



# CORRADO

CENTER FOR FACIAL PLASTIC  
& COSMETIC SURGERY

## **OTOPLASTY("Ear Pinning")**

### **POST-OPERATIVE INSTRUCTIONS**

1. After getting home, continue resting comfortably for the next 24 hours with your head elevated to help alleviate swelling.
2. Sleep on your back with 3 to 4 pillows behind your head and back. Avoid any pressure on ears.
3. After surgery, you will have a large dressing in place around the head covering the ears for the first 24 hours. On the next day after your surgery the doctor will remove your dressing and reapply a clean dressing for another 24 hours. You will then follow up on the second postoperative day (48 hours after surgery) at which time the dressing will be removed. You will be given a headband and wound care instructions which you will use for the remaining week after surgery.
4. To help minimize swelling and discomfort, you may apply ice cold compresses just below the head wrap (20 minutes per hour) the first 24 hours after surgery. Swelling around the ears is a normal occurrence and the amount depends on the extent of the surgery, and all swelling varies depending on the patient.
5. If you experience pain, please take your prescribed pain medication as directed. This medication should be taken with food to prevent nausea. Tylenol (Acetaminophen) may be taken in the place of your prescription.
6. If you become nauseous do not hesitate to take the anti-nausea medication as prescribed

(Odansetron)

7. If you were discharged with an oral antibiotic it should be taken through its full cycle as directed.
8. Call your doctors office immediately at 877-481-3223 if you experience any of the following symptoms: Temperature above 101.8°F, shakes and chills, severe unrelieved pain, or increased bleeding noticed on the dressing.
9. Do not engage in any strenuous activities for the next 3 weeks after surgery or as instructed by your doctor.
10. You can expect edema (swelling) as well as ecchymosis (bruising) around your face after surgery. The amount of edema and ecchymosis depends on the extent of surgery as well as the individual's tendency to bruise.
11. Refrain from tobacco and all nicotine containing products as these substances will cause healing complications.
12. Refrain from all medications noted in the preoperative instructions which have a blood thinning effect for up to two weeks after your surgery.
13. Refrain from all alcohol and caffeinated beverages until instructed by your physician.

***Should you have any questions or concerns do not hesitate to call our office at***

***1(877)481-FACE***