

## Drain Care Instructions & Record Sheet

You have a Jackson Pratt (also called a JP) drain placed under your skin to remove any blood or excess fluids that may collect there as part of the healing process. You may need to empty the drain every six to eight hours or as needed for the first 48 hours after your procedure. After this, you may empty it twice a day. Our staff will show you how to empty and take care of the drain. The following instructions will help you at home. If you have any questions, please ask our staff or contact Dr. Anthony's office at (415) 395-7323.

How to empty the drain:

1. Wash your hands and unpin the drain from your clothes or garment.
2. Hold the drain away from yourself with the stopper at the top.
3. **Very carefully, gently remove** the stopper from the pouring spout and once the drain is fully expanded, read the amount of fluid in the drain by using the lines on the side of the drain or pour the entire contents out in a measuring cup if it has been provided.
4. To close the drain, use one hand to squeeze the bulb together and re-insert the stopper back into the spout to re-establish suction.
5. Record the output over a 24 hour period.
6. When the drain output reaches less than 30 cc's in a 24 hour period for 2 consecutive days, it usually is ready to be removed.

Date / Time	Amount CC's Drain #		Date / Time	Amount CC's Drain #		Date / Time	Amount CC's Drain #	
	1	2		1	2		1	2

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Patient Signature

\_\_\_\_\_  
Date