

Don't forget to pack cruise insurance! Learn more at www.bhtp.com/cruise-insurance.

Clothing/Accessories

■ Undergarments (including baselayers)	Dry bags/pouches (multiple sizes)	Hiking shoes (lugged soles, waterproof)	Laundry kit (soap, stain remover, dryer sheets, wrinkle remover)
Socks/stockings (include extra pairs of warm, natural-fiber socks)	Moisture-wicking warm layers	Collapsible tote/laundry bag	Sunglasses (heavy-duty, polarized, scratch-resistant)
Sleepwear	Swimwear (for warm-weather cruise)	Sandals/flip-flops	
T-shirts (Dri-Fit or similar fabric)	Coats/jackets/rainwear	Belts	
Jeans	Hats	Secure clothing (money belt, storage pouches, etc)	
Pants	Gloves	Over-the-door toiletry/shoe organizer/storage bag	
Shorts	Umbrella (heavy-duty and compact, like the Blunt Metro)	Lanyard	
Blanket/shawl (in warm, natural fibers)	Mini-hangers		
	Watch/fitness tracker (must be waterproof)		

Personal-Care Items

Soap	Pain relievers	Feminine-hygiene products	Bandages
Shampoo/conditioner	Vitamins	Birth control	First-aid ointment
Brush/comb	Sunscreen	Nail file/clippers	Insect repellent
Heel cream/athlete's foot cream	Hand cream (heavy-duty, like O'Keefe's Working Hands)	Tweezers	Hand/feet warmers
Face cleanser/moisturizer	Contact lenses/solution	Hand sanitizer	Shaving supplies

Miscellaneous

Office supplies (post-its, paper clips, rubber bands, envelopes, Ziploc bags, writing pad)	Nightlight	Plug adaptor	Emergency contacts
	Outlet strip	Copies of passport/credit card/prescriptions	Credit-card/bank contacts
	Mask/snorkel		

Carry-on

Books/magazines	Copies of prescriptions	Camera and accessories	Maps/directions/guidebook/itinerary
Cell phone (in heavy-duty, waterproof case)	Toothbrush/paste/floss	Passport/visa/ID	Spare shoes
Earbuds/headphones	Changes of clothes (2)	Writing materials	House keys
Travel blanket and pillow	Food/snacks/gum	Chargers and adapters (including a power bank)	Laptop/tablet
Ear plugs/eye mask	Water bottle(s)	Cash (including small bills in U.S. currency)	
Tissues	Medications including seasickness remedies	Credit/ATM cards	
Lip balm	Jewelry and other valuables in a waterproof case	Insurance cards	