



## 34<sup>th</sup> edition of the Dona Antónia Awards

# MARIA JOÃO AVILLEZ AND MARIA DO CARMO TEIXEIRA BASTOS ARE THE 2021 WINNERS

**Vila Nova de Gaia, July 1st 2022** - Maria João Avillez, one of the greatest references of national political journalism is the winner of the Consecration Award and Maria do Carmo Teixeira Bastos was distinguished with the Revelation Award, for her contribution as co-founder and president of Young Parkies Portugal, the Portuguese Early Parkinson's Association.

Since its creation in 1988, the Dona Antónia Adelaide Ferreira Awards have aimed to distinguish and honour Portuguese women with an exceptional life path, who stand out for their human qualities, entrepreneurial spirit, leadership ability and social sensitivity, openness to innovation and constant search for their own development.

The jury, autonomous and chaired by Artur Santos Silva, annually awards the Career Consecration Prize, which pays tribute to a consolidated life path deserving unequivocal public recognition, and a Revelation Prize, which seeks to honour an important career in a phase of affirmation and development.

All the winners are protagonists of a unique and different story, following the example of the life and work of Dona Antónia and identifying with the personal and professional values embodied by the same. A unique character in the history of the Douro, entrepreneurial and with a strong humanist character, Dona Antónia decisively inspired the development of the great Port wine house, Porto Ferreira, and of all Douro viticulture, contributing to the economic, social and cultural development of our country.

*"It is with great responsibility and sense of mission that Sogrape promotes, year after year, this award as part of its social responsibility plan. By distinguishing outstanding women who, due to their human characteristics and professional skills, have left a positive mark on our communities and on our country,*

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*Sogrape is not only justly recognising the commitment and work carried out by them but also, and above all, promoting role models that may inspire more young women to undertake and contribute towards a better world", says Raquel Seabra, Board Member of Sogrape.*

## Meet the winners

**Maria João Avillez** has dedicated her career to journalism, being recognised as the "chronicler of Portuguese politics", as she is the woman who wrote the most iconic books of the last 50 years in the area of politics, with a special focus on the political protagonists of the post-April 25 period. She has always stood out for her power of observation and taste for storytelling and "face-to-face" journalism, gifted with an endless curiosity.

At the age of 17 she started in the media as an announcer for the Juvenile Programme on Radiotevisão Portuguesa, with João Lobo Antunes, Júlio Isidro and Lúcia Franco. She began to build her career at Rádio Renascença, TSF, RTP, Público, Diário de Notícias and Expresso, where she signed hundreds of weekly radio and television programmes, and made a name for herself at the weekly newspaper owned by Francisco Pinto Balsemão and Marcelo Rebelo de Sousa. In 1981 he won the EFE Award, among 350 candidates, for the Best Reportage of the Year, with the piece "Sá Carneiro - the Last Portrait". At SIC Notícias, where she has worked since its foundation, she led the programme Conversa Afiada, between 2001 and 2003, where she received singular personalities from Portuguese society, including politicians, journalists, writers and artists, having later embraced the project Outras Conversas, dedicated to political interviews. More recently she has been a political commentator on TVI24 and a columnist for Sábado magazine, Rádio Clube Português and Observador since 2014. It was precisely in this year that she was also decorated as a Grand Officer of the Order of Infante D. Henrique.

Among the books she wrote and that remain immortalised are Entre Palavras, in 1984, four books dedicated to Mário Soares, including an authorised biography - Soares - o Presidente, in 1996, and also Conversas com Álvaro Cunhal, in 2004. This is the second time that the Dona Antónia Awards highlight one of the most outstanding personalities in the media, after the recognition of Teresa de Sousa in 2014, at the 26th edition.

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PRÉMIOS  
DONA ANTONIA  
34ª EDIÇÃO

**Maria do Carmo Teixeira Bastos** is co-founder and president of Young Parkies Portugal, the Portuguese Early Parkinson's Association, founded in 2021 and presented to the public in January 2022. Led by herself, this association's main objectives are to inform, integrate and accompany all people with Parkinson's, young or early, and also those indirectly affected by the disease, promoting cooperation between all: patients, carers, doctors, researchers, therapists, psychologists and society in general.

