

Patient Children Policy

Purpose

Genesis Lifestyle Medicine is committed to providing a professional, safe, and comfortable environment for all patients and staff. This policy outlines expectations regarding children during appointments and treatments.

Definitions

For the purposes of this policy:

- **Minor:** Any individual under the age of 18
- **Parent/Guardian:** The legal parent or authorized guardian responsible for a minor
- **Active Supervision:** Continuous, attentive care and monitoring of a child
- **Unattended:** A minor left without a responsible adult present
- **Clinical Environment:** Treatment rooms, consultation areas, and other spaces where medical or aesthetic procedures occur
- **Small children:** Children requiring active supervision or ongoing care

Core Policy Requirements

Children During Consultations and Treatments

Patients should not bring small children who require active supervision or ongoing care during consultations or treatment sessions. Our medical procedures and consultations require your full attention and focus, and we need to ensure the safety and comfort of all individuals in our facilities, including Genesis team members. Children requiring constant supervision cannot be adequately cared for in our clinical environment.

We strongly encourage patients to arrange childcare for their appointments. This allows you to focus fully on your consultation or treatment and ensures your child is in a safe, supervised environment.

Unattended Children in Reception

Children under the age of 13 may not be left unattended in the reception area while you are in your consultation or treatment. Our staff is not able to provide childcare, and we cannot be responsible for supervising minors during your appointment. This is for the safety and security of all children and our operational efficiency.

All minors under the age of 18 must be accompanied by a parent or guardian while on Genesis Lifestyle Medicine premises. Minors cannot be left unattended in reception areas, waiting rooms, or any other part of the facility.

Bringing Children to Appointments

If you need to bring a child to your appointment, please be mindful of the specific nature of your consultation or treatment. Some appointments involve sensitive discussions about health concerns, medications, or aesthetic treatments that may not be appropriate for younger individuals to observe or overhear. We encourage you to make alternative childcare arrangements whenever possible.

Certain consultations and treatments are not appropriate for minors to attend, including but not limited to:

- Sexual health and wellness consultations and procedures
- Aesthetic procedures involving lasers or injections
- Hormone therapy consultations
- Any discussion of personal health information unrelated to the minor

For treatments involving lasers or sexual health procedures, children are strictly prohibited.

If a parent/guardian must attend an appointment and a minor is present, we will make reasonable efforts to conduct sensitive discussions in a private setting. However, we strongly recommend arranging alternative childcare.

Privacy and Confidentiality

If a minor is present during a parent/guardian's appointment, Genesis Lifestyle Medicine will take reasonable steps to protect the privacy and confidentiality of all patients. However, a minor's presence may limit the scope of discussions or require rescheduling sensitive portions of your appointment.

Childcare Not Provided On-Site

Genesis Lifestyle Medicine does not provide childcare services. Our staff is not trained or available to supervise minors, and our facilities are designed for adult medical and aesthetic care. This policy protects:

- Your child's safety and security
- Patient privacy and confidentiality
- Clinical efficiency and staff focus
- Compliance with health and safety regulations

Solutions and Alternatives

Plan Ahead

Arrange childcare in advance of your appointment. This allows you to be fully present for your consultation and ensures your child is in a safe, supervised environment.

Communicate with Staff

When scheduling your appointment, inform our team if you have questions about bringing a child. Our staff can help you find solutions that work for your situation.

Telehealth Appointments

For certain consultations, we offer telehealth appointments through [Genesis Lifestyle's telehealth platform](#). This may provide flexibility if childcare is unavailable. Ask our scheduling team which services are available via telehealth.

Schedule During School Hours

When possible, schedule appointments during times when children are in school to simplify your childcare arrangements.

Childcare Resources

While Genesis Lifestyle Medicine does not provide childcare, our staff can provide information about vetted childcare providers and resources in your area. Please ask at check-in or call your location directly.

Rescheduling

If you are unable to arrange childcare, we're happy to reschedule your appointment for a time that works better for your family situation. Contact your location to make changes.

Respect Our Environment

Our facilities are designed for adults receiving medical and aesthetic care. Keeping children in appropriate settings helps us maintain a professional atmosphere for all patients and staff members.

What to Do If You Need to Bring a Minor

If you absolutely cannot arrange childcare and need to bring a minor to your appointment:



1. **Notify staff immediately** when you arrive or when scheduling your appointment
2. **Keep the minor with you** at all times while on premises
3. **Remain in the waiting area** during your appointment if the minor cannot be left with you in the treatment room
4. **Understand that your appointment may need to be rescheduled** if we cannot accommodate a minor safely or appropriately
5. **Contact your location directly** to discuss your specific situation

Parental Responsibility and Liability

Parents and guardians are responsible for the safety and supervision of their minor children while on Genesis Lifestyle Medicine premises. Genesis Lifestyle Medicine is not liable for any injury, loss, or incident involving an unattended or inadequately supervised minor. By bringing a minor to our facility, you acknowledge responsibility for their safety and wellbeing.

Exceptions

In rare circumstances, exceptions may be made at the discretion of the Clinic Director and/or provider. Circumstances that may warrant an exception include:

- Medical emergencies
- Unique family situations or hardships
- Disabilities or accessibility needs

To request an exception, please contact your location at least 48 hours before your scheduled appointment. Our team will work with you to find a solution. Please contact your location directly at [phone #] to discuss any special situations or concerns.

Communication and Visibility

This policy is communicated to all patients through:

- Signage in reception areas
- Appointment confirmation emails and reminders
- Our website
- Intake and consent forms

Frequently Asked Questions

Q: Can I bring my teenager to my appointment?

A: Minors under 18 must be accompanied by a parent or guardian. We encourage you to

arrange childcare, especially for sensitive procedures or consultations. If you have questions about your specific appointment, please call us.

Q: What if I have no childcare options?

A: We understand that childcare can be challenging. Please contact us to discuss alternatives, including telehealth options, rescheduling, or special arrangements.

Q: Is telehealth available for my appointment type?

A: Many consultations are available via telehealth. Ask our scheduling team when you book, or call your location to inquire about options.

Q: What if my child is in an emergency situation?

A: If you're facing a genuine emergency, contact your location immediately to discuss your situation. We'll do our best to help.

Q: Can my child stay in the waiting room while I'm in treatment?

A: No. Children under 13 cannot be left unattended. All minors under 18 must be accompanied by a responsible adult at all times while on premises.

Q: What happens if I bring a child and it's not appropriate for the appointment?

A: Our staff will work with you to find a solution, which may include rescheduling your appointment or conducting your consultation via telehealth.

Questions?

If you have questions about this policy, please don't hesitate to reach out to your Genesis Lifestyle Medicine location. We're here to help make your experience as smooth as possible.

Effective Date: 06/01/2026

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Next Review Date: 06/2027

Jurisdiction Note: This policy is designed to comply with applicable state and local regulations. Genesis Lifestyle Medicine reserves the right to modify this policy to ensure compliance with current laws and best practices.