

### THE SPA AT MACDONALD OLD ENGLAND

## DAY SPA PACKAGES

Full day & half day spa packages available daily from 09:00-18:00. Enjoy spa facility access, a treatment or 2 and a lunch or afternoon tea. We will provide towels, robes & slippers. What are you waiting for?

#### MY AFTERNOON ESCAPE (13.00 - 18.00)

Escape the stress of the day and spend an afternoon at the spa.

Includes a 25 minute ELEMIS treatment – select one of the following: a Freestyle Deep Tissue Massage,

A Pro-Glow Brilliance Facial, Best Foot Forward Treatment or Tranquillity Scalp Massage & Afternoon Tea.

£109 (Mon-Thurs) - £120 (Fri-Sun) – per person

#### MY MORNING RETREAT (09.00 - 13.00)

What better way to start your day than a morning at the spa?
Includes a 25 minute ELEMIS treatment – select one of the following: a Freestyle Deep Tissue Massage,
A Pro-Glow Brilliance Facial, Best Foot Forward Treatment or Tranquillity Scalp Massage & a 2 course Spa Lunch.
£109 (Mon-Thurs) - £120 (Fri-Sun) – per person

#### MY PERFECT TREAT SPA DAY

It's important to treat yourself from time to time!
Includes a 55-minute Pro-Glow Brilliance Facial or a Massage & facial combination & Afternoon Tea.
£125 (Mon-Thurs) - £145 (Fri-Sun) – per person

#### MY SIGNATURE SPA DAY

Includes an 80 minute ELEMIS treatment combination (A 55-minute Massage & a 25-minute Facial or a 55 minute Facial & 25 minute Massage)
Choose from a 2 course Spa Lunch or Afternoon Tea with a glass of prosecco.
£175 (Mon-Thurs) - £195 (Fri-Sun) – per person

#### COUPLES RETREAT SPA DAY

Escape for some much-needed 'we' time!
Includes a side-by-side 55 minute Massage in our Couples room A 2 course spa lunch or Afternoon Tea with a glass of chilled Prosecco.
£245 (Mon-Thurs) - £265 (Fri-Sun) – per couple

#### MY TOTAL TIME OUT SPA DAY

Includes two 55-minute ELEMIS treatments
(A 55-minute Deep Tissue Massage, followed by either a 55-minute Superfood Facial or Biotec Facial)
2 course spa lunch or Afternoon Tea & glass of prosecco.
£225 (Mon-Thurs) - £245 (Fri-Sun) — per person

#### CALL THE SPA ON 015394 87982 TO BOOK!

MACDONALD OLD ENGLAND HOTEL & SPA, Church Street, Bowness-On-Windermere, Windermere, Cumbria LA23 3D.





## THE SPA AT MACDONALD OLD ENGLAND

# **SPA TREATMENTS**

	Monday - Thursday	Friday - Sunday
ELEMIS FACIALS		
Pro Glow Brilliance (25 mins)	£59	£70
Pro Glow Brilliance	£79	£95
Pro Glow Resurface	£89	£104
Pro Glow Smooth	£89	£104
BIOTEC Prescribed	£89	£104
ELEMIS BODY		
Freestyle Deep Tissue Massage (25 mins)	£74	£80
Freestyle Deep Tissue Massage	£94	£105
Freestyle Deep Tissue Massage (85 mins)	£134	£154
Deeper Than Deep Hot Stone Massage (25 mins)	£80	£84
DeeperThan Deep Hot Stone Massage	£100	£109
Deeper Thank Deep Hot Stone Massage (85 mins)	£144	£164
Peaceful Pregnancy Massage (75 mins)	£95	£114
Body Nectar Nourishing Wrap	£69	£89
Intensely Cleansing Salt Scrub (25 mins)	£69	£74
Best Foot Forward (25 mins)	£59	£70
Tranquillity Scalp Massage (25 mins)	£59	£70
FACE & BODY COMBINATIONS		
Elemis Couture Touch	£85	£105
Macdonald Signature Treatment (85 mins)	£139	£164
*My Perfect Mix I (pick any 2 x 25 min treatments	s) £99	£109
*My Perfect Mix 2 (pick any 3 x 25 min treatments	s) £129	£149
*My Perfect Mix 3 (pick any 2 x 55 min treatments		£179
FINISHING TOUCHES		
File & Polish Hands or Feet (25 mins)	£35	£45
Manicure or Pedicure (45 mins)	£50	£55
Deluxe Manicure or Deluxe Pedicure	£60	£65
Gel Manicure or Gel Pedicure	£58	£60
Gel Polish Soak Off (25 mins)	£15	£20
All treatments are 55 minutes unless stated. Treatments for quests over 16	vears only	

All treatments are 55 minutes unless stated. Treatments for guests over 16 years only. \*Terms and conditions apply.

Payment in full is required at the time of booking.

ELEMIS

INDULGE IN A RELAXING SPA TREATMENT DURING YOUR STAY CALL THE SPA ON 015394 87982 TO BOOK!

