



**Hazen Plastic Surgery | Hazen Medical Spa
Dr. Jill Hazen**

Post Selphyl™ Hair Restoration Instructions

For 3 days you should **NOT** do any of the following:

- **Do Not** wash your hair or use direct shower pressure to scalp for 24 hours
- **Gently** wash your hair for the first 72 hours
- **Do Not** touch the injection sites for 3 days
- **Do Not** swim or undertake any strenuous exercise for 3 days
- **Do Not** expose yourself to long periods of the sun
- **Do Not** sit in a sauna, hot tub, or Jacuzzi for 3 days

Potential side Effects:

In some very rare cases, slight side effects may occur. Redness, local swelling, edema, local pain. These should not last more than a few hours or up to a few days. These are normal treatment consequences. Nevertheless, immediately contact your treating physician for a professional opinion about side effects. According to your specific skin reactions, additional injection sessions may be recommended to give you the desired results. This should be discussed with your physician.

There always general risks concerning the technique, methods, and material to which you will be exposed, even after precise injections made by highly skilled provider. In case of local infection, antibiotics may be prescribed.