It was at the age of 43, when she received her diagnosis, that she felt first-hand the lack of information and answers in a generalised way. This is where her path begins, from the need and desire to join forces, thus creating a structured project capable of mitigating the impact that the diagnosis of a neurodegenerative disease can have on all those who unexpectedly come across it.

Tirelessly, through the Association, she continues to create a set of support networks involving patients, carers, doctors, therapists, researchers and institutions in raising awareness of this disease.

#### About Dona Antónia Adelaide Ferreira

Two centuries after the birth of Dona Antónia Adelaide Ferreira (1811-1896), whom her fellow countrymen affectionately called "Ferreirinha", evoking this unique figure in the history of the Douro Wine Region is a fitting tribute to a woman who became a symbol not only of Douro entrepreneurship and viticulture, but also a major example of altruism and generosity towards those most in need.

Dona Antónia died on March 26th 1896 when she was about to complete 85 years of an intense life of service to the cause of the Douro Wine Region and its inhabitants, especially the poorest and most disadvantaged. She was without doubt one of the most remarkable personalities in the history of one of the first and most important demarcated wine-growing regions in the world.

This frail, but also vibrant and courageous woman became a rare symbol of entrepreneurship and is remembered today as an example of tenacity in fighting the drama and misery that befell the Douro region as a result of the phylloxera plague, destroying large vineyards and the dreams of many farmers ruined. A desolate scenario that Ferreirinha knew how to respond with firmness in the fight against the grapevine disease, through the investigation of the most evolved processes

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of wine production, new large vineyards plantations and large acquisitions of land and wines from fearful and decapitalized owners.

As the heiress of a wealthy Douro family with an important activity in vine growing and Port Wine production, Dona Antónia was forced, at the age of 33, after having been widowed, to take over the leadership of the family business and develop what was to become the FERREIRA house - a mission she fulfilled with rare brilliance, revealing an extraordinary entrepreneurial vocation.

But Dona Antónia didn't limit herself to managing the fortune she inherited. Rather, she invested passionately and intensely in the Douro Region that she loved so much, without waiting for the protection or support of the State. Ferreirinha was said to be generous with the poor and weaker, but haughty with the rich and powerful; and that was with the same naturalness in the house of the most modest workers or in the Royal Palace. All these attributes, together with her fine wines, which won awards at the most prestigious international exhibitions, contributed to this unique woman having acquired a mythical aura in the business world, in the Douro Region, with her recognition extending to a national level.

#### **Previous Editions' Winners**

1st edition - 1988 Award

Maria do Rosário Nunes de Carvalho Teixeira

Award presented by: Maria de Jesus Barroso / Award Date: 4th July 1989

2nd edition - 1989 Award

Maria Cândida Oliveira Sousa Morais

Award presented by: Isabel Mota / Date of Award: 4th July 1990

3rd edition - 1990 Award

Catarina Hall (Stimulus Award / MBA)

Award presented by: Fernando Guedes / Date of Award: 4 July 1991

4th edition - 1991 Award

Maria do Carmo Portela de Herédia Vieira da Fonseca

Award presented by: Simonetta Luz Afonso / Date of Award: 4 July 1992

5th edition - 1992 Award

Elisa Maria da Costa Guimarães Ferreira

Award presented by: Teresa Patrício Gouveia / Award Date: July 8, 1993

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6th edition - 1993 Award

Ana Maria Guedes Antunes de Oliveira (Stimulus Award / MBA)

Award presented by: Maria Adelina Spratley Ferreira / Award Date: 30 June 1994

7th edition - 1994 Award

Maria Rosalina Tavares Machado

Award presented by: Raquel Bettencourt Ferreira / Award Date: 4th July 1995

8th edition - 1995 Award

Isabel Maria Lucena Vasconcelos Mota

Award presented by: Maria José Ritta / Award Date: 12 December 1996

9th edition - 1996 Award

Maria Teresa da Silva Lopes (Stimulus Award / MBA)

Award presented by: Carlos Barral (representing Luísa Amélia Oliveira Guterres) / Award Date: July 4, 1997

10th edition - 1997 Award

Vera Nobre da Costa

Award presented by: Agustina Bessa - Luís / Award Date: July 3, 1998

11th edition - 1998 Award

Estela de Magalhaes Barbot

Award presented by: Francisco Javier de Olazabal / Date of Award: 5 July 1999

12th edition - 1999 Award

Graça Maria Cavaco de Moraes (Stimulus Award / MBA)

Award submitted by: Graça Moraes / Award Date: July 4, 2000

13th edition - 2000 Award

Maria de Jesus Barroso Soares

Award presented by: Catarina Vaz Pinto / Award Date: July 4, 2001

14th edition - 2001 Award

Graça Viterbo

Award presented by: Margarida Sousa Uva Durão Barroso / Award Date: 4th July 2002

15th edition - 2002 Award

Ana Teresa Tavares (Stimulus Award / MBA)

Award presented by: Isabel Alçada Vilar / Award Date: July 4, 2003

16th edition - 2003 Award

Inês Costa Garcia and Maria João Teixeira Queiroz

Award presented by: Prof. Dr. Maria de Sousa / Award Date: July 15, 2004

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17th edition - 2004 Award

Mafalda Mendes de Almeida

Award presented by: Dr. Manuela Ferreira Leite / Award Date: July 4, 2005

18th edition – 2005 Award

Catarina Sismeiro / Joana Resende (Stimulus Award / MBA)

Award presented by: Dr Leonor Beleza / Award Date: July 4, 2006

19th edition - 2006 Award

Maria da Purificação Tavares

Award submitted by: Eunice Mumos / Award Date: July 4, 2007

20th edition - 2007 Award

Maria Isabel Torres Baptista Parreira Jonet

Award submitted by: Fátima Barros / Date of Award: July 4, 2008

21st edition - 2008 Award

Joana Santos Silva

Prize submitted by: Isabel Cluny / Date of Award: July 2, 2009

22nd edition - 2009 Award

Joana Carneiro

Prize delivered by: Teresa de Sousa/ Date of Delivery: July 8, 2010

23rd edition - 2010 Award

Leonor Beleza

Prize delivered by: Maria de Lurdes Rodrigues / Award Date: July 4, 2011

24th edition - 2011 Award

Raquel Seabra

Award submitted by: Maria de Fátima Bonifácio / Delivery Date: July 4, 2012

25th edition - 2012 Awards

Maria do Carmo Fonseca

Award delivered by: Maria de Lurdes Rodrigues / Delivery: July 4, 2013

26th edition - 2013 Awards

Career Consecration Award: Luísa Bastos Almeida

Revelation Award: Marta Brandão

Delivery: July 16, 2014

27th edition – 2014 Awards

Career Consecration Prize: Teresa de Sousa

Revelation Award: Ana Ventura Miranda

Delivery: July 8, 2015

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28th edition – 2015 Awards

Career Consecration Award: Teodora Cardoso

Revelation Award: Raquel Oliveira

Delivery: July 4, 2016

29th edition – 2016 Awards

Career Achievement Award: Maria Amélia Ferreira

Revelation Award: Leonor Teles

Delivery: July 4, 2017

30th edition – 2017 Awards

Career Consecration Award: Ana Pinho

Revelation Award: Nádia Piazza

Delivery: July 4, 2018

31st edition - 2018 Awards

Career Consecration Award: Isabel Furtado

Revelation Award: Cristina Fonseca

Delivery: July 4, 2019

32nd edition - 2019 Awards

Career Consecration Award: Maria Manuel Mota

Revelation Award: Sara do Ó

Delivery: July 9, 2020

33rd edition - 2020 Awards

Career Consecration Award: Catarina Furtado

Revelation Award: Alexandra Machado

Delivery: July 5, 2021

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