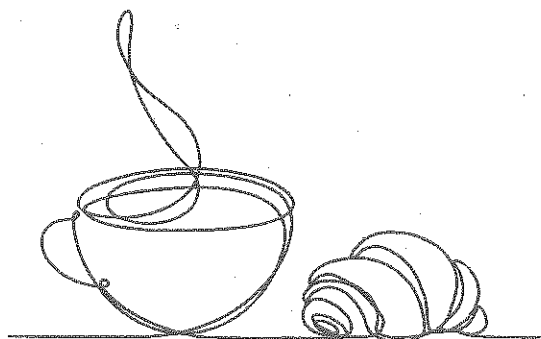


HOT BREAKFAST



GOOD MORNING

**PLEASE MAKE YOURSELF COMFORTABLE
AND WE'LL TAKE YOUR ORDER FOR
TOAST, TEA AND COFFEE SHORTLY.**

You'll find a wide variety of options in our continental selection, including cereals, seasonal fruits, pastries, yoghurt and a wide selection of jams and spreads as well as a range of gluten-free options, please help yourself.

Our award-winning fully cooked breakfast or vegan breakfast are available to order. You may also choose from other freshly prepared options.

A full breakfast is included in our bed and breakfast rates. However, if you are staying on a room-only basis, you can purchase our continental breakfast for £18 per person or fully cooked breakfast for £24 per person.

All prices include VAT at the current rate of 20%.

PORRIDGE

Porridge oats with a choice of berries, nuts or honey (482kcal / V)

FULL COOKED BREAKFAST

Free-range egg, premium pork sausage, back bacon, Macleod & Macleod Stornoway black pudding, potato scone, flat-cap mushroom (602kcal)
+Add baked beans and/or grilled tomato

FULL VEGAN BREAKFAST

Potato scone, vegan sausage, MacSween's Vegetarian "vegan" haggis, flat-cap mushroom, grilled tomato, baked beans (529kcal / V)
+Add free-range egg

BREAKFAST ROLL

Filled breakfast roll with pork sausage, back bacon or fried free-range egg (647kcal)

AVOCADO ON TOAST

(£5 Supplement)

Smashed avocado, lime juice, coriander, chilli, a poached egg, grilled tomato (393kcal) / V

JOHN ROSS JR SMOKED SALMON AND SCRAMBLED

EGGS (£5 Supplement)

Smoked salmon, free-range scrambled eggs, chives (450kcal)

EGGS BENEDICT

(£5 Supplement)

Toasted English muffin, honey roast ham, poached eggs, hollandaise sauce (752kcal)

EGGS ROYALE

(£5 Supplement)

Toasted English muffin, John Ross Jr smoked salmon, poached eggs, hollandaise sauce (817kcal)

(V) Vegetarian

Teas and coffees are included. Specialist coffees such as cappuccino and latte are £4 extra. All our food and drinks have been freshly prepared in our premises where we handle all allergens. If you have a food allergy or intolerance, please speak to your server before you order your meal or drinks. All details are correct at time of going to print, however may be subject to change from time to time.

Adults need around 2000 kcal a day.