me, all you who labor and are burdened, and I will give you rest ... for I am meek and humble of heart” (c.f. Matthew 11:28, 29).

The devotion received a surge of popularity in the late 1600s. Jesus appeared several times to a French religious sister, St. Margaret Mary Alacoque, pointing to his heart. During this time, the Jansenist heresy had risen in France, which preached limited predestination for salvation. When appearing to Margaret Mary, Jesus affirmed his love for all mankind: “Behold the Heart which has so loved men that it has spared nothing.” He asked for a special feast celebrating his Sacred Heart on the Friday following the feast of Corpus Christi. Over time, June has become known as the month of Sacred Heart.



Staff

Fr. Frank Latzko

Pastor

frfrankjohn56@gmail.com

Charisse Gioia

Office Manager/Technology Coordinator/
Bulletin

cgioia@stteresaparish.org

Charisse is responsible for managing the parish office as well producing our weekly bulletin and emails.

Charisse has been with the parish since 2019.

Barbara McHugh

Religious Education

bmchugh@stteresaparish.org

Barb is responsible for our Children's Faith formation programs. She and her husband Ed have been parishioners at St. Teresa's for over 30 years.

Carol Spalla-Malone

Part-Time Business Manager

cspalla@archicago.org

Jason Krumwiede

Director of Music

musicalnut1@mac.com

Housekeeping

Irma Saavedra

Sergio Mora

Building & Facilities Manager

smora@stteresaparish.org

Parish Council

Anna Althoff- President

annamariealthoff@hotmail.com

The Parish Pastoral Council is a consultative body to the pastor and represents a cross section of the parish. Together with the Pastor, the PPC helps to craft and carry out the Mission of the Parish.

Finance Council

Don Eldred- Chair

The St. Teresa Finance Council reviews the financial documents and position of the parish and advises the pastor and business manager on financial matters, including the preparation of the annual parish budget.

Stewardship Committee

Dan Summins- Chair

dsummins@hotmail.com

The Stewardship Committee's goal is to foster a sense of gratefulness and response of increased sharing of gifts in the parish and communities we seek to support. We do this by creating, encouraging and communicating ideas and programs that help parishioners recognize and share their gifts.

Contributing to the Bulletin

Past bulletins and guidelines for submitting to the bulletin are available on our website at: www.teresa.church/bulletins

How to Report Sexual Abuse

To report an allegation of sexual abuse and/or neglect of minors, contact the Department of Children and Family Services (DCFS) Hotline at 800.25.ABUSE (800.252.2873) and/or contact your local police department.

You can also contact the Office of Protection of Children and Youth (OPCY) at 312.534.5254.