



## Pixel8-RF Post Care Instructions

### What to expect immediately after treatment:

- Pinpoint bleeding, redness and some discomfort is normal after the treatment. It is also common to experience bruising around the eyes, forehead, or bridge of nose, as this tissue is much thinner on our faces.
- It is important to keep the skin hydrated - a gentle moisturizer with no active ingredients should be used liberally on the skin. Neocutis Aftercare, SkinMedica Ceramide Treatment Cream, and Neocutis Bio Cream are all great options.
- **If PRFM is performed, do not cleanse your face the night after your treatment – you will sleep with the PRFM on your skin.**

### What to do the morning after:

- Cleanse your face gently with a gentle cleanser.
- During the first two days following the treatment, care should be taken to prevent trauma to the treated site. Avoid hot baths, massage, along with manual and chemical exfoliants (Clarisonic device, etc).
- Skincare products that contain active ingredients or are used for acne should be postponed until skin is healed.
  - Ex: AHA/BHA, salicylic acid, benzoyl peroxide, vitamin C, Lytera, hydroquinone, retinoids, retinol, azelaic acid
- You may notice that your skin is dryer or tighter than normal after microneedling – this is normal. Liberal moisturizer can be applied whenever the skin feels dry.
- Sunscreen should be applied after moisturizer - we recommend a physical barrier sunscreen with an SPF of at least 30+, reapplied every 2 hours.

### What to do the night after:

- Cleanse your face with a gentle cleanser.
- Nighttime skincare products that contain active ingredients or are used for acne should be postponed until skin is healed unless otherwise instructed by your provider.
  - Ex: AHA/BHA, salicylic acid, benzoyl peroxide, retinoids, retinols, hydroquinone, Cyspera
- It is also normal for occasional breakouts to happen from micro needling, however, please refrain from using any acne treatments until your skin is healed.
- Moisturize with gentle moisturizer.

### Other:

- Please let your provider know if you have a history of cold sores. We may call in a prescription for you.
- You will notice the redness start to fade after 24 hours and should be fully resolved by day 3-5. If you experience lingering or worsening redness, drainage, or lingering heat beyond 24 hours, please notify your provider.
- **Please call 609-921-7747 with any questions.**