# The Solent Kitchen



# Starters

# Provençale roasted tomato soup

with garlic bread / 10 (247Kcal) V

# Smoked mackerel bruschetta

dressed leaves on sourdough bloomer / 12 (247Kcal)

# Chickpea falafel with hummus salad

#### Devon crab cake

tartar sauce, dressed leaves and lemon / 13 (362Kcal)

# Sharing

#### **Charcuterie Board**

Salami, chorizo and prosciutto ham, cheddar cheese, cornichons, balsamic vinegar and olive oil, sourdough bloomer / 24 (955Kcal) GFO

#### **Elmers Court loaded fries**

mixed leaf salad and toasted seeds / 10 (268Kcal) V,GF spiced fries, smoked bacon, cheddar and mozzarella cheese, BBO sauce and burger sauce / 15 (540Kcal)

# Main Course

# 6oz Beef burger in brioche bun

cheddar cheese, gem lettuce, tomatoes, burger sauce and chips / 18 (1237Kcal) GFO

# **Battered cod fillet with chips**

garden peas, tartar sauce and lemon / 17 (738Kcal)

# **Chicken Kiev with chips**

mixed leaf salad and vinaigrette / 17 (653Kcal)

# Linguini pasta with roasted tomato sauce

Mediterranean grilled vegetables and feta cheese / 16 (482Kcal) V

# Ciabatta Pizza Bread

Mozzarella Cheese and Marinara Sauce / 14

Olive oil, (645Kcal) V

# Mediterranean Grilled Vegetables / 15

Goats cheese & aged balsamic reduction (696Kcal) V, VEO

# Mozzarella Cheese and Pepperoni / 15

Marinara sauce (754Kcal)

#### Sandwiches served until 4pm

Served in white or brown bread with crisps, gluten free options are available

#### Club sandwich

with chargrilled chicken breast, smoked bacon, tomatoes, gem lettuce, mayonnaise. 17 (584Kcal)

#### Avocado and halloumi cheese sandwich

sundried tomato, spring onion and gem lettuce. 15 (345Kcal) V

#### Fish finger sandwich

tartar sauce, gem lettuce and plum tomatoes. 15 (565Kcal)

# Sides

Chips / 6

(165Kcal) GF. V

Garlic bread / 5

(277Kcal) V, GFO Halloumi fries / 8

(237Kcal) V

Mixed leaf salad with vinaigrette / 6

(109Kcal) VE



#### Traditional Afternoon Tea

Enjoy a classic selection of dainty finger sandwiches, homemade scones fresh from the oven and irresistible selection of cakes, all served with Birchall's loose leaf tea (1417kcal)

Taittinger Champagne Afternoon Tea

45

Please pre book afternoon tea

(V) Vegetarian and (VG) Vegan options available.

Prices are per person.

# **Desserts**

#### **Cherry Bakewell Tart**

with glace cherry / 6 (217Kcal)

Chocolate Brownie / 5 (475Kcal) GF

# Cream Tea

#### Freshly baked homemade scones

with Dorset clotted cream and strawberry jam / 15 (630Kcal)V VEO

(V) Vegetarian (VE) Vegan (VO) Vegetarian option (GF) Gluten Free (GFO) Gluten free option | Adults need around 2000 kcal a day

Guests on Dinner Inclusive Packages will receive £30 per person towards this menu.

All our food and drinks have been freshly prepared in our premises where we handle all allergens. If you have a food allergy or intolerance, please speak to your server before you order your meal or drinks. Check with the server for Vegetarian and Gluten-Free options.

A discretionary 10% service charge will be added to your bill.. All prices include VAT at the current rate of 20%.