



Moxi Post Care Instructions

CLEANSING:

- The lingering heat from the treatment will start to dissipate naturally after treatment and can take 2-4 hours to resolve.
- The evening after treatment, liberally apply moisturizer anytime the skin feels dry. You do not need to wash your face the night you had the treatment done.
- **DO NOT use Aquaphor or Vaseline after Moxi, as these are occlusive ointments and can continue to trap heat in the skin.**
- Cleanse the skin twice daily with lukewarm water and a gentle cleanser, beginning the morning after the treatment. Use your hands and gentle circular motions. You may use a towel to gently dry your face after cleansing.
- The textured areas that you feel on your skin are called MENDS (microscopic epidermal necrotic debris). These will shed naturally off the skin for up to seven days post-treatment.
- **DO NOT rub, scrub, use an exfoliant or skin care brush such as a Clarisonic on the treated area. Premature removal of the MENDS can cause pigmentation to the skin.**

MOISTURIZER:

- Moisturizer should be applied generously with clean hands over the treated area and can be reapplied whenever your skin feels dry.
- **DO NOT apply any other products that were not instructed by your provider.**

SUNSCREEN:

- Sunscreen is a **MUST** and should be used daily beginning the day after treatment. We recommend a physical barrier sunscreen of at least an SPF 30. Make sure to reapply every two hours.

AFTERCARE:

- Please wait one week after Moxi to resume using any lightening agents. Skincare products with active ingredients can be resumed one week post treatment unless otherwise noted by your provider.
 - Examples: retinol, retinoids (tretinoin, tazarotene, adapalene), AHA/BHA, salicylic acid, benzoyl peroxide, azelaic acid, glycolic acid or Cyspera

OTHER:

Please contact our office with any adverse reactions: lingering heat beyond 24 hours, drainage, or edema (swelling).