

F: Sample Appointment Reminder Letter Language

Including language for both breast and lung screenings into annual patient appointment reminders/letters is an effective way to support both initiatives. Below you will find sample language for this purpose.

Use to add Breast Cancer Screening Information to Lung Cancer Letters

Did you know that breast cancer is the most diagnosed cancer and the second leading cause of cancer death in West Virginia women? Mammography is the best screening tool we have for the early detection of breast cancer. Screening guidelines vary based on individual risk and family history. Talk to your healthcare provider to determine if you start screening at age 40 and whether you screen every year or every other year.

Use to add Lung Screening Information to Breast Cancer Letters

Did you know that lung cancer is the leading cause of cancer deaths in women and men in West Virginia and surrounding areas? The current United States Preventive Services Task Force (USPSTF) guidelines recommend adults ages 50-80 should get a low dose computed tomography (LDCT) lung cancer screening if they:

- Currently smoke or quit within the past 15 years
- Have at least a 20 pack year history
 - Number of packs per day X number of years smoked = pack year history

It is important to talk to your provider about your risk factors and determine if screening is right for you.

For more information, visit https://www.cdc.gov/cancer/lung/basic_info/