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## **Browlift Post-Operative Instructions**

- 1. After getting home, continue resting comfortably for the next 24 hours with your head elevated. Have someone assist you in getting up, going to the restroom, etc. for the first day or two.
- 2. For the next 3-5 nights, sleep in your back with 3 to 4 pillows behind your head and back. This will help minimize the amount of facial edema (swelling and ecchymosis (bruising) after surgery. **The bruising and swelling usually subsides within 4-6 weeks after surgery.**
- 3. To help minimize swelling and discomfort, you may apply ice cold compresses to and around the eyes during the next 24 hours after surgery.
- 4. If you experience pain, please take your prescribed medication as direction. This medication should be taken with food to prevent nausea. Tylenol (Acetaminophen) may be taken in the place of your prescription.
- 5. If you were discharged with an oral antibiotic, it should be taken through its full cycle as directed.
- 6. Do not drive or operate heavy machinery for at least 24 hours after your procedure, or for as long as you take prescription pain medication. Do not make any important decisions, either, as the medications may interfere with your judgment.
- 7. Call your **doctor's office immediately** at **856-344-5906** if you experience any of the following symptoms: Temperature above 101.8 degrees Fahrenheit, shakes and chills, severe unrelieved pain, or bright red blood from the incision sites, localized swelling with redness and warm to the touch, or sudden onset of significant swelling to the face or neck